addressed.

If you have not yet

Please contact us at

410-617-2273

Student Information Without Consent

We have noticed that you have not consented to receiving information about upcoming events or updates.

We have reviewed your file and noted that you have not consented to receiving information about upcoming events or updates. If you would like to be added to our email list, please contact us.

The Counseling Center is committed to providing a safe and supportive environment for all students. We encourage you to contact us if you have any concerns or if you would like to discuss any issues.

We value your privacy and will not share your information with anyone unless you give us permission.

If you would like to schedule an appointment, please call us at 410-617-2273.

We look forward to helping you achieve your goals and improving your well-being.

My child is on psychiatric medication. What should I do?

Your child's mental health is a priority at our center. We understand the importance of providing a safe and supportive environment for all students, including those on psychiatric medication.

We encourage you to contact us if you have any concerns or if you would like to discuss any issues.

We value your privacy and will not share your information with anyone unless you give us permission.

If you would like to schedule an appointment, please call us at 410-617-2273.

We look forward to helping you achieve your goals and improving your well-being.

Frequently Asked Questions

What if my child is returning from winter break? Is there anything I should do?

Your child's mental health is a priority at our center. We understand the importance of providing a safe and supportive environment for all students, including those on psychiatric medication.

We encourage you to contact us if you have any concerns or if you would like to discuss any issues.

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If you would like to schedule an appointment, please call us at 410-617-2273.

We look forward to helping you achieve your goals and improving your well-being.

What if I think my child needs counseling?

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COUNSELING CENTER SERVICES PROVIDED

- Brief individual counseling
- Group counseling, including:
  - RIO (mindfulness workshop for managing stress)
  - Facing Loss (support group for grieving students)
  - Relationships
- Relaxation/Stress management Workshops
- Time management
- Crisis counseling/management
- Consultation to family members, roommates, faculty, staff, and students
- Community education/prevention
- Referral services

Credentials/Accrediting Standards

- Licensed doctoral-level psychologists, social worker, and consulting psychiatrist
- Our professional staff specializes in college student developmental and psychological issues.
- The Counseling Center is accredited by the International Association of Counseling Services, Inc.
- We adhere to the ethical and confidentiality guidelines of the psychology profession and the state of Maryland.

Making an appointment is as easy as 1—2—3 !!!

1. Stop by the Counseling Center during office hours, or
2. Call 410-617-2273 to set up an initial consultation or assessment.
3. Initial appointments are generally available within a week, walk-in times available for emergencies.

Let's Talk

The Counseling Center
Loyola University Maryland

410-617-CARE (2273)
Monday-Friday
8:30 a.m.-5:00 p.m.

FREE & CONFIDENTIAL
www.loyola.edu/counselingcenter

Counseling Center
Humanities 150
Phone: 410-617-CARE
www.loyola.edu/counselingcenter