

**Addendum to Request to Participate
And
Release Agreement**

Outdoor Adventure Experience

Day Hike

1. I understand that participation in the Outdoor Adventure Experience (“OAE”) is completely voluntary.
2. I understand that I am free not to participate in any aspect of the event or experience if, in my judgment, it is beyond my ability or if it entails risks that I do not wish to accept.
3. I understand that on an OAE Hiking trip, there are risks of bodily injury or death due to conditions such as steep terrain, slippery rocks, insects, poisonous plants, animals, and extreme or inclement weather.
4. Most activities require physical exertion; they may include, but are not limited to, hiking, running, carrying heavy loads, swimming, aerobic exercise, exposure to changing climates.
5. By choosing to be a participant on an OAE Hiking Trip, I acknowledge that Loyola College cannot guarantee my safety, as there are inherent risks involved in adventure programming.

Signature: _____

Date _____

Trip: _____

Date _____