



SOPHOMORE SPOTLIGHT

September 2011



Sophomore Initiatives

Dear Class of 2014,

We are excited to welcome you back for your second year at Loyola! The office of sophomore initiatives is a campus resource just for sophomores. We are here to support you as you navigate your sophomore year, which is often full of big questions and decisions.

Sophomore initiatives offers programs almost weekly throughout the year to help guide you through these questions, as well as help you define your purpose, develop new relationships, broaden your mind, and develop stronger connections to the Loyola community. All our programs aim to provide you a place for reflection, direction, and/or connection.

Sophomore Spotlight, the sophomore initiatives' newsletter, is one of the many resources provided for you each month throughout the academic year. Inside each newsletter, you will find information about upcoming programs/events, tips and suggestions on how to make the most out of your sophomore year, and thought provoking questions that will encourage you to reflect on some of your experiences.

We are also welcoming back to campus and to the sophomore initiatives' staff Chris Nicolas, who graduated from Loyola in 2008. During his time at Loyola, he served as a Resident Assistant, RoadTrip Atlas, Peer Educator, and member of the Green and Grey Society.

We hope you take advantage of all sophomore initiatives has to offer. Feel free to stop by the office, Seton Court 4508 A, located next to student life, or check us out on the web at www.loyola.edu/sophomoreinitiatives.

Sincerely,

The Sophomore Initiatives Staff



FIND SOPHOMORE INITIATIVES ON FACEBOOK TO STAY CONNECTED AND UP TO DATE ON PROGRAMS & EVENTS! VISIT



www.facebook.com/year2atloyola

OR SEARCH FOR SOPHOMORE INITIATIVES

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TOP TEN LIST FOR SOPHOMORES

Whether you are looking for reflection, direction or connection, here is a **TOP 10** list of things to guide you to a fun (and successful) sophomore year!

10. Go on **RoadTrip!** Save the date for this favorite Loyola tradition: January 12-15, 2012

9. Gain some direction! Sign up for the **Sophomore Workshop Series** - *learn more inside on page 3*

8. Go on an adventure! Rec Sports offers **Outdoor Adventure** programs just for sophomores, like rock climbing and sea kayaking.

7. Visit **The Career Center** to discover your passions and a major to match!

6. Explore Baltimore and meet new people - Go on **Mystery Bus!**

5. Reflect on your place in the world! Check out the **Sophomore Retreat** with Campus Ministry.

4. Learn from others - Attend a **Sophomore Supper** to hear a story of personal discernment.

3. Make a difference in the community - Visit **CCSJ** for service opportunities!

2. Consider your global opportunities - Visit **Office of International Programs** or attend Around the World on October 25!

1. Realize your full potential! Take time to discover who you are and all you have to offer - and have fun doing it!

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SOPHOMORE

WEEK 2011 September 19-25

That's right! A whole week of activities designed just for sophomores! Developing relationships, choosing a major, deciding whether or not to study abroad, and finding an internship are just some of the decisions students make during sophomore year. **Sophomore Week** was developed to provide an introduction to the office of sophomore initiatives and how the array of department programs can help students navigate their way through these experiences.

SOPHOMORE INITIATIVES OPEN HOUSE

Monday, Sept. 19, 12:30 - 3 p.m.
Seton Court 4508 A
FREE for all sophomores!

Find out what the office of sophomore initiatives has to offer you! Stop by outside our office to meet the staff and learn more about our exciting programs. Join us for Rita's Ice and fun giveaways!

EXPLORING YOUR SOPHOMORE YEAR

Tuesday, Sept. 20, 6 p.m.
Hopkins Court Lounge
FREE for all sophomores!
RSVP: [facebook.com/year2atloyola](https://www.facebook.com/year2atloyola)

While sophomore year brings new questions, it also offers many exciting opportunities for reflection, direction, and connection! Come learn about the variety of programs and events available just for sophomores from the office of sophomore initiatives.

THE CAREER CENTER OPEN HOUSE

Wednesday, Sept. 21, Noon - 2 p.m.
The Career Center
FREE!

Looking for an internship? Wondering how your major can help you find a great job? Stop by the open house to meet The Career Center staff members and learn more about their program offerings and services, including career advice, résumé critique, and self-assessments. www.loyola.edu/thecareercenter

SOPHOMORE SPIRIT AT SOCCER GAMES

Wednesday, Sept. 21
Sophomore event begins at 6:30 pm
5 p.m. (Women's), 7 p.m. (Men's)
Ridley Athletic Complex
FREE with Loyola ID
RSVP: [facebook.com/year2atloyola](https://www.facebook.com/year2atloyola)

Join fellow sophomores and the Loyola community for an evening full of sport and spirit as you cheer on Loyola's men's and women's soccer teams at the Ridley Athletic Complex. Watch for the Facebook event invitation for details on the food, fun, and fan gear. Unleash the Hounds!

SOPHOMORE WORKSHOP SERIES KICK-OFF: TO STUDY AT LOYOLA OR ABROAD?

Thursday, Sept. 22, 7 p.m.
Hopkins Court Lounge
FREE for first 100 sophomores!
RSVP: [facebook.com/year2atloyola](https://www.facebook.com/year2atloyola)

The Sophomore Workshop Series will help you identify campus resources for exploring sophomore-year decisions and other important questions, and in understanding some of the factors to consider in the process. The first workshop includes student perspectives on the decision to study abroad or stay at Loyola junior year. Join us for the series kick-off celebration and stay for the great information!

MYSTERY BUS

Friday, Sept. 23, 6 p.m.
Just \$5 (cash or Evergreen accepted)
Limited to 40 sophomores
Register by Wed., Sept. 21 in Sophomore Initiatives - Seton Court 4508 A

Need an exciting change to your busy schedule? Or just want to get off campus for the evening? Mystery Bus offers sophomores an opportunity to experience an undisclosed adventure and enjoy a little taste of Baltimore. For a clue to this month's location, visit: www.loyola.edu/mysterybus

OAE SOPHOMORE ADVENTURES: SEA KAYAKING

Sunday, Sept. 25, 9 a.m. - 4 p.m.
Waterways of Mid-Atlantic
\$15 - limited to 8 sophomores
Register with OAE in FAC

Get away from campus and enjoy a little fun in the sun sea kayaking with your classmates. No prior experience is necessary. This event is sponsored by the department of recreational sports' Outdoor Adventure Experience (OAE). Sign up early; this adventure will fill up fast!



Follow us on Facebook to stay connected on events and receive special opportunities throughout Sophomore Week!

www.facebook.com/year2atLoyola

DIRECTION SOPHOMORE WORKSHOP SERIES

I'M NOT QUITE SURE ABOUT MY MAJOR?

I'M CONSIDERING GOING ABROAD?

I'M WONDERING HOW I GET AN INTERNSHIP?

The sophomore year is full of decisions regarding your major, studying abroad, living with your friends/roommates, internships, and much, much more! The **Sophomore Workshop Series** will assist

you in exploring these topics and answering questions significant to sophomore year. Sessions will be facilitated by Loyola's finest faculty, administrators, and student leaders.

Join your peers in engaging conversation and sessions about what your second year will hold. The workshops are organized as a series to allow you to pick and choose the topics you are most interested in attending. To participate, just RSVP on Facebook (facebook.com/year2atloyola) for the sessions you want to attend. The experience is FREE for all sophomores! All sessions will begin at 7:00 pm and light

refreshments will be provided. To register visit sophomore initiatives at Seton Court 4508 A today!

FEATURED FALL TOPICS:

STUDY ABROAD
Thursday, Sept. 22

CHOOSING A MAJOR
Tuesday, Oct. 4

SERVICE & INVOLVEMENT
Wednesday, Oct. 19

INTERNSHIPS
Wednesday, Nov. 2

GAIN EXPERIENCE THROUGH JOB SHADOWING

Job Shadowing Program



Gain Experience -- Confirm Your Major
Make Connections

Job shadowing provides an opportunity to learn more about a particular career. You can gain insightful knowledge about what a job entails day to day. It will hopefully help you in your decision to pursue a certain job or career path. You will also be able to make connections during this

process by establishing a relationship with the alumni or employer.


What is Job Shadowing? Job shadowing is an experience where students may spend a few hours, a half day, or even a full day with an employer. Each shadowing experience varies and will depend on the site, but students could engage in/observe client meetings or computer and research projects, tour the facility, and interact with other departments within the organization.

By job shadowing, students have the opportunity to:

- Make connections by building networks with alumni and

employers in the industries that interest them,

- Gain experience by observing a specific occupation on location at the employer site, and
- Confirm their major by validating their interest in a specific industry and/or occupation.

 Learn more about Loyola's job shadowing program at loyola.edu/thecareercenter/employers/jobshadow. To participate, be sure to complete the student application by Oct. 3 because space is limited. Contact The Career Center at 410.617.2232 with any questions.

ADVICE FOR SOPHOMORE LIVING

Much has happened since that fateful day in March when you stepped into the Newman Towers computer lab to select your sophomore year room. For some of you, your new roommates were your best friends from last year. For others, you may have been placed with people you do not know. In either case, being a good roommate comes down to trust, mutual respect and communication.

When arriving back to campus, reflect on these useful questions:

- What did I learn about myself last year from living with another person?

- What do I value most in a roommate?
- How did I handle conflict? What improvements can I make?
- What reservations do I have about my roommates this year?
- What conversations can I have early on to feel good about the living arrangements?
- How will living in a suite be different than living in a double?

Throughout September, your RA will spend time helping you fill out your roommate agreements, which help set standards for the room and will serve as

a guide if conflict arises. If there are disagreements among your roommates, you should first speak to your RAs about what is happening.

Sophomore year is a great time to learn how to resolve conflicts and give honest feedback (which can be even more difficult when your roommates are your closest friends). While it may be tough at first, conversation with your roommate will help you develop a deeper understanding of each other.

For more information visit Student Life at www.loyola.edu/studentlife.



Office of Sophomore Initiatives
Seton Court 4508A
410-617-5696
sophomoreinitiatives@loyola.edu

www.loyola.edu/sophomoreinitiatives

SEPTEMBER

- 10-18 Initium Week (sponsored by SGA)
- 13 Student Activities Fair
- 14 CCSJ Open House
Community Service Fair
- 19-25 SophoMORE Week**
(See pg. 2 for more details)
- 21 Sophomore Spirit Event @ Soccer**
- 22 Sophomore Workshop Series (1)**
- 23 Mystery Bus**
Career Center: Marathon Workshop
- 25 OAE: Sophomore Adventure-Kayaking
- 24 OPTIONS: Bowling
- 30 Family Weekend

SPRING BREAK OUTREACH APPLICATIONS

DUE OCT. 13

Spring Break Outreach is a weeklong service experience at one of a selection of sites throughout the eastern United States. Approximately 120 students, faculty, and staff participate in Spring Break Outreach, meeting together in small groups during the weeks prior to the trip to learn about the host community, discuss service and social justice issues, and raise funds for the trip.

 For more information or to apply visit: www.loyola.edu/ccsj

MARK YOUR CALENDAR: FALL 2011

OCTOBER

- 4 Sophomore Workshop Series (2)**
7-9 UNITE Weekend (CCSJ)
- 8 OPTIONS: Paintball
- 10 RoadTrip & Discovery Interest Session**
- 13 SBO Participant Applications Due
- 14-16 Fall Break
- 18 The Career Center: Walk-in
Career Advising Day
- 19 Sophomore Workshop Series (3)**
- 21 Mystery Bus**
Internship Fair (The Career Center)
- 25 Around the World Program**
- 29 OPTIONS: Hershey Park

NOVEMBER

- 2 Sophomore Workshop Series (4)**
Class of 2014-Spring Class Registration
- 3 The Career Center: Walk-in
Career Advising Day
- 4 International Festival
- 6 OAE: Sophomore Adventures-Caving

- 7 Discovery Applications Due**
Fr. James Martin, S.J. Lecture
Non-Profit/Service Career Fair
- 11 Last Day to Withdraw from Class with
a grade of W for the fall
- 11-13 Sophomore Retreat (Campus Min)
- 17 Project Mexico Auction
- 18 Mystery Bus**
- 19 OPTIONS
- 23-27 Thanksgiving Break

DECEMBER

- 1 RoadTrip Registration Deadline**
Study Abroad Applications Due
(for 2012-2013 school year)
- 3 OPTIONS
- 9 Lessons & Carols
OPTIONS
- 12-20 Final Exams
- 21 Residence Halls Close @ noon for
Winter Break

Visit us online at
www.loyola.edu/sophomoreinitiatives
for a complete calendar and details about
the latest sophomore events!

CORNER

REFLECTION

Nothing is more practical than finding God,
that is than falling in love in a quite absolute, final way.
What are you in love with,
what seizes your imagination, will affect everything.
It will decide what will get you out of bed in the morning,
what you will do with your evenings,
how you will spend your weekends,
what you will read, who you know,
what breaks your heart,
and what amazes you with joy and gratitude.
Fall in love, stay in love and it will decide everything.
-Pedro Arupe, S.J.

What are you in love with?

*How or where do you spend most of your time and energy?
Is it where you want to spend most of your time and energy?
If not, what gets in the way?*

*What changes do you need to make to have a successful
sophomore year?*

*What resources do you need to help you
make those changes?*