seasonal Menu

December 2-8 Lunch and Dinner: Loyola University

(A) Vogotarian		Monday	Tuesday			Friday	Saturday	Sunday
(V) Vegetarian		Monday	Tuesday	Wednesday	Thursday	Friday	·	·
fresh							Brunch / Dinner	Brunch / Dinner
STOCK	Broth Soup	(V) Potato Leek Soup	Curried Chicken & Rice	Southwestern Chicken Tortilla Soup	(V) Lentil & Tomato Soup	Manhatten Clam Chowder	Grits / Soup du Jour	Oatmeal / Soup du Jour
	Cream Base or Chili	Beef and Bacon Chili	(V) Vegan Chili	(V)Jerked Black Bean Chili	Baked Potato Soup	(V)Five Bean Chili	Soup du Jour	Soup du Jour
	Lunch Entrée	Sloppy Joe Sandwich	Corned Beef	Turkey Tetrazzini	Orange Glazed Salmon	Hand Breaded Fish	Scrambled Eggs	Meat & Chees Frittatas
Diner	Lunch Entrée	Tuna Noodle Casserole	Honey BBQ Chicken Sandwich	BBQ Beef Brisket Sandwich	Beef & Vegetable Pasta Bake	Popcorn Chicken	Specialty of the Day	Specialty of the Day
	Vegetable	Succotash	Steamed Green Beans	Steamed Broccoli	Sauteed Zucchini & Yellow Squash	Steamed Peas & Onions	Vegetable du Jour	Vegetable du Jour
	Vegetable	Roasted Vegetable Medley	Braised Cabbage	Cauliflower au Gratin	Linguini Pasta	Buttered Corn	Bacoon & Sausage	Bacon & Sausage
Lunch	Starch	Smiley Fries	Boiled Red Bliss Potatoes	Garlic Bread	Glazed Carrots	Macaroni & Cheese	Pancakes / Homefries	French Toast Sticks / Home Fries
	Lunch Entrée	Brown RiceCasserole with Tofu & Vegetables	Eggplant Stew with Onions, Peppers & Chickpeas	Lentil & Rice Pilaf	Thai Red Curried Eggplant	Sicilian Pesto over Ziti	Vegetable Bacon & Vegetable Sausage	Vegetable Frittatas
	Dinner Entrée	Pork Marsala	Spagetti & Meatballs Marinara	Roast Pork & Sauerkraut	BBQ Chicken	Roasted Eye Round of Beef with Garlic & Apple Juice	Cornmeal Encrusted Catfish	Beef & Broccoli
Diner	Dinner Entrée	Beef Stew	Chicken Caccatore	Chicken Marsala	Spicy Beef & Vegetables	Honey Almond Encrusted Fish	Chicken Creole	Specialty of the Day
D.	Vegetable	Roasted Corn & Peppers	Garlic Spinach	Vegetable Medley	Braised Cabbdage	Glazed Carrots	Sauteed Pepper medley	Vegetable du Jour
	Vegetable	Green Beans	Sauteed Zucchini & Mushrooms	Stewed tomatoes	Peas & Carrots	Steamed Broccoli	Stewed okra	Sauteed Snow Peas
Dinner	Starch	Fettucini Pasta	Garlic Bread Sticks	Roasted Sweet Potatoes	Bacon Cheddar Mashed Potoes	Cuban Roasted Potatoes	Spicy Rice	Steamed Rice
	(V) Vegetarian	Moorish-Style Chickpea & Spinach Stew	Spaghetti & Homemade Marinara Sauce	Spicy Eggplant & Broccoli Stir Fry	Vegan Black Bean Cakes with Salsa	Sun Dried Tomato, Mushroom & Tofu, Fusilli	Cajun Tofu Steaks	Vegan Mushroom Stroganof
BRAVISIMO!	Lunch Entrée	Beef Pho Bar	Chicken Wing Bar	Sizzlin' Cobb Salad	Hot Open Faced Roast Beef Sandwich	Tortellini Bar	Made to order Omeletes	Pancake Bar
	Dinner Entrée	Caribbean Curry	Chicken Stir Fry	Pasta Bar	Pork Lo Mein	Shrimp Scampi	Chicken Cordon Bleu Wraps	Pork Stir Fry
1852	Items available at the Pizzeria daily: Cheese, Pepperoni, White & Vegetable Pizzas							
	Pizza Specialty	Fresh Tomato Pesto Pizza	Buffalo Chicken Pizza	Spinach Feta Pizza	Cheeseburger Pizza	"BLT" Pizza	Chicken Ranch Pizza	Tostada Pizza
™ DAILY DISH.	Entrée	Carved Caribean Jerk Roasted Pork Loin served with a Pepper Slaw	Mixed Salad with Tomato, Potato, Tuna & Egg	Gyro Bar	Peppercorned Steak Salad	Chopped Salad with Tortillas	Brunch Carved Beef Dinner Chili Bar	Bunch Carved Tuirkey Breast Dinner Chicken Cordon Bleu Wrap
	Items available at the Grill daily except on " Flats Special Days": "Fresh Ground" Hamburgers and Cheeseburgers, Grilled Cheese, Fried or Grilled Chicken Sandwich,(V) Black Bean Burgers, Turkey Burgers and Hand Cut French Fries Cheese available: American, Provolone, and Swiss							
THE GRILLE	Flats Special			Crieese available: An	nerican, Provolone, and SV	Ruebens (made with your choice of Turkey, Corned beef, Sauerkrat, Cole Slaw)		
	Burger Special	Greek Burger	Corn Relish Black Bean	Chili Buger	California Turkey Burger	,	Burger of the day	Burger of the day
DELL	Burger Items available in the Deli daily, to include, but not limited to: Breads and Wraps - Whole Wheat, Multi Grain, Sourdough, Rye, Kaiser Rolls, Sub Rolls, and Wraps. Featuring Boars Head Meats - Baked Ham, Roasted Turkey, Roast Beef or Pastrami, Salami, Pepperoni, Buffalo Chicken. Salads - Tuna, Chicken, Seafood salad, or Egg Salad and a rotation of other composed salads. Vegetable Toppings - Red Lettuce, Tomatoes, Red Onions, and Pickles. Cheese - American, Cheddar, Provolone and Swiss or Pepper Jack.							
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MARKET FRESH Showcase Salads - Full Salad Bar featuring: 28 fresh toppings, 8 dressings, flavored oils and vinegars, 2 Yogurts, Cottage Cheese, Fresh Fruit Bar, and 5 Fresh Fruits
Check out our specialty salads 3 or more composed salads featuring a variety of both International (Hemisflavors) and local favorites.

Wheateroft's

10 Cold Cereals, 4 Juices, 2% Milk, Skim Milk, Chocolate Milk, and Soy Milk, Coffee, Decaf Coffee, Tea, 10 Soft Drinks, Filtered Water.

Fresh Baked Desserts and Breads - White & Wheat, Rye, Fat-Free Wheat, English Muffins, 5 Varieties of Bagels, Peanut Butter, Cream Cheese, Butter and Jelly,
6 Flavors of Hershey's Ice Cream, Sundae Toppings, Fresh Baked Cookies, Cakes Pies, and other Homemade Desserts.