

Externship Site

*Baltimore VA Medical Center – Substance Use Disorders and Co-Occurring Conditions (SUD+) placement
10 N. Greene St., Baltimore, MD, 21201*

Site: Outpatient
 Inpatient

Community Mental Health
 Hospital
 Government
 School Placement
 University Counseling Center
 Private Practice

Population

Adult
 Child
 Both

Special Population: *If special population, please use this space to specify. Delete if not applicable.*

Clinical Experiences

Extern Opportunities: Individual Therapy
 Group Therapy
 Couples Therapy
 Assessment (availability may vary during pandemic)
 Research

Therapy Model: At present, the provision of clinical services in our clinic is primarily conducted via telehealth options (i.e., telephone or video). This placement involves training in evidence-based treatment practices for a large range of clinical presenting problems. Treatment interventions vary depending on therapy context but draw heavily on contextual and transdiagnostic approaches to treatment (such as Acceptance and Commitment Therapy, Dialectical Behavior Therapy). Whereas some theoretical approaches to therapy may attempt to treat one diagnosis before addressing another, a transdiagnostic approach attempts to identify and treat core mechanisms that may be influencing a variety of symptoms. Based on experience in our program, and

the commonality of co-occurring disorders, this offers a specialized yet comprehensive approach for working with this clinical population.

Assessment: Comprehensive assessment batteries integrating evidence-based structured and semi-structured clinical interviews, personality assessment, cognitive measures, and other measures of psychosocial functioning. Psychosocial intakes are also a common practice for all new referrals that focuses on informal assessment designed to inform treatment planning and case conceptualization.

Supervision

Primary Supervisor/Training Director Name:

Primary Supervisor/Training Director Qualifications:

Supervision: Individual (**Frequency:** At least one hour of direct supervision per 8 hours of training on site. Typically this would involve at least one hour of formal supervision with Dr. Sandt per week, and one hour of supervision with Dr. Thrash per week. Trainee will also be involved in weekly team meetings, weekly consultation meetings, and informal or impromptu supervision meetings as needed.)

Group (**Frequency:** Typically 30-60 minutes per week focusing on group co-facilitation with group co-facilitators.)

Application

Deadline: *February 1st, 2020*

Application Requirements: CV
 Cover Letter
 Letters of Recommendation
 Phone Interview
 In-Person Interview
 Other (Please specify:) Letter of readiness from DCT