A JOURNEY A CALLING FAITH FIELD WORK A BREAKTHROUGH FIELD WORK FAITH

A CALLING A JOURNEY







ow one chooses to respond to that call will ultimately determine the path to follow. Though the paths—Pastoral Counseling and Spiritual Care—share a fundamental foundation of spirituality, the paths take their travelers on separate routes. And though the method of travel is the same—human conversations of spiritual matters—the destinations for the traveler and their companions will differ.

PASTORAL COUNSELING

In the case of Pastoral Counseling, the path leads to professional licensure as a certified counselor in the mental health field. Pastoral Counselors are uniquely trained to incorporate spirituality into the otherwise secular practice of professional psychotherapy and professional counseling. Those who choose to follow this path have a world of options open to them, from dedicated clinical practice, to research, teaching, writing, or any combination of these endeavors. To state it simply, Pastoral Counselors are licensed professional counselors who integrate spirituality in a meaningful way in their approach to therapy. This approach allows Pastoral Counselors to more fully meet the complex needs of their clients—clients who can benefit from compassion and care, as well as the spiritual dimension that is such an important part of the human experience.

SPIRITUAL AND PASTORAL CARE

Handbook of Psychotherapy

The path of Spiritual and Pastoral Care departs from the path of Pastoral Counseling in that its aim is ministerial and does not lead to licensure. Those who travel the route of Spiritual and Pastoral Care have a greater focus on theology, enabling them to take on such roles as minister, chaplain, or spiritual director providing care to those from many faith traditions in a variety of ministry settings. When this particular path is followed to the point of graduation, the traveler will have developed a deepened understanding of the spiritual dimensions of life and how to offer compassionate, spiritually guided

help to those with whom they engage in pastoral conversations. They will also have developed the ability to discern the root of serious problems—whether they are spiritual, or mental health issues—and be able to make referrals when necessary.

A significant part of each path is personal engagement with a faith tradition. This is why being an active participant of a faith community—whatever it may be—is a requirement for all of our programs. It is also important to note that Loyola's programs are ecumenical in nature, encompassing all wisdom and faith traditions in its approach and teaching.

Whether you choose the path of Pastoral Counseling or Spiritual and Pastoral Care, you will no doubt experience immense personal satisfaction in guiding those in need with great skill, care, and compassion. You will find constant motivation in your individual spiritual calling. And you will come to realize this is a journey that never ends.

On the pages that follow are more specific details about what you will encounter along these two paths. If for any reason you remain uncertain as to which is the most fitting for you, please don't hesitate to contact Brenda Helsing, our admissions coordinator. She is happy to answer your questions and to discuss any concerns that you may have. She can be reached by phone or email:

Brenda Helsing, admissions coordinator

Telephone: 410-617-7614 Email: bhelsing@loyola.edu

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If she is unable to provide you with a satisfactory answer to your inquiry, she will gladly help you contact a member of the faculty. We would love the opportunity to help you as you consider what program is best for you and your personal goals.

HISTORICALLY UNIQUELY ROOTED. **FORWARD** LOOKING.

PREPARED. AND IN DEMAND.

DIVERSITY OF FAITHS.

ONE-OF-A-KIND PROGRAMS, UNIVERSALLY RECOGNIZED.

That began more than 30 years ago as a pioneering program to integrate a rigorous scientific approach to professional counseling with the obvious-but too often ignored-spiritual dimensions of those in need, has become the acknowledged leader in the field of pastoral counseling and

Since its inception in 1976 as a single degree program, the graduate program in Pastoral Counseling and Spiritual Care at Loyola University Maryland has grown in size and influence, earning a reputation as the most innovative and academically rigorous program of its type in the nation.

Loyola's program is recognized for its leadership in every critical area-scholarship, practice, and research. In addition to the program's unparalleled academic reputation, you'll find a culture of nurturing and personal care. The collaborative learning that happens between fellow students and faculty members has created a true community where a shared sense of "co-pilgrimage" inspires and motivates all involved.

tudents who pursue a graduate degree in Pastoral Counseling or Spiritual and Pastoral Care gain the experience and insight needed to effectively guide individuals through the healing process, with compassion. Depending on the program of study, graduates are prepared to engage in a wide variety of career options and/or ministry settings-including licensed clinical practice: chaplaincy: hospice: spiritual direction; lay diocesan work; retreats; youth, children, young adult, or campus ministries; higher education teaching/ administration; and social action, to name a few.

The result? You'll be among the relatively few people qualified to work with a broad spectrum of spiritually motivated individuals, or pursue an academic path in this still emerging field. In other words, your unique skills and qualifications will always be in high demand.

As you consider becoming part of our vibrant community of healers and helpers, we would like to share one observation that continues to prove true time and again: Those who enter the Pastoral Counseling and Spiritual Care program at Loyola see their education as more than scholarly preparation for a profession. They think of the endeavor as a calling, and have been driven to pursue caring for others as a way of life. If this describes you, we look forward to helping you prepare to answer that call.

■he multicultural, racial, and ethnic mix of the programs is well above the national average, with students and alumni representing all 50 states and more than 45 countries around the world-including Australia, Brazil, Fiji, Hong Kong, India, Ireland, Israel, Japan, Chile, the Phillippines, Kenya, New Zealand, Sri Lanka, and Zimbabwe.

More importantly, there is great diversity in the faith traditions honored by the students and alumni within the programs-Catholic, Protestant, Jewish, Hindu, Buddhist, Muslim, and other wisdom traditions. Together, the diversity of cultures and religious traditions add to the context and the richness of what the programs are meant to be.

For more information about the Pastoral Counseling and Spiritual Care graduate program, internships, our distinguished faculty, and the difference a Loyola education can make, please visit:

Lovola.edu/grad/pastoral

ACCREDITATION

As specialties within the field of professional counseling, the M.S. and Ph.D. programs in Pastoral Counseling are accredited by the American Counseling Association's specialized accreditation agency "CACREP" (Council for the Accreditation of Counseling and Related Education Programs). The M.S. is accredited under the Clinical Mental Health Counseling Standards and the Ph.D. is a Counselor Education and Supervision program. The American Association of Pastoral Counselors (AAPC) also accredits the M.S. and Ph.D. training programs.

DEGREES

Whether you want to become a licensed counselor qualified to work in a clinical setting, or further your education and abilities in ministry, our program includes a full spectrum of graduate degrees to meet your educational goals. What's more, the programs have been deliberately designed to be flexible-allowing for both full time and part time study so you can study in a way that works best for you. You can choose from:

- Master of Arts in Spiritual and Pastoral Care
- Master of Science in Pastoral Counseling
- Certificate of Advanced Studies in Pastoral Counseling
- Certificate in Spirituality and Trauma
- Master of Science/Ph.D. combination program in Pastoral Counseling
- Ph.D. in Pastoral Counseling

PRACTICE AS A PROTÉGÉ.

BRINGING FAITH AND SCIENCE TOGETHER.

ur program is supervision intensive. Students have multiple layers of mentorship, support, and training—including individual supervision, small group supervision, triadic supervision, and an interdisciplinary experience. For example, students pursuing the Master of Science degree must complete an 800 clinical-hour supervision intensive internship in an agency in the Baltimore-Washington area. 260 of those 800 hours are real life client-contact experiences.

The graduate interns work in a variety of settings, including high school and college counseling centers, hospice programs, sexual assault centers, alcohol and substance abuse centers, and senior centers. Those in the Master of Arts degree program in Spiritual and Pastoral Care have on-site and small group supervision for practicum

and internship classes through which they gain experience in their chosen tracks of study. M.A. candidates have completed their internship placement in clinical pastoral education (Chaplaincy Track), church ministry/retreat (Pastoral Ministry Track), and spiritual direction (Spiritual Direction Track).

The goal of such a high level of supervision is to ensure that you become a knowledgeable and competent practitioner committed to actively exploring matters of faith in the process of helping others.

he Pastoral Counseling and Spiritual Care program at Loyola has always been engaged in advancing research. These advancements have been pursued not only in pastoral counseling and the psychology of religion and spirituality, but also the wider area of counseling in general. To see for yourself, you need look no further than the two scholarly journals edited from within the department, and the multiple Ph.D. students credited as major contributors to empirical research in a field where there is little hard data available. In any given year, it's not uncommon for the department's faculty to produce 25-30 peer reviewed journal articles and present scholarly research at multiple professional conferences. In addition, faculty members are responsible for multiple chapters in edited scholarly volumes. Students in the program not only benefit from

being on the cusp of such scholarly research, but are also able to become co-authors and presenters as they advance in the doctoral program.

On top of a host of scholarly articles, in the past ten years, the faculty has published dozens of books, including some of the major works in the field on a variety of topics including counseling, spirituality, resilience, and research and treatment of psychopathology.



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HOW OUR PAST PREPARES YOU FOR THE FUTURE.

SHAPING PRACTITIONERS AND THE PRACTICE.

cademic excellence. Examining subjects from many points of view. Reflection, discernment, discovery, and social justice. *Cura personalis*—the care of the whole person—mind, body, and spirit. These are the ideals espoused by members of the Society of Jesus—otherwise known as the Jesuits. They have guided Loyola University Maryland for more than 150 years. And those same Jesuit values are an integral part of the Pastoral Counseling and Spiritual Care graduate program as well.

This Jesuit way of learning has produced pastors and professional caregivers in every region of the world for more than 450 years. Within the program today, this approach continues to create fully formed individuals capable of adapting to work effectively in any situation or circumstance they may face. So much so that they become infinitely adaptable. This dimension of professional growth is invaluable and necessary in all the helping professions, as you no doubt will discover throughout the course of your training.

Using this method of education, students become distinctly prepared to make a difference in the world. To guide. To teach. To become leaders, engaged in the needs of local and broader communities. The Jesuit approach requires and encourages engagement with faith, and the cultivation of a "self-for-others" outlook. The fact that the program's students provide 40,000+volunteer counseling and pastoral care hours in over 100 different clinical settings every year, and have been intricately involved in tsunami relief efforts, the Sichuan earthquake relief efforts, and peacemaking efforts within nations such as Kenya and Sudan, this comes as no surprise to those who've been influenced by the Jesuit tradition. As one faculty member stated, "When the world hurts we can feel the pain."

he foundation of our program's great success is a direct result of the quality of our world-renowned faculty. Our faculty members are experienced licensed clinical practitioners, each with highly respected scholarship credentials. Members of our faculty have shared their expertise with the professional counseling world through lectures, workshops, and conferences across the country and internationally.

Mentorship is a key component of the programs, and a responsibility our faculty embraces whole-heartedly. Because the field of pastoral counseling and spiritual care is relatively new when compared to other specialty areas of psychology, Loyola's faculty have made a commitment to help prepare the next generation of practitioners and researchers who will be passionate advocates, not only for those whom they serve, but for the field of pastoral counseling as a crucial area of practice and study. That's why during clinical internships or field experiences, you will be supervised by a faculty

mentor, a professional on-site supervisor, and a clinical faculty supervisor. This group of faculty is, in essence, a panel of experts from which you can seek advice as you hone your clinical skills. And much like the diversity of our students, the variety of faiths practiced by our faculty members adds depth and breadth to their teaching.

But perhaps what is appreciated most by students within the programs even more than the quality of our faculty as teachers is the quality they possess as people. Should you become one of their students, you can count on being not only mentored, but also nurtured. Because our faculty are the kind of people that take the time necessary to draw out your talents and help you discover your gifts. The gifts that will allow you to grow both personally and professionaly and set you on a course for lifelong fulfillment.



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M.S. IN PASTORAL COUNSELING

The goal of the program is to develop competent practitioners of the counseling profession who give the spiritual dimension an integral role as they help others. Our M.S. students complete a rigorous academic and clinical program that meets the education requirements to eventually become licensed professional counselors in nearly all states and provinces. Each state has different licensure requirements, but generally a particular state's requirements can be met in consultation with an academic advisor in our program.

DEGREES AND CERTIFICATES

The M.S. in Pastoral Counseling is a clinical mental health counseling program designed to serve students who are seeking to incorporate the spiritual dimensions of their clients' experiences in the context of a professional counseling practice. This unique program balances a core curriculum of course work with closely supervised clinical training, integrating contemporary counseling theory with a deeper understanding of spirituality in mental health care.

Through Loyola's flexible, CACREP (the accrediting arm of the American Counseling Association) accredited program, you will earn a professionally focused and clinically intensive degree that distinctly prepares you to work with religiously committed clients as a state licensed professional counselor.

Upon graduation, you will be qualified to meet the academic and clinical requirements to become a Licensed Graduate Professional Counselor (LGPC) in Maryland. Though each state has different licensure requirements, the flexibility of our program is such that the requirements can usually be met in our program in consultation with an academic advisor.

For current program curriculum and format information, please visit our program pages online at:

Loyola.edu/grad/pastoral

M.A. IN SPIRITUAL & PASTORAL CARE

Master of Arts students benefit from the integrated expertise of the faculty as they develop human service skills perfectly suited for the complexities of contemporary ministry. Pastoral conversations, not pastoral counseling, are the focus of the M.A. program, with a specific emphasis on the art of theological reflection. Expressly designed to prepare qualified persons for ministries in local churches and other organizations, or to lay a beginning foundation for work as a chaplain or spiritual director, the M.A. in Spiritual and Pastoral Care is arranged to provide grounding in spirituality, pastoral care, and the social sciences.

DEGREES AND CERTIFICATES

The Master of Arts Program in Spiritual and Pastoral Care is a distinctive, integrated program that combines the disciplines of psychology with theology in the context of offering guidance in real life ministry settings. While the program does not lead to state licensure as a professional counselor, it does prepare students for ministries in local churches and other organizations, or to lay a beginning foundation for work as a chaplain or spiritual director.

The program is distinct in its holistic approach to education that prepares individuals for ministry throughout the world. The international, inclusive nature of the program is evident in the multicultural and ecumenical diversity of our students and faculty members. This unique preparation is deepened by the exposure our students gain to different faiths and wisdom traditions throughout the course of their training. Because of this holistic approach, students become more integrated and open individuals who become agents of spiritual and emotional transformation in the world, as they skillfully and compassionately engage with individuals in the deepest matters of the heart. And because the program takes place amid numerous institutions of higher learning, students have the opportunity for a broader education as we collaborate with partner institutions and consortium schools.

For current program curriculum and format information, please visit our program pages online at:

Loyola.edu/grad/pastoral





PH.D. IN PASTORAL COUNSELING

The program seeks to prepare graduates to become advanced practioners and make research contributions to the helping professions through the integration of psycho-theological issues with counselor education's interdisciplinary models. Students in this program tend to become faculty members in counselor educator graduate programs, researchers, or advanced practitioners, supervisors, and directors within clinical centers.

DEGREES AND CERTIFICATES

Loyola's Ph.D. in Pastoral Counseling program is the only CACREP-approved counselor education and supervision program specifically designed to integrate spiritual perspectives with the practice of counseling and psychotherapy. By combining supervisory training, clinical excellence, and in-depth research, students in the program build a foundation for understanding the complexities of human behavior. From this understanding comes an enhanced capacity to act as a guide to individuals in an ongoing helping relationship. But the program offers more than an increased capacity for counseling guidance informed by faith.

It prepares candidates for teaching and supervisory positions in counseling while gaining clinical expertise, spiritual understanding, and research acumen. Graduates leave the program fully qualified to become tenure-track faculty members—should they desire to follow an academic career path. And for those whose professional goals are focused in other arenas, the experience is no less transformational. No matter what your future plans are in the counseling field, for specialized training that includes spiritual approaches, there is no other program like Loyola's in the world.

For current program curriculum and format information, please visit our program pages online at:

Loyola.edu/grad/pastoral

M.S./PH.D. COMBINATION IN PASTORAL COUNSELING

The combined program is designed to address the needs of highly competent candidates who are seeking the opportunity to pursue the Ph.D. without having first obtained a master's degree in counseling or closely related field. Students in this program tend to become faculty members in counselor educator graduate programs, researchers, or advanced practitioners, supervisors, and directors within clinical centers; however they become eligible for licensure as professional counselors upon completion of the M.S. degree and become professional counselors while completing the Ph.D. degree.

For current program curriculum and format information, please visit our program pages online at:

Loyola.edu/grad/pastoral

CERTIFICATE OF ADVANCED STUDY IN PASTORAL COUNSELING

The Certificate of Advanced Study allows counselors with graduate degrees to create an individualized program of study in clinical and academic training that emphasizes spiritual integration. Candidates for the Certificate of Advanced Study must have completed a master's degree in Counseling or Psychology and are seeking additional coursework for professional and/or licensure reasons. Some have chosen this option to strengthen their understanding of religion and spirituality within their counseling practice.

For current program curriculum and format information, please visit our program pages online at:

Loyola.edu/grad/pastoral



CERTIFICATE IN SPIRITUALITY & TRAUMA

The goal of the program is to understand trauma, loss, and violence from a holistic viewpoint and intends to create a community of scholars, students, and graduates who have expertise in the integration of spirituality and religion with the social sciences. This program is designed for students who have completed a master's degree, or who have relevant academic or professional experience helping those who experience various forms of loss, including suffering, trauma, and even terror. Persons who completed a master's degree in the helping professions from an accredited institution of higher learning including counseling, education, social work, psychology, health care, pastoral counseling, theology, religious studies, and the like, are eligible for admission to the general concentration. Only credentialed mental health practitioners will be eligible for the clinical concentration.

For current program curriculum and format information, please visit our program pages online at:

Loyola.edu/grad/pastoral



VALUE ADDED. AND ADDED. ADDED.

he significant financial advantages a graduate degree from Loyola represents is only a small part of the story. Loyola brings together all the pieces of your potential—your intellect, spiritual dimensions, interests, talents, personality—and transforms them into one balanced whole. Your mind, body, and spirit combine to create a distinct and holistically prepared, confident leader who can infinitely adapt and thrive in an ever-changing world—with the foundation to succeed not only in a professional Pastoral Counseling and Spiritual Care career, but in every aspect of your life. As a graduate of Loyola's College of Arts and Sciences, you will have gained all the wisdom and experience you will need to make a positive impact on your family, friends, community, and the world at large. Indeed, a Loyola education offers value that can hardly be commoditized.

LOCATION

Il Pastoral Counseling and Spiritual Care programs are based out of Loyola University Maryland's Columbia Graduate Center in Columbia, MD. Columbia is located in Howard County, MD and is considered a suburb of Baltimore, MD, and Washington, D.C. Its central location is ideal for students wishing to commute from the surrounding areas.

Though the Columbia campus is located approximately 20 miles from Loyola's Evergreen main campus, nearly all services, including library, bookstore, and computer labs, are available to students at the Columbia campus, or through the use of computer networking.

Each classroom in our building at Columbia has Integrated Presentation Technology systems that project multimedia images from a ceiling LCD projector onto an electronically operated projection screen. This technology provides a comfortable learning environment and provides students with the absolute best in instructional services.

FINANCIAL ASSISTANCE

he largest form of financial aid for graduate study comes in the form of federal student loans. The Pastoral Counseling department also has funds to offer tuition grants based on demonstrated financial need. Additionally, the department has a limited number of employment opportunities available through graduate assistantships, or students may apply to other campus administrative departments for a graduate assistantship. A list of all graduate assistantship opportunities is available online at:

Loyola.edu/cas/assistantships

Students who wish to be considered for a graduate assistantship should contact the department during the admission process. The application procedures for federal student loan assistance are available on the graduate financial aid Web site:

Loyola.edu/financialaid/graduate

FINANCIAL AID THROUGH LOYOLA

oyola's office of financial aid administers several types of financial assistance for graduate students from federal, state, departmental, and private sources.

Loan assistance is available through the William D. Ford Direct Loan Program. Assistantships are available through several academic and administrative departments. Additionally, individual departments offer a limited number of merit-based and need-based grants to assist students with their educational expenses.

You can learn more about the financial aid options available to you by visiting the office of financial aid Web site:

Lovola.edu/financialaid

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APPLICATION INFORMATION

ndividuals interested in applying for admission to the graduate programs in Pastoral Couseling are offered a variety of ways to complete the process. For your convenience, you can apply directly online, or use our downloadable application forms that are available online in PDF (Adobe Acrobat version 3.0 required). You can also request a viewbook or brochure to be sent to you by first class mail. To access our application forms, and review the steps and required documentation for admission, please visit our application pages online at:

Loyola.edu/grad/pastoral

For more information please contact:

Brenda Helsing, admissions counselor

Telephone: 410-617-7614 E-mail: bhelsing@loyola.edu



ABOUT LOYOLA UNIVERSITY MARYLAND

Founded in 1852, Loyola University Maryland is a Jesuit Catholic university whose mission is to inspire students to learn, lead, and serve in a diverse and changing world. It is committed to the educational and spiritual traditions of the Society of Jesus and to the ideals of liberal education and the development of the whole person. The University was named for St. Ignatius Loyola, the founder of the Jesuit order of Catholic priests, and is one of four universities in the United States to bear the name "Loyola."

