Fitness and Aquatic Center  
Recreational Sports, Loyola University Maryland  
Child/Youth Usage Policy

The Department of Recreational Sports is dedicated to providing quality recreational experiences for all Fitness and Aquatic Center (FAC) members and their guests. To promote the safety and satisfaction of all who use the FAC, the Department of Recreational Sports developed this Child/Youth Usage Policy.

General
- **Direct Supervision Defined**: adult member with minor at all times, engaged in activity with the child/youth.
- Children/youth ages 15 and under must be accompanied by an adult member who is at least 18 years of age, in order to utilize the FAC.
- Children/youth ages 10 and under must be directly supervised by an adult member at all times, in all areas of the FAC.
- Children/youth ages 17 and under are not permitted to bring guests into the FAC.
- Children under the age of 2 do not need to be members and will not be assessed daily guest fees when using the pool (program fees will be assessed).
- Recreational Sports administrators, at their discretion, may impose additional restrictions on the use of FAC facilities by individual members.

**Aquatic Center (pool, hot tub, sauna)**

Children/youth ages 11-17 must complete and pass a swim test to be unsupervised by an adult member in the Aquatic Center (pool area).

Children/youth ages 10 and under must be directly supervised by an adult member at all times when in the Aquatic Center, regardless of swimming ability.

Children/youth ages 8 and under, who do not pass the swim test, must be within arms reach of an adult member who is in the pool at all times, regardless of floatation device. Non-swimming children/youth ages 9 and up must be within arms reach of an adult member at all times, unless child is wearing a Coast Guard approved life vest.

Children/youth ages 6 and under are not allowed to use the hot tub or sauna at any time (7-10 years of age must have an adult member on deck supervising the minor).

**Swim Test**: Arrangements for a swim test can be made through the Assistant Director of Aquatics and Special Events or the lifeguard on duty. Wrist bands may be provided to those who pass. The swim test consists of a 25 yard swim on the stomach, and after a brief rest, treading water for 2 minutes with the head above water.

**Climbing Wall/Bouldering Cave**

Children/youth ages 6 and under are not permitted to use the Climbing Wall/Bouldering Cave. Children/youth between the ages of 7 and 15 are permitted to participate with the direct supervision of an adult member during all Climbing Wall Hours. Belaying is provided.
Family Changing Room
It is highly recommended that members with children/youth ages 10 and under utilize the FAC Family Changing Room located adjacent to the pool. FAC staff will provide access upon member requests. If the Family Changing Room is unavailable, families are encouraged to use the restrooms in the front lower level lobby.

Fitness Center (all strength and cardio machines in FAC)
Children/youth ages 16 and older may enter the Fitness Center or use any of the equipment located there or the equipment on the track, at any time, with or without adult supervision.

Outdoor Adventure Experiences
Members must be at least 18 years of age to participate on Outdoor Adventure trips. Loyola University students under the age of 18 are eligible with a signed release from his/her parent or legal guardian.

Track
Adult members may carry infants or toddlers "on the body", in infant backpacks or a “snuggly”, while walking on the track. All other children/youth ages 10 and under are not permitted to enter or use the jogging track at any time. Children/youth must be 16 years of age to use cardio machines located on track.

OTHER

Equipment Check-Out and Day Locker Use
Children/youth must be at least 16 years of age and have a valid Loyola membership identification card to check-out equipment items or day-use lockers.

Instructional Class Participation
Children/youth must be 16 years of age or older to participate in instructional classes offered at the FAC (EXCEPTION: Learn to Swim, Family Programs).

Strollers/Carriages/Infant Car Carriers
Strollers, carriages and/or infant car carriers are permitted in the FAC when: transporting a child/youth to the pool area for pool usage; touring the FAC; while an adult member is spectating an event or visiting an office in the FAC; when allowing a toddler to crawl/walk in hallways and on Gym A, B or MAC. Members are not permitted to exercise while leaving a child/youth in a stroller, carriage or infant car seat carrier.

The Department of Recreational Sports reserves the right to review and amend this policy from time to time.
8/29/11