Upcoming Events

If you enjoyed ALANA’s events thus far, you’ll love what we have planned for you! The Association of Latin American and Spanish students (ALAS) will hold Spring Fiesta on March 18th. Then the Black Student Association (BSA) will rip the runway at their 16th Annual Fashion Show on March 27th.

In April, the Asian Cultural Alliance (ACA) celebrates Asian and Pacific Islander Awareness (APIA). The theme for the month is Exploration: Self and Society. ACA will kick off the month with Holi Festival on April 10th, followed by a D.C. excursion for the National Cherry Blossom Festival on April 11th. ACA and the Caribbean Student Union (CSU) will take you from East Indies to West Indies on April 17th. Ending the festivities will be ACA’s culminating event for APIA Month, Asia Fest 2015, on April 23rd.

We’ll gather around the grill for the ALANA Reunion on April 24th, and join us as we honor our student organizations during our Night of Stars on April 27th. All of our events have something for everyone to enjoy!

Your New Chapter

To the Class of 2015, as you celebrate ALANA’s events you may be experiencing mixed emotions about your undergraduate chapter ending. ALANA will miss you, but never forget your experience. Reflect on your journey and own all of it, your highs and lows, as a learning experience. Owning your story gives you power, freedom, and understanding to move into your next chapter full force!

Ralph Waldo Emerson loaned you his wisdom, saying, “What lies behind us and what lies before us are tiny matters to what lies within us.” In this spirit, enjoy Commencement because it both observes your past achievements and prefaces to your future pursuits.

Beginning a new chapter can be daunting, but remember the people and principles that sustained you, including the Ignatian traditions of life-long learning, discernment, seeking God in all things, and cura personalis. These characters and motifs will help you transcend future plot twists and experience deeper personal and professional growth.

Congratulations class of 2015!

Director’s Corner

I hope that you had a restful spring break and have returned ready to tackle the remainder of the semester. It is so hard to believe that we are approaching the end of the academic year so soon. I would like for you to join us as we celebrate Women’s History Month and Asian and Pacific Islander Awareness Month. We have wonderful programs lined up and I am sure that you will all enjoy them.

I would like to dedicate this issue of the ALANA Anthem to the Class of 2015. You have definitely made your mark on Loyola’s campus.

I would like to thank all of our supporters from far and near that sent your well wishes for a very successful year! The ALANA Services office definitely appreciates you. Kudos to Raven, Cristina, Hong-yu, Krista, Kasey, and Oladipo for a great year! I hope that you all have a blessed and safe summer! Peace and Blessings,

Rodney L. Parker
2015 ECAASU Conference

A group of Loyola students ventured to the 38th Annual East Coast Asian American Student Union (ECAASU) Conference at Harvard University in Boston, MA. This year’s theme was New Asian American! The conference challenged participants to ask difficult questions, tackle confusing and sometimes conflicting identities, and begin a journey of meaningful self-discovery.

ECAASU warmed up students in snow-covered Boston with an opening ceremony featuring hot national talent, including music, spoken word, dance, hip hop, and a keynote address from Ryan Takeyima. A community organizer, writer, and event producer based in the San Francisco Bay Area, Takeyima created Rama (www.gostudiorama.com), an Asian American arts and entertainment organization devoted to creating a new Pan Asian arts movement.

Saturday, students attended several workshops addressing personal and professional identity formation in the Asian American and Pacific Islander (AAPI) community. Workshops included Understanding Internalized Racism through Personal Narratives; and Passion, Skill, and Market: How to Choose the Right Career Path. The conference also featured Harvard and Boston tours, a Filipino inspired brunch, and a “Sit and Chill” after ECAASU for students to chat with ECAASU’s team directors and members.

Words from Asian Cultural Alliance

By Robin Xiong, President of ACA

This year has already pegged itself as a hallmark year for Asian-Americans. In February, there was the promising pilot episode (almost 8 million views!) of “Fresh off the Boat,” a sitcom dedicated to an Asian-American family struggling to assimilate to the American Dream in the ’90s. Here is to hoping March and April are just as promising!

ACA hopes to be just as bold, following in the likeness of our theme for APIA Month, Exploration: Self and Society. Join us in celebrating the vividness of the new year with Holi Festival, which will be held on Friday, April 10th from 4 to 6pm. Follow up with us the next day on April 11th with a trip to the D.C. Cherry Blossom Festival.

On Friday, April 17th, you won’t want to miss our newest event, East Indies to West Indies, a joint effort between all of the ALANA clubs. We will close APIA Month with none other than AsiaFest, a two hour long extravaganza of food from all over Asia, fun, and performances from notable Asian-Americans in the community showcasing both new talent and tradition.

It is the pleasure and honor of ACA to bring the significance of APIA Month to the Loyola community, and we hope to engage, entertain, and enlighten you in the history and future of Asian-America.

Women’s History Month began as a national celebration in 1981 when Congress passed Pub. L. 97-28 which authorized and requested President Ronald Reagan to declare the week beginning March 7, 1982 as “Women’s History Week.” After being petitioned by the National Women’s History Project in 1987, Congress passed an additional law which designated the month of March as “Women’s History Month.”

During the month of March, we celebrate the contributions to history, culture and society of women in American History. "As Dr. Gerda Lerner has noted, ‘Women’s History is Women’s Right.’ It is an essential and indispensable heritage from which we can draw pride, comfort, courage, and long-range vision.”

In celebration of Woman’s History Month, Dr. Sherri Booker, writer, poet, and spoken word artist, will be coming to Loyola University Maryland as a part of the Modern Masters Reading Series at 6 p.m., McGuire Hall, Andrew White Student Center. Please join the Writing Department, ALANA Services and the Women’s Center in welcoming Dr. Booker to Loyola.

Loyola Lingo: Servant Leadership

In 1977, Robert K. Greenleaf published Servant Leadership: A Journey Into the Nature of Legitimate Power & Greatness and popularized the timeless term “servant leadership.” In his book, he writes, “The servant-leader is servant first… It begins with the natural feeling that one wants to serve, to serve first. Then conscious choice brings one to aspire to lead. That person is sharply different from one who is leader first, perhaps because of the need to assuage an unusual power drive or to acquire material possessions…The leader-first and the servant-first are two extreme types.”

Additionally, Greenleaf asserts that “A servant-leader focuses primarily on the growth and well-being of people and the communities to which they belong. While traditional leadership generally involves the accumulation and exercise of power by one at the ‘top of the pyramid,’ servant leadership is different. The servant-leader shares power, puts the needs of others first and helps people develop and perform as highly as possible.”

The notion of servant leadership, entering into relationship with those you lead from a place of humility, has taken root in business and other traditionally hierarchical spheres. The term has also been utilized to indicate a leadership style commonly found in service or ministry work. Servant leadership is a “self-imposed discipline” mirroring the teachings of Jesus: “Not to be served, but to serve, and to give his life as a ransom for many” [Matthew 20:28].


Spotlight on ALANA Leaders

We would like to congratulate students who will serve in leadership positions across campus for the 2015-2016 school year.

MAP Navigator

ALANA Services

Scott Cannon
Zebradedra Hunter
Alejandro Salcedo
Tamir Wheeler-Weaver
Kirsten Nicholas
Angela Monfiletto
Lauren Sese
Mona Poblete

Antonio Atkins
Dwayne Atkins
Clarissa Gonzalez
Nuhamin Gebremariam
Catherine Fernandez
Carlos Armado
Francesca Rios
Mario Haimindra
Selvin Amador
Tanique Phileogene
Comfort Nnana Kalu
Kayla Gonzalez
Patrick Barthelemy
Erika Calderon
Nasarah McKinney
Terence Jones
Marisa Valenti
Alex Vidal
Olawale Soniregun

Bianca Bertier
Nona Sharp
Jazmyn Barrett
Julie Alejo
Carlos Echeverria
Jeanine Gill
Jonathan Rodriguez
Mary Glosenger
Luisa Aleman
Carlton Morris
Kyle Nwankwo
Simone Roberts
Nicolette Ruiz
Kyhla Desire
Uche Emili
Leah Hill
Gaby Miñoza
Erik Whipp
Veronica Carpio

R.A.

Student Life

Caroline Adrien
Charmaine Bondoc
Ciana Creighton
Alicia Espinal Mesa
Liv Gordon
Robyn Intveld
Tiffany Nano-Miranda
Juliana Neves
Destiny Alano
Bria Banerjee
Rachel Stoczko
Lydia Tefera
Seth Willis
Addi Smith
Pedro Vincenty

Evergreen

Office of Student Engagement

Please email us at ALANA@loyola.edu To share your accomplishments, honors, and awards.
## March 2015

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<td>Fashion Week A.C.E. Wednesdays: #MoneyManagement 3-4pm; CMC</td>
<td>ACA GBM 6-7pm; CMC</td>
<td>BSA Fashion Show 8-10pm; Reitz Arena</td>
<td>Relay for Life</td>
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### Special Dates

- **March 2-6**: Spring Break
- **March 12**: ASA Panel Discussion
- **March 18**: ALAS Spring Fiesta
- **March 19**: FROM SELMA TO FERGUSON
- **March 27**: BSA Fashion Show

## April 2015

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<td>Holi Festival 4-6pm; Academic Quad</td>
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<td>CSA GBM 6-7pm; CMC</td>
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<td>A Night of Stars 3-5pm; Gardens VB Pit</td>
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<td>Sister to Sister 5-6:30pm; CMC</td>
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### Special Dates

- **April 2-6**: Easter Break
- **April 3**: Holi Festival
- **April 15**: APIA Month Speaker
- **April 23**: Asia Fest
- **April 24**: End of Year BBQ/ALANA Reunion
- **April 27**: A Night of Stars

ANTHEM
The Flexibility Campaign: Flexible Doing

Are you sufficiently flexible, psychologically speaking? “Flexibility” refers to a willingness to explore new situations, approaches, thoughts, feelings and behaviors. The more flexible someone is, the more likely they are to report feeling happy, calm, satisfied in their relationships, and fulfilled in their lives. Flexible “doing” means consciously, actively choosing how you want to live—with what values, what goals, and with whom.

Most of us would like to live a life filled with meaningful relationships, a life that is fulfilling and has a sense of purpose. Although this may sound daunting, it is possible, if we learn better ways to manage life’s inevitable stresses and conflicts, including how to have difficult conversations and build positive relationships.

But, people tend to be inflexible. We proceed mindlessly through life, falling into ruts and unsatisfying relationships, without chosen values or goals, and reacting rigidly to stress and conflict. We are more flexible when we can live according to our values and use new skills to achieve our goals.

A value is a principle that motivates and guides what you do. A goal is a specific objective that, guided by your values, you seek to achieve and “cross off the list.” Flexible doing allows you to experience a variety of situations, both good and bad, in order to clarify and move towards your values. People who live a valued life are better able to cope with life’s stresses and challenges because they see these in the context of a greater meaning and purpose.

A final thought: Many people think of success as achieving goals. We invite you to consider a different definition: Success is living by your values. With this definition, you can be successful right now, even though your goals may be a long way off.

To learn more, call us at 410-617-CARE (2273), or visit us any weekday, 8:30 am - 5:00 pm, in Humanities 150 (up the spiral steps in the turret, opposite Starbucks). And try our website: www.loyola.edu/flexibility.

We Care. We're here to help. Let's talk. —The Staff of the Counseling Center

ALANA Services' Mission Statement

ALANA (African, Latino, Asian, and Native American) Services is committed to providing support, services, and programs that facilitate the success of all ALANA students at Loyola University Maryland.

Through intentional programming and a spectrum of services, we foster the academic, cultural, personal, spiritual and leadership development of ALANA students. Furthermore, we seek to create and maintain an environment of respect and awareness, while advocating for ALANA students and responding to their needs.