9/23-9/27	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH IGGY'S Dish	**Beef & Bean Burrito** **Lemon Parmesan Pollack** **Lasagna** **Gilled London Broil (Premium Entrée)** Lemon Fingerling Potatoes Saffron Rice Roasted Mushrroms Broccoli Rabe w/ Yellow Peppers	**Pork Lo-mein** **Lemon Tilapia** **Cheese Ravioli** **Farm Raised Capon Chicken** Jasmin Rice Hong Kong Noodles Asparagus & Shittake Stir- fry Grilled Radicchio & Squash	**Mexican Lasagna** **BBQ Pork Loin** **Manacotti** **Chimichurri Sirloin (Premium Entrée)** Baked Sweet Potato w Maple Sour Cream Rice Pilaf Sauteed Swiss Chard Grilled Mushrooms & Leeks	**Chicken w Sundried Tomatoes & Spinach** **Grilled Hamsteak** **Polenta & Mushroom Ragout** **Herb Crusted Salmon (Premium Entrée)** Firecracker Cornbread Rosemary and Smoke Cheedar Mash Sweet n Sour Red Cabbage Sauteed Spinach & Raisins	**Chipotle Roasted Chicken Thighs** **Baked Chicken** **Veggie Frittas** **Marinated Tuna Steak (Premium Entrée)** Couscous w Pistacchio Quinoa & Cranberry Pilaf Fried Green Tomatoes Baked Saffron Cauliflower
DINNER IGGY'S Dish	**Chicken Adobo** **Herb Haddock** **Mushroom with Veggie Strudal** **Wild Mushroom Stuffed Skirt Steak (Premium Entrée)** Sauteed Sweet Potatoes & Spinach Spanish Rice Carrot Fritters Spagetti Squash & Chard Gratin	**Beef & Cheese Mac** **Southern Fried Chicken** **Lentil Cake With Tomatoes Salsa** **Stuffed Pork Chop-Pineapple Stuffing** Chili Oven Fries Mac & Cheese Butternut Squash Fries Battered Asparagus & Lime Dipping Sauce	**Sliced Beef w/ Thyme Gravy** **Pineapple Glazed Porkloin** **Corn & Veggie Enchilada Pie** **Pan Seared Scallops (Premium Entrée)** Rice & Roasted Tomatoes Creame Cheese and Thyme Mashed Baked Zucchini Sticks Roasted Cauliflower w Chile, Cilantro, Lime	**Ancho Chili Flank Steak** **Sweet n Sour Chicken** **Miso Glazed Tofu Steaks** **Asian Style Porkloin** Pecorino Pepper Polenta Cake Mac & Cheese Brocolini in Sesame Ginger Sauce Pumpkin Wedges w Sage	**Salisbury Steak** **Drunken Chicken** **Glazed Lentils with Polenta** **Lemon Pepper Cod** White Beans w Pumpkin Grilled Sweet Potatoes Steamed Green Beans Breaded Mushrooms
ALLERGY SAFE ZONE	Spicy Black Bean Cake Sea Salt Roasted Chicken Garlic Tossed Brown Rice Rotini Root Vegatables North African Carrots Stew Polenta Fries	Tarragon Beef Pumpkin Miso and Carrot Onion Muffins Steamed Baby Bok Choy Brown Rice Curry Vegetable Polenta Fries	Jerk Tilapia Hawaiian Style Tofu Stewed Portabella Roasted Sweet Potato Chipotle Vegetable Polenta Fries	Curried Chicken Ginger Beef Red bean & Rice Fried Mafungo Quinoa Pilaf Polenta Fries	SmokeTurkey & Garbanzo Grilled Salmon Roasted Vegetable w/ Curry&Coconut Hummus Babaganoush Polenta Fries
fresh STOCK	White Bean & Spinach Buffalo Chicken	Cream of Turkey Mushroom Barley	White Bean & Chicken Chili Beef Vegetable	Spicy Black Bean Chili Egg Drop	New England Clam Chowder Chicken Tortellini
NEWMAN DELI	**Turkey Bacon Swiss** **Chicken Fajita** Chicken, caramelized onions, peppers, jack cheese, sour cream spread **Powerhouse** Spinach, rr peppers, cucumbers, dijonaise	**Turkey Bacon Swiss** **Rueben** Pastrami, Swiss, Saurkraut, Russian Dressing **Citrus Salmon** RR pepper, feta, pickles, sliced tomato	**Turkey Bacon Swiss** **Rachel** Turkey, Swiss, Saukraut, Russian Dressing **Brie & Apple** Dijon, Brie, Apple, caramelied onions, bacon	**Turkey Bacon Swiss** **Meatball Marinara** Meatballs, Marinara, Mozzarella Cheese **Hawaiian Chicken** Teryaki Chicken, pineapple,White onion	**Turkey Bacon Swiss** **Chicken Parm** Breaded Chicken, Marinara, Mozzarella **Chicken Chesapeake** Chicken, crab dip, american cheese, oldbay seasoning