Welcome back Loyola students! Another academic year starts and Latino Heritage Month (LHM) is soon upon us. Every September, ALANA Services offers the Loyola community programs and events to celebrate Latino heritage, nationally known as Hispanic Heritage Month. Programs and events during National Hispanic Heritage Month take place from September 15th to October 15th.

The significance of September 15th is to recognize the anniversary of independence of five Latin American countries: El Salvador, Costa Rica, Guatemala, Nicaragua and Honduras. For Mexico, Chile and Belize, the month of October also carries great value since these nations celebrate their independence days and Columbus Day (Día de la Raza) on October 12th.

Today, National Hispanic Heritage Month seeks to recognize the contributions made and the important presence of Hispanic and Latino Americans to the United States. Therefore, we hope to celebrate Latino and Hispanic heritage and culture. Please join us in this annual tribute by learning about the generations of Hispanic Americans who have positively influenced and enriched our lives and this nation.

To celebrate this year’s LHM, ALANA and the Association of Latin American and Spanish Students (ALAS) have programmed events and activities, including a Def Poet Joe Hernandez-Kolski as a Keynote Speaker on October 1st, an Art Gallery on October 6th, an engaging Panel Discussion on family dynamics of immigration on October 8th, and finally Latin Fest on October 9th. We look forward to seeing you there at our events!

Director’s Corner

Greetings from ALANA Services! I hope that this message finds you well and fully prepared for the coming semesters. We welcome the class of 2019 into the Loyola Community, and we say welcome back to the classes of 2016, 2017, and 2018.

From pre-fall programs, and campus-wide programming to other cultural events, the ALANA Staff has been planning all summer for your arrival. We are so excited to assist the entire Loyola community in the exploration of Loyola’s core value of diversity. Each distinct individual has unique gifts and talents to share in helping the Loyola community and communities abroad to be a better, stronger community. It is our sincere hope that you learn and grow to enrich yourselves, and hence our community.

Have a prosperous year!

Rodney L. Parker
Latino Heritage Month Speaker

Born and raised in the city of Chicago and a graduate of Princeton University, Joe Hernandez-Kolski is an actor, comedian, and a two-time HBO Def Poet. As a spoken word poet, Hernandez-Kolski blends creativity and humor with a passion that harmonizes with his Latino pride. His background as a Mexican-Polish-American inspired Hernandez-Kolski's nickname, "Pocho Joe," which seeks to empower Mexican American identity.

In his career, Hernandez-Kolski has opened for many people, including comedian Carlos Mencia, legendary musician John Mellencamp, and three-time Grammy Award winning band Ozomatli. He currently performs around the country with his performances entitled, "Refried Latino Pride" and "Cultural Collisions: Commentary for a Changing America." His use of comedy to in his social commentary makes for an exciting performance!

Make sure to see him live in the 4th Floor Program Room on October 1st from 5-6:30pm!

Welcome Back BBQ

Open up the new school year by the grill with ALANA Services.

See old friends and make new ones over music, food, and beach games!

When: September 4, 2015
Where: Gardens Volleyball Pit
Time: 3-5pm

Words from ALAS

As Hispanic Heritage Month, which spans from September 15th to October 15, quickly approaches, the Association of Latin American and Spanish Students, better known as ALAS, would like to announce this year’s theme: “El Camino Hacia un Mejor Futuro,” or “The Journey to a Better Future.”

Our motivation towards this theme, “El Camino Hacia un Mejor Futuro” is rooted in the ideals of past heritage month themes, “Voy a ser” and “Yo Decido.” These themes emphasize the importance of the Latino and Hispanic voice in American culture and the importance of awareness for current issues. This year, “El Camino Hacia un Mejor Futuro,” focuses on the risks that undocumented people take to come to the United States in their search for a better future, both for themselves and their children.

Our upcoming events for this year’s Latino Heritage Month will highlight some of the riches that the Latino culture brings. We invite our Loyola Community to experience with us a sample of our cultural offerings. Our first event will be our annual Latin Fest on September 24th! Followed by a Keynote Address given by two time HBO Def Poet Joe Hernandez-Kolski on October 1st. Next, we will host a Panel Discussion about being the child of an immigrant with a surprise keynote speaker on October 8th.

By joining us in these eye opening events, together we will gain better insight towards the current issues we are expose to such as the impact that Hispanics have applied to American culture, and the honor we hold towards its culture.
You know that one person in your life that looks out for you? They may possibly be a friend, relative, or even a coach. Truth is, we all flourish with these types of relationships active in our lives. **What is it?**

The ALANA Mentoring Program (AMP) aims to establish a mentor mentee relationship between first year students and upperclassmen, who will assist in adjusting to campus life here at Loyola University Maryland. **Who?**

AMP is directed towards first year students, and then pairs them with well trained upperclassmen that have a strong desire to assist in various campus activities. Mentors will be responsible for helping the mentees comprehend the dynamics of culture, academia, and other co-curricular activities. **On the Fence?**

Think of the most successful person in your life. Do you look up to this person? They most likely have had, and currently have a mentor. **Want to Join?**

No problem! You can sign up to be a part of AMP by completing the **Mentee Interest Form** and emailing it ASAP to mpugh@loyola.edu

---

**INTERNATIONAL FESTIVAL**

*Come out for our International Festival*

**Where**
McGuire Hall

**When**
12-2pm

**More than just food**
Massages, traditional henna tattoos, and much more!

**Want to participate?**

Contact:
Kathy Mai: kmnguyen@loyola.edu
Oladipo Adedeji: oadedeji@loyola.edu
Mickey Pugh: mpugh@loyola.edu

---

**StAMPede**

The first student to turn in a completed crossword to the ALANA Graduate Assistant office will win 2 tickets to Latin Fest!
Ignatius Scholars Program

Each year since 2012, the Ignatius Scholars Program (ISP) has given three cohorts of 30 students an advantage above their peers who arrive the fall. The program is made possible by a grant from the Maryland Higher Education Commission and coordinated by the Office of Student Development, ALANA Services, and the Academic Advisement and Support Services (AASC). Participants in the program primarily include students of color, students who demonstrate significant financial need, and first-generation students.

From August 9th to August 23rd, this year’s ISP students, or I-Scholars, cultivated eloquencia perfecta, or the Jesuit tradition of exhibiting effective speech and writing, through courses in math, reading, and writing. They also discovered Loyola University Maryland’s (LUM) supportive services through a series of workshops. Cultural excursions and a day of service with York Road Initiative allowed I-Scholars to acquaint themselves with the people and landmarks of “Charm City.”

I-Scholars constructed their supportive networks through teambuilding exercises, academic advisory meetings, and visiting their professors. During each week of the fall semester, I-Scholars will be held accountable for using The Study for at least 10 hours and attending weekly meetings with AASC to track their overall transition to LUM.

Current I-Scholars shared several highlights of the program:

“The fact that we get to come and meet people first hand and get ahead of the game before everyone else so we’re more prepared.” —Maya Jaajah

“I love all of the support and friendliness from the leaders...” —Toni Tracey

“I love the diversity.” —Kham Khai

“I liked being able to come before my roommate.” —Bria Langston

“Knowing that there are people that we can go to even when the semester starts.” —Jaylene Vasquez

“I love having an insight of the whole campus before actual classes start...I know where I’m going.” —Nathalie Walker

“I like the workshops...we get to meet different Loyola representatives and we end up getting insight that not many other students will ever hear.” —Joseph Aguilera

Left: 2015 I-Scholars and their Peer Leaders in Mount Vernon Park.

22nd Annual ALANA Breakfast

Saturday, October 3, 2015
8:00am ~ 10:00am
McGuire Hall

To register please visit
www.loyola.edu/alana

Left: 2015 I-Scholars and their Peer Leaders in Mount Vernon Park.
Welcome ALANA’s New GAs!

**Kathy Mai** is excited to be joining the ALANA Services staff as the new Leadership Development and Cultural Programming Graduate Assistant. Her responsibilities include working closely with student leaders on coordinating and programming for heritage celebrations and other student organization events.

Born and raised in Massachusetts, Kathy is proud to be from New England. She earned her Bachelor of Arts in Psychology (with a concentration in Women & Gender Studies) from the College of the Holy Cross in 2015. At Holy Cross, Kathy was an ALANA student and was an active executive board member for A.S.I.A. (Advocating Student Interest in Asia). She is passionate about working with students of color, stemming from her unique experiences at HC. At Loyola University Maryland, she is pursuing a Master’s in Clinical Psychology. In the future, she hopes to continue her education in the Psy.D Clinical Psychology program at Loyola Maryland.

In her free time, she likes to cook, shop, travel (she recently studied abroad in Ho Chi Minh City, Vietnam), listen to music (she was a DJ and CD reviewer for Holy Cross’s radio station) and she loves going to the gym.

**Mickeyal Pugh** is looking forward to joining the ALANA team as the new Research and Retention Graduate Assistant. Some of Mickeyal’s responsibilities include advising the ALANA Mentoring Program and working closely with the Peer Mentor Coordinators in order to make sure our ALANA students are successful in all areas.

Mickeyal was born right down Charles St. at GBMC Hospital, so he feels as if his life is coming in full circle being here at Loyola University Maryland.

He participated in three sports during his undergraduate career at Lebanon Valley College, which were football, indoor track and field, and outdoor track and field. Here at Loyola, he is pursuing a Master’s degree in Clinical Psychology with hopes on attaining a Psy.D in the near future.

He has a strong passion for understanding the relationship between legal issues and psychology. In addition, he plans to provide programs that offer clinical, counseling, and legal services in under-resourced communities.

In his spare time, Mike likes to workout, play basketball and football, and even likes to knit. He also enjoys Kung-Fu movies and anything related to comic books.

ALANA’s Academic & Career Enrichment GA Returns!

After an eventful first year of building meaningful relationships with the Loyola community, Oladipo “Dipo” Adedeji is excited to return as the Graduate Assistant of Academic and Career Enrichment (A.C.E.)! This summer, he enjoyed meeting members of the class of 2019 through the Ignatius Scholars Program and the Multicultural Awareness Program. He also reconnected with upperclassmen and recent alumni. He looks forward to seeing all of them use their talents and pursuing their personal and professional dreams.

Dipo’s role in ALANA comprises of connecting ALANA students to Loyola’s various support services through the A.C.E. Wednesday workshop series and ALANA’s online scholarship and internship databases. Regarding his education, he is currently in the 2nd year of Loyola’s Masters of Science program in Pastoral Counseling. After graduating from Loyola in 2017, he hopes to open further his passion to guide young leaders around the world in making self-encouraging and empowering decisions (SEED) by opening community centers.

When reflecting on his first year at Loyola, Dipo mentioned that working for the ALANA did not afford him the luxury of ignoring the violence, protests, and demonstrations across the nation. Several of the workshops, including Gender Inequality and Culture Clash, made him process his relationship with the nation’s ongoing struggle with race and diversity.

He is grateful for several members of the Loyola community for helping him cope with the demands of grad school and discovering new strengths. He looks forward to extending the same support to ALANA students and working with other offices across Loyola!
We asked two of ALANA’s sophomores, Christopher Kelble and Sarah Lewis, to share highlights from their summer. Sarah and Christopher experienced the Ignatian Scholars Program (ISP) together as incoming first-years in 2014, and they both returned this year to serve as ISP Peer Leaders.

When asked to describe their experiences as ISP Peer Leaders, both Sarah and Christopher, or Chris, were candid about the demanding yet rewarding nature of their work. “It is exhausting in all honesty,” said Sarah, “but worth getting to see how things work behind the scenes.”

Chris held similar sentiments about peer leadership. “Being a peer leader is very different from being a participant in the program,” Chris said, “but I am always tired because of the going to bed late and waking up early. In some ways this program is all about sharing and being open to make a community, but in different ways.”

Sarah also commented on balancing her role as a peer and a leader, saying, “It’s hard to not enjoy everything they [the 2015 I-Scholars] are doing as well, I love being able to hang with them during free time as well as getting to go around Baltimore.” Chris expressed that exploring downtown Baltimore with its restaurants and attractions were peak moments for him, too.

Chris also explained how the expectation of ISP Peer Leader differed from that of an I-Scholar. “As a participant,” he said, “it was more about sharing who you are to form a sense a family. As a leader it is more about sharing what you have learned as a peer to bring everyone into their best self as a student...”

When asked about how her perspective of ISP changed since her days as an incoming first-year, Sarah explained that “I am the teacher now. I feel I know the ropes and can handle most situations that I couldn’t before. Yet even for leaders, we are still able to learn from experience,” which reflects magis, the Ignatian tradition of constantly improving.

Chris echoed the same feelings, saying that ISP “is still an amazing program at its core, but [I] now see how much work it really is to put this together...I am able to see how diverse the group is, not only in terms of where they come from or race, but also the wide range of personalities. Everyone is truly different in there own fabulous way.”

**Welcome Class of 2019!**

Many of you received a Catholic education before attending Loyola. Even if you did not, you will hear a lot of Latin around campus. It’s just part of the Loyola lingo and the Ignatian vision for the university.

Here is a short poem based on Loyola University Maryland’s (LUM) core values, each of which reflects and celebrates LUM’s Jesuit heritage.

We want you to strive For ACADeMIC EXCELLEnCEnce, But don’t forget about CURA PERSONALiS, Use your DISCERNMENT To CONSTANTLY CHALLENGe TO IMPROVe yours elf And sense of DIVERSiTY. Where would Loyola be Without COMMUNITY? Where would Loyola be Without INTEGRiTy? Could we really SERVe? Could we really LEAD? Could we fight for JUSTiCE And really be free?


Though this mnemonic device seems juvenile at first glance, internalizing these values makes you a well-rounded student and professional after you graduate. Yet one of the most important phrases you’ll hear is finding God in all things, which sums up Ignatian Spirituality. It invites a person to search for and find God in every circumstance of life, not just in rituals of religion such as the Mass or church.

**So how do you grow in the ability to find God everywhere?**

Begin by being **attentive** to what’s really there and **reverent** of what you see, feel, and hear. Notice your consolations (sources of joy) and desolations (sources of fear & anxiety). Appreciate your experience and the object of your attention in its uniqueness. With practice, “you will find devotion, the singularly moving way in which God works in that situation, revealing goodness and fragility, beauty and truth, pain and anguish, wisdom and ingenuity.”

### September 2015

**Latino Heritage Month**

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>Course Add/Drop Ends</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>LHM Keynote Speaker</td>
<td>Institut Activities</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>ALANA Breakfast</td>
<td>Welcome Back BBQ</td>
<td></td>
</tr>
<tr>
<td></td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>LHM Art Gallery</td>
<td>(3-5pm; Gardens)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>LHM Keynote</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>Latin Fest</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>Sister to Sister</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>ALAS Luncheon</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>Sister to Sister</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### October 2015

**Latino Heritage Month**

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>ALAS Keynote Speaker</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>4</td>
<td>5</td>
<td>6</td>
<td></td>
<td>7</td>
<td></td>
</tr>
<tr>
<td></td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>ALAS Panel Discus.</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>Sister to Sister</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>ASA General Body</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>ALAS Luncheon</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>Sister to Sister</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>ALAS General Body</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>28</td>
<td>29</td>
<td>30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>31</td>
<td></td>
<td>31</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Special Dates

- **October 1st:** LHM Keynote Speaker
- **October 3rd:** ALANA Breakfast
- **October 6th:** LHM Art Gallery
- **October 8th:** LHM Keynote
- **October 9th:** Latin Fest

#### Important Dates

- **Course Add/Drop Ends:** AMP Meet & Greet (7-8:30pm; 4th Floor)
- **Institut Activities Welcome Back BBQ:** (3-5pm; Gardens)
- **Institut Activities LHM Art Gallery:** (4-6:30; McGuire)
- **Institut Activities Sister to Sister:** (5-6:30; CMC)
- **Institut Activities ASA Lady T Tryouts:** (5-8pm; Reading)
- **Course Add/Drop Ends:** AMP Mentor Training (4-6pm; Cohn 133)
- **Applications due for May Graduation:** ALAS Salsa Night (9-12pm; 4th PR)
- **CSU CarWash:** (12-4pm; Motorpool)
- **Midterm Grades Due:** AMP Meet & Greet (7-8:30pm; 4th Floor)
- **Course Add/Drop Ends:** AMP Meet & Greet (7-8:30pm; 4th Floor)
- **Course Add/Drop Ends:** AMP Meet & Greet (7-8:30pm; 4th Floor)
- **CSU CarWash:** (12-4pm; Motorpool)
- **Midterm Grades Due:** AMP Meet & Greet (7-8:30pm; 4th Floor)
Let’s Talk 2015-2016

Prevent Sexual Assault: Be a “Designated Friend”

Greetings from the Counseling Center! We extend a special welcome to first-year students and a warm “Welcome back” to returners!

Sexual assaults on college campuses are most common early in the school year and in the context of substance use. Often, the lead-up to the assault is witnessed by others, but not thwarted. Either people don’t understand what they’re seeing (they might think the couple is “just hooking up”), or they assume that, “if it were a problem, someone else would be stopping it.” BUT -- IF YOU WOULDN’T LET A FRIEND DRIVE DRUNK, WHY WOULD YOU LET THEM HOOK UP WHILE DRUNK? A designated friend understands that sexual assault often looks like a hook up. And that it’s not always loud or disruptive. They know that most often, sexual assault occurs quietly, because the intoxicated victim is just led away, incapable of consent or resistance. A designated friend plans in advance what to do in risky situations, as when an obviously incapacitated person is being led into a private space where s/he might be harmed. A designated friend knows that it’s important to: Step in. Ask questions. If necessary, get assistance from others. If just one person speaks up, that can prevent a sexual assault. For more information about healthy relationships, please see our website http://www.loyola.edu/counselingcenter/concerns/relationships.html or stop by the Counseling Center to schedule an appointment to speak with a counselor (HU150/410-617-2310). We are here to talk about relationships of all kinds. You might also consider some of the other helpful resources on campus, including: The Women’s Center, Campus Ministry, Student Health and Education Center, Alcohol and Drug Education and Support Services, and Spectrum. Let’s Talk!

ALANA Organization Presidents

African Student Association
Uche Emili

Asian Cultural Alliance
Lauren Sese

Association of Latin American & Spanish Students
Carlos Amador

Black Student Association
Kyhla Desire

Caribbean Student Union
Crystal Godette