Loyola Celebrates Latino Heritage Month

Welcome back Loyola students!

Another academic year starts and Latino Heritage Month (LHM) is soon upon us. Every September, ALANA Services offers the Loyola community programs and events to celebrate Latino heritage, nationally known as Hispanic Heritage Month.

Programs and events during National Hispanic Heritage Month take place from September 15th to October 15th.

The significance of September 15th is to recognize the anniversary of independence of five Latin American countries: El Salvador, Costa Rica, Guatemala, Nicaragua and Honduras. For Mexico, Chile and Belize, the month of October also carries great value since these nations celebrate their independence days and Columbus Day (Día de la Raza) on October 12th.

Today, National Hispanic Heritage Month seeks to recognize the contributions made and the important presence of Hispanic and Latinx Americans to the United States. Therefore, we hope to celebrate Latinx and Hispanic heritage and culture. Please join us in this annual tribute by learning about the generations of Hispanic Americans who have positively influenced and enriched our lives and this nation.

To celebrate this year’s LHM, ALANA and the Association of Latin American and Spanish Students (ALAS) have programmed events and activities.

Be sure to check out the events!

Latino Heritage Month Keynote Speaker featuring Prisca Dorcas the founder and owner of Latina Rebels, September 28th from 6-7pm in the 4th Floor Program Room.

ALAS Hollywood Dance Night, an evening of dancing and food to celebrate Latin and Hispanic culture, September 30th from 10 pm-1pm in the 4th Floor Program Room.

Latin Fest, ALAS’ celebratory event for Latino Heritage Month, October 13th from 6-9pm in McGuire Hall.

ALAS Promotional Table, highlighting ALAS the organization and to inform the Loyola community about Latino Heritage Month.

Greetings from ALANA Services! Welcome to the class of 2021 to the Loyola Community, and welcome back to the classes of 2018, 2019, and 2020. I hope your summer was enjoyable and you are looking forward to this new academic year and all of the opportunities that await you.

The ALANA staff has been working hard all summer long in preparation for campus-wide programming and other cultural events. We welcome our newest members to the ALANA team, Julie Rivera, our Assistant Director, Joseleen (Josie) Gomez, our Administrative Assistant, James Willey and Taylor Butts, our new Graduate Assistants. With change comes growth. We look forward to you growing with us as our staff works together to ensure that your experience at Loyola is a welcoming and unforgettable one. Don’t hesitate to reach out to any of us and we encourage you to utilize our services, as we want to see you all thrive and grow. Have a prosperous year!

Rodney L. Parker
Prisca Dorcas Mojica Rodriguez was born in Managua, Nicaragua but calls Nashville, TN home. The bulk of her work is around making accessible, through story telling and curating content, the theories and heavy material that is oftentimes only taught in the racist/classist institutions known as academia. She a full-time writer and currently working on a children’s book because as a brown girl who never saw herself represented in this project she seeks to provide more representation for young black and brown girls. She started the platform Latina Rebels in 2013, and currently it boasts over 200k organic followers online. She has been featured in Telemundo, Univision, Mitú, Huffington Post Latino Voices, Guerrilla Feminism, Latina Mag, Cosmopolitan, Everyday Feminism, and was invited to the White House in the fall of 2016. She is unapologetic, angry, and uncompromising about protecting and upholding the stories of brown folks. Que viva la gente!

Make sure to see her live in the 4th Floor Program Room on Thursday, September 28th from 6-7pm!

"Hello everyone! As Hispanic Heritage Month quickly approaches, which spans from September 15th to October 15, the Association of Latin American and Spanish Students, or ALAS, would like to announce this year’s theme: “Unidad/Unidade,” or “Unity.”

We chose this theme, again, in light of what’s currently going on in our country regarding racial justice. This is still continuing and we’d still like to focus our purpose and motive for this upcoming year. “Unidad/Unidade” is our way of trying to unite and bring together all of our Latinx Loyola students, but also to unite our whole Loyola community.

This theme emphasizes the importance of embracing the multi-faceted Latinx and Hispanic cultures in America and the importance of awareness for current issues that are intertwined with Latinx-Americans: immigration and assimilation. This year we will focus on Latinx excellence everywhere, while still focusing on the journey families take to get to the United States to have a better future. Focusing on these issues can possibly help current ALAS members as well as new ones to come. It’s important to us to create a safe place and safe community here at Loyola by reaching out to Latinx Loyola students.

By joining us for our events, together we will gain better insight towards the current issues at hand. We can learn to walk together, in unity."
ALANA MENTORING PROGRAM

ALANA based Mentoring:
It is okay to come to college and not necessarily feel prepared for every challenge you face, whether it is academic or social. That is why it is beneficial to be paired with a mentor who has gone through a similar experience and who can help guide you.

The Perks:
Through AMP, you will have an opportunity to meet other mentors and mentees when we go out to the movies, bowling, or ice-skating. By going to these outings, you can meet other mentors or mentees in your department or form strong bonds with people you may have never met otherwise.

The Program:
You will be paired with a well-qualified upperclassman who will support you through daily check-ins, meetings, and social interactions. You will have the privilege of fostering a special bond with someone who will do everything in their ability to assist with your adjustment.

Questions or concerns:
Contact James Willey:
jewilley@loyola.edu

How to be an Ally

Written by Meredith Nudo
Art by Isaiah Broussard

DO
DO
DO

Listen.
Help amplify the voices of those you profess to support.
Have empathy and acknowledge your privilege.

DON'T
DON'T
DON'T

Get defensive or make everything about you.
Talk over them or hijack the conversation.
Act dismissive of other people’s lived experiences.

Brought to you by the non-profit Draw the Line. Please visit them at http://www.draw-the-line.ca
Crackers and White Wine © Isaiah Broussard
Each year since 2013, the Ignatius Scholars Program (ISP) has given four cohorts of 30 students an advantage above their peers who arrive in the fall. The program is coordinated by the Office of Student Development, ALANA Services, and the Academic Advising and Support Center (AASC). Participants in the program primarily include students of color, students who demonstrate significant financial need, and first-generation college students.

From August 14th to August 28th, this year’s ISP students, or I-Scholars, cultivated *eloquencia perfecta*, or the Jesuit tradition of exhibiting effective speech and writing, through courses in math, reading, and writing. They also discovered Loyola University Maryland’s (LUM) supportive services through a series of workshops. Through cultural excursions and a day of service with York Road Initiative at a local elementary school, I-Scholars acquainted themselves with residents, community leaders, and historic landmarks of “Charm City.”

I-Scholars constructed their supportive networks through teambuilding exercises, academic advisory meetings, and visiting their professors. During each week of the fall semester, I-Scholars will be held accountable for utilizing The Study for a minimum of 10 hours and attending weekly meetings with AASC to track their overall transition to LUM. For more information, please visit www.loyola.edu/join-us/ignatius-scholars.

**INTERNATIONAL FESTIVAL**

*Come out for our International Festival*

**Where**
McGuire Hall

**When**
Friday, November 3rd, 3-5pm

**More than just food**
Massages, traditional henna tattoos, and much more!

**Want to participate?**
Contact:
Aliyah Johnson: ajohnson8@loyola.edu
Taylor Butts: tsbutts@loyola.edu
James Willey: jewilley@loyola.edu

**24th Annual ALANA Breakfast**

*saturday, October 7, 2017*
8:00am ~ 10:00am
McGuire Hall

To register please visit
www.loyola.edu/alana
Taylor Simone Butts is filling the position of GA of Academic and Career Enrichment. She is a full time Graduate Student in the School Counseling program.

She’s from Chesapeake, VA and just recently moved to Baltimore by way of the Winchester, VA where she attended Shenandoah University and obtained a Bachelors in Music Performance with a concentration in Voice and Piano. Throughout her time at Shenandoah, Taylor worked for Intercultural Programs, and was a First Year Seminar Mentor as well as a Resident Assistant on campus. In addition, she was an active member of the Black Student Union and served on the Executive Board for three of her four years there.

As the ACE GA, Taylor looks forward to being able to plan and implement programming that highlights ALANA students’ various backgrounds and cultures while setting a precedence for excellence and preparing students to thrive academically while here and Loyola and in their various career paths in the years to follow once they leave this institution. In addition, Taylor is thrilled to be working closely with ASA and CSU as their GA Liaison. She excited to be working alongside the other GA’s as well as the rest of the ALANA staff fulfilling the mission of fostering the academic, cultural, personal, spiritual, and leadership development of ALANA students while seeking to create and maintain an environment of respect and awareness.

Outside of coursework and her position at ALANA services, Taylor loves to sing and dance but also enjoys spending time getting to know new people, or relaxing with friends and family. Most importantly, she loves

Jesus, live music, and good food. Taylor says, “I’m absolutely thrilled and honored to be a part of ALANA services and cannot wait to meet everyone and exchange stories as we strive for greatness and grow together.”

Aliyah Johnson is thrilled to be returning this fall as the Leadership Development Graduate Assistant in ALANA Services. As the Leadership Development GA, she will be responsible for working closely with student leaders and their organizations to coordinate programs and events for the Loyola community.

She assists students with the development of their leadership skills, leadership styles, and communication skills with each other and other organizations and campus resources. She is passionate about ALANA services and looks forward to meeting with the ALANA student leaders monthly and to serve as an advocate for not only their professional/personal but ALANA as whole.

This year, she will be the GA Liaison for the Association of Latin American and Spanish Students (ALAS) and the Black Student Association (BSA) and is delighted to continue working with both of these organizations.

Aliyah is beginning her second year in the Masters of Arts in Teaching (MAT) program. She hopes to further stimulate and deepen the collaboration between student organizations and clubs with both each other and other offices on campus.

James Willey is extremely excited at the chance to be the Research and Retention Graduate Assistant for ALANA Services. His position entails helping to oversee the ALANA Mentoring Program (AMP) and helping to develop and make improvements to already existing institutional retention programs for students of color.

This year, James is looking forward to spread awareness for AMP and facilitate focus groups and research projects for ALANA Services. He is also the graduate liaison for Asian Culture Alliance (ACA). Aside from working in the office, James is looking forward to beginning his Master’s of Science in Clinical Psychology. James’ career aspirations include one day becoming a professor and one day opening his own private practice that would specialize in the treatment of children with developmental disabilities.

In his upcoming year as a grad assistant, James is looking forward to working closely with ACA and other student organizations on campus, as well as, making himself at home at Loyola. He is also looking forward to helping deepen the collaboration between student organizations and clubs with both each other and other offices on campus.
Summer Reflection

We asked an ALANA student to share some of his experiences from the summer. Emmanuel Daramola ’19 (right), is no stranger to the ALANA family. Last school year, Emmanuel (affectionately known as Mannyy) served as the Vice President of ASA (African Student Alliance), and participated regularly as a member of BSA (Black Student Alliance), CSU (Caribbean Students Union), and ALAS (Association of Latin and Spanish Students).

This summer, Mannyy worked hard to get his Management Accounting class as well as his upper level Theology course out of the way. In addition to this coursework, Mannyy devoted a large amount of time to working for Admissions giving tours to prospective students. He was even given the opportunity to serve on a panel for admissions to answer questions about the school and his experiences thus far.

We asked Mr. Daramola what else he got into this summer and he expressed that he’s, “…a homebody, but I try to get out every once in a while.” He told us that in the little free time he did have, he was able to attend Artscape in Baltimore as well as Latino Fest. Additionally, he was able to go on a hike for the very first time and enjoy the beautiful scenery over at Gunpowder Falls. He even took a trip to York, PA on his own to get away from his routine and explore some place new.

This year, Mannyy is a MAP Navigator, works as a part of SGA, and is serving as an AMP (ALANA Mentoring Program) Mentor. When asked about his expectations and goals for ALANA this year, Mannyy expressed how he’d love to see more people in attendance at programs and general body meetings so that ALANA services can do all we set out to do and be as successful as possible.

When asked what advice he would give to any incoming freshman, Mannyy’s response was simple. He said, “Don’t put limits on yourself. Try to be open. Just try your best not to box yourself in and limit yourself to the major that you’ve picked in the beginning...explore.” Here at ALANA Services we are constantly encouraging students to be the best version of themselves and this often begins with trying something new! If you see Mannyy around, feel free to ask him how he got so involved. We’re all family here and we want to see you succeed. What new thing will you try this semester? Which club will you join?!

Welcome class of 2021!

One of the first things that you may notice coming to campus is the strong emphasis on Jesuit values. And while you may have heard about Jesuit values often since familiarizing yourself with Loyola, it may be unclear what that is. These are foundations that Jesuits believe are a fundamental part of the goals and ideals that you strive for, both in life and also as a student. **Academic excellence** is promoted through Loyola being an institution of learning and exploration, while at the same time protecting those academic freedoms. Another ideal promoted throughout the university is **diversity**, which seeks to provide an inclusive environment for those regardless of race, gender expression and identity, religion, ethnicity, sexual orientation, or disability, which is done through offices, like ALANA Services. The **focus on the whole person** is another concept exemplified by Loyola to provide services to help individuals strive to good health, well-being, and spiritual value, through services such as, the Counseling Center, the Center for Community Service and Justice (CCSJ), and Campus Ministry. There are many more Core Values that LUM abides and it is essential to understand how each of these function on campus.

These ideas are not mutually exclusive, and are meant to provide students, faculty, and administrators with a sense of community as they step onto this campus.

How do these values relate to your personal ideals?

http://www.loyola.edu/about/mission-vision-values
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<td>Classes Begin</td>
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<td>ALANA Block Party (Academic Quad 5-5pm) <em>(Rain location McGuire East)</em></td>
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<td>ALAS Promo Table (12:30pm, MH Circle) <em>(Rain location Boulder Cafe Atrium)</em></td>
<td>BSA Car Wash (10am-2pm) SGA Welcome Back Event (12-4pm, Academic Quad)</td>
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**Special Dates**

- September 6th - Culture Shock Panel
- September 8th - ALANA Block Party
- September 28th - LHM Keynote Speaker
- September 29th - ALAS Dance Night
- October 4th - ALAS Student Panel
- October 7th - ALANA Breakfast
- October 13th - ALAS Latin Fest
- October 25th - CSU Keynote Speaker

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**October 2017**

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Let’s Talk
The Counseling Center

SUICIDE PREVENTION

It’s true that college can be the best time of one’s life (or at least among the best). But it’s also true that many students become depressed in college. While most recover and do fine (and still consider college a great time), some few end up dying by suicide before they can recover.

It is important to know that depression and suicidality are highly treatable. Therefore, all of us can help prevent suicide by learning:

1) THE SIGNS OF DEPRESSION, including:
   - major changes in sleep or appetite
   - withdrawing from friends
   - neglecting classes
   - irritability
   - increased substance use
   - increased anxiety
   - neglecting one’s appearance

2) THE SIGNS OF SUICIDALITY/IMMEDIATE RISK, including:
   - agitation
   - hopelessness
   - erratic behavior
   - statements like, “It doesn’t matter anymore,” or “I wish I were dead.”

3) HOW TO GET HELP:
   - For advice and support, for yourself or someone else, counselors at the Counseling Center are available in person or by phone weekdays 8:30-5.*
   - In an emergency, on weekends or after hours, call Campus Security (410-617-5911). They will respond, and can contact us if necessary.

To speak with a counselor, or just to learn more about depression, suicide and other issues:

- Call us at 410-617-CARE · Go to our website: www.loyola.edu/counselingcenter
- Visit us M-F, 8:30-5:00, in Humanities 150*

The Counseling Center is located in Humanities 150 (on the farthest back—“turret”—corner of Humanities, opposite Starbucks): From Starbucks, go down the wide ramp, in the door to the turret and up one flight, by either the spiral stairway or the elevator.

We Care. We’re here to help. Let’s talk.

The Staff of the Counseling Center

ALANA Services Mission Statement
ALANA (African, Latino, Asian, and Native American) Services is committed to providing support, services, and programs that facilitate the success of all ALANA students at Loyola University Maryland. Through intentional programming and a spectrum of services, we seek to create and maintain an environment of respect and awareness, while advocating for ALANA students and responding to their needs.

2017-2018
ALANA Organization Presidents

African Student Association
Adefunke Atitebi

Asian Cultural Alliance
Jenica Rosales

Association of Latin American & Spanish Students
Paula Matsunaga & Kamilia Arroyo

Black Student Association
Joy Holland

Caribbean Student Union
Alicia Espinal-Mesa & Joe Aguilera

Loyola University Maryland
4501 North Charles Street
Andrew White Student Center