






March 10-14					
	MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY
LUNCH 	Slice Pork Loin Roast (GF)	Sweet & Sour Pork Stew	Beef & Guinness Stew	Lemon Garlic Broiled Cod	Broiled Salmon
	Sun-Dried Tomato, Artichoke & Cheddar Quiche	Chinese Honey BBQ Beef	Italian Sausage & Peppers	Maple Mustard Glaze Roasted Pork(GF)	New England Fish & Chips
	Vegetable Stuffed Flounder	Asian Fried Fish	Turkey Schnitzel	Grill Sirlion	Roasted Vegetable Strudel
	Grill Herb Chicken(GF)	Thai Chicken Sate	Lemon Thyme Grilled Chicken	Grilled Chicken Sate Kebabs	Chimichurri Chicken
	Okra with Tomatoes	Vegetable Stir Fry	Red Cabbage(GF)(V)	Braised Greens(GF)(V)	Pesto Parm Tomatoes(GF)
	Glazed Carrots(GF)(V)	Steamed Napa Cabage(GF)(V)	Roasted Acorn Squash	Sweet Peas & Corn	Zuccinhni Toast
	Mash Potatoes	Fried Rice	Parsley Potatoes	Mash Potatoes	Mash Potatoes
	Mac & Cheese	Lo Mein Noodles	Mac & Cheese	Mac & Cheese	Mac & Cheese
DINNER 	BBQ Pork Ribs	Country Fried Steak	Spiced Pork Chop	Sliced Beef Au Jus	Seafood & Chicken Jambalya
	BBQ Pull Beef	Grilled Pork Loin	Middle Eastern Beef Stew	Pork Sate	Shrimp Etofee
	Fried Catfish	Grilled Salmon	Mushroom and Pepper Cornmeal Tart(GF)(V)	Indian Fried Fish	Vegetable Empanada
	Grilled BBQ Chicken	Country fried Chicken	Grilled Jerk Chicken	Tandoori Grilled Chicken	Roasted Cajun Chicken
	Green Beans(GF)(V)	Glazed Vegetables(GF)(V)	Spinach(GF)(V)	Braised Cabbage(GF)(V)	Roasted Squash(GF)(V)
	Steamed Broccoli(GF)(V)	Broccoli Medley(GF)(V)	Roasted Butternut Squash	Sauteed Mushroom,Peppers & Onions(GF)(V)	Collard Greens(GF)(V)
	Mashed Potatoes	Brown Rice	Mash Potatoes	Basmati Rice	Dirty Rice
	Mac & Cheese	Mashed Potatoes	Scalloped Potatoes	Roasted Potatoes	Mac & Cheese
	Roasted Chicken(GF)	Whole Grain Mustard Chicken(GF)	Baked Stuffed Flounder(GF)	Grilled Beef(GF)	Asian Style Turkey(GF)
	Fried Pork(GF)	Grilled Steak(GF)	Fried Chicken(GF)	Grilled Chicken(GF)	Asian Style Baked Cod(GF)
	Chickpea Fritter(GF)(V)	Eggplant Croquette(GF)(V)	Root Vegetable Cake(GF)(V)	Savory Squash & Apple Cakes(GF)(V)	Squash Frittata(GF)(V)
	Roasted Squash(GF)(V)	Steamed Broccoli(GF)(V)	Marinated Beets(GF)(V)	Asparagus(GF)(V)	Saffron Roasted Califlower(GF)(V)
	Rice Pilaf(GF)(V)	Steamed Rice(GF)(V)	Wild Rice(GF)(V)	Basmati Rice(GF)(V)	Brown Rice(GF)(V)
	Vegetable Gumbo(GF)	Chicken & Rice(GF)	German Leek & Potato	Tomato Florentine(GF)(V)	New England Clam Chowder
	Turkey Chili(GF)	Three Bean Chili(GF)	Cream of Chicken	French Onion	Spicy Black Bean(GF)(V)
	Turkey Bacon Swiss	Turkey Bacon Swiss	Turkey Bacon Swiss	Turkey Bacon Swiss	Turkey Bacon Swiss
	Rachel Turkey, Swiss, Saukraut, Russian Dressing	Meatball Marinara Meatballs, Marinara, Mozzarella Cheese	Chicken Parm Breaded Chicken, Marinara, Mozzarella	Italian Sausage Butterflied italian Sausage links, peppers, onions, marinara	Tuna Melt