Spring 2013 Academic Success Workshops

Time Management & Avoiding Procrastination

January 30 at 1:00p
February 5 at 2:00p
February 13 at 2:00p
February 22 at 11:00a
March 13 at 2:00p
March 20 at 1:00p
April 5 at 11:00a
April 18 at 3:00p

Academic Goal Setting

February 1 at 11:00a
February 4 at 1:00p
February 12 at 11:00a
February 20 at 1:00p
February 26 at 11:00a

Test Taking Tips

February 11 at 11:00a
February 19 at 2:00p
February 25 at 1:00p
March 12 at 10:00a
March 18 at 1:00p
March 25 at 11:00a
April 3 at 2:00p
April 10 at 1:00p
April 16 at 10:00a
April 23 at 11:00a

Test Preparation Techniques

February 12 at 1:00p
February 18 at 11:00a
February 25 at 10:00a
March 11 at 1:00p
March 19 at 10:00a
April 2 at 11:00a
April 9 at 11:00a
April 17 at 2:00p
April 22 at 11:00a

Avoiding Test Stress and Anxiety

February 11 at 2:00p
February 19 at 11:00a
February 28 at 10:00a
March 15 at 11:00a
March 18 at 11:00a
April 8 at 11:00a
April 15 at 2:00p
April 25 at 11:00a

Effective Note Taking

February 4 at 10:00a
February 15 at 11:00a
February 18 at 2:00p
February 27 at 1:00p
March 14 at 3:00p

Exploring Your Learning Styles—Tips on How to Study More Effectively

February 5 at 11:00a
February 14 at 3:00p
February 20 at 3:00p
March 12 at 3:00p
March 22 at 11:00a
March 26 at 10:00a
April 4 at 3:00p
April 8 at 2:00p

Strategies for Improving Memory

February 14 at 10:00a
February 27 at 3:00p
March 25 at 2:00p
April 11 at 10:00a

Space is limited, so please RSVP to Molly Fredette at mfredette@loyola.edu or call at 410-617-2623. You may also register online at www.loyola.edu/thestudy.

All workshops will be held at The Study, Jenkins Hall 3rd floor.

Workshop days and times can change, so please check The Study's website for updates.

If you cannot attend a scheduled workshop, please contact Molly Fredette to set up a 1-on-1 appointment.

The Study

Jenkins Hall, 3rd Floor

www.loyola.edu/thestudy