

Pastoral Counseling and Spiritual Care



Pastoral Counseling Department: www.loyola.edu/pastoralcounseling

Apply online: www.loyola.edu/graduate

A JOURNEY

A CALLING

FAITH

FIELD WORK

A BREAKTHROUGH

FIELD WORK

FAITH

A CALLING

A JOURNEY



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How one chooses to respond to their spiritual call will ultimately determine the path to follow. Though the paths—Pastoral Counseling and Spiritual Care—share a fundamental foundation of spirituality, they take their travelers on separate routes. And though the method of travel is the same- human conversations of spiritual matters -the destinations for the traveler and their companions will differ.

PASTORAL COUNSELING

In the case of Pastoral Counseling, the path leads to *professional licensure as a certified counselor in the mental health field*. Pastoral Counselors are uniquely trained to incorporate spirituality into the otherwise secular practice of professional psychotherapy and professional counseling. Those who choose to follow this path have a world of options open to them, from dedicated clinical practice, to research, teaching, writing, or any combination of these endeavors. To state it simply, *Pastoral Counselors are licensed professional counselors who integrate spirituality in a meaningful way in their approach to therapy*. This approach allows Pastoral Counselors to more fully meet the complex needs of their clients—clients who can benefit from compassion and care, as well as, the spiritual dimension that is such an important part of the human experience.

FAST FACTS

Accredited: CACREP (Council for the Accreditation of Counseling and Related Educational Programs) AACP (American Association for Pastoral Counseling)

Rigorous: For two decades Loyola students have scored in the **99th percentile** on the NCE (National Counseling Examination) compared with national norms

Self-Paced: All programs are available for full or part time study

Ecumenical: As one of the most diverse programs at Loyola, we welcome scholars from all faith and ethnic backgrounds

SPIRITUAL AND PASTORAL CARE

The path of Spiritual and Pastoral Care departs from the path of Pastoral Counseling in that its aim is ministerial and does not lead to licensure. Those who travel the route of *Spiritual and Pastoral Care have a greater focus on theology*, enabling them to take on such roles as minister, chaplain or spiritual director providing care to those from many faith traditions in a variety of ministry settings. When this particular path is followed to the point of graduation, the traveler will have developed a deepened understanding of the spiritual dimensions of life and how to offer compassionate, spiritually guided help to those with whom they engage in pastoral conversations They will also have developed the ability to discern the roots of serious problems—whether they are spiritual or mental health issues—and be able to make referrals when necessary.

CACREP accredited

PhD in Pastoral Counseling

The PhD program seeks to prepare graduates to become advanced practitioners and make research contributions to the helping professions through the integration of psycho-theological issues with counselor education's interdisciplinary models.

Students in this program tend to become faculty members in counselor education graduate programs, researchers, or advanced practitioners, supervisors, and directors within clinical centers.

This is the only CACREP approved counselor education and supervision program specifically designed to integrate spiritual perspectives with the practice of counseling and psychotherapy.

It prepares candidates for teaching and supervisory positions in counseling while providing them with clinical expertise, spiritual understanding, and research.

CACREP Accredited

Master of Science (MS)

Meets State Licensure Requirements- 66 credits

The goal of the program is to develop competent practitioners of the counseling profession who give the spiritual dimension an integral role as they help others. Our MS students complete a rigorous academic and

clinical program that meets the educators requirements to eventually become licensed as professional counselors in nearly all states. The MS is a clinical mental health counseling program designed to

serve students who are seeking to incorporate the spiritual dimensions of their clients' experiences in the context of a professional counseling practice. This unique program balances a core curriculum of course work with closely supervised

clinical training, integrating contemporary counseling theory with a deeper understanding of spirituality in mental health care.

Post-Master's

Certificate in Advanced Studies (CAS)

The Certificate of Advanced Study allows post-master's students to create an individualized program of study in clinical and academic training that emphasizes spiritual integration.

Candidates for the Certificate of Advanced Study must have completed a master's degree in counseling or psychology and are seeking additional coursework for professional and/or licensure reasons.

Some have chosen this option to strengthen their understanding of religion and spirituality within their counseling practice.

Master of Arts (MA)

In Spiritual and Pastoral Care—45 credits

The students in this program develop human service skills perfectly suited for the complexities of contemporary ministry. Pastoral Conversations are the focus.

This program is a distinctive, integrated program that combines the disciplines of psychology with theology in the context of offering guidance in real life ministry settings.

While the program does not lead to licensure, it does offer three tracks: Spiritual Direction, Chaplaincy and Ministry.

CONTACT INFORMATION

ALL APPLICATION MATERIALS NEED TO BE SENT TO THE OFFICE OF GRADUATE ADMISSION FOR PROCESSING

Apply online at
www.loyola.edu/pastoralcounseling

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