Child and Family Therapy Clinic – Externship Training Program

Department of Behavioral Psychology

Kennedy Krieger Institute

Thank you for your interest in learning more about the Child and Family Therapy (CFT) clinic at the Kennedy Krieger Institute!

**Application Process:**

The application for practicum students consists of a cover letter with stated interest, a current CV, and two letters of recommendation. Completed applications should be emailed to Dr. Megan Norman at [NormanM@kennedykrieger.org](mailto:NormanM@kennedykrieger.org). Applications are welcome between the months of December – February with the deadline being **February 1, 2021**.  Interviews, most likely virtual, will be conducted during the month of February and we very much look forward to meeting perspective trainees.

Location Address: Child and Family Therapy Clinic

ATTN: Dr. Megan Norman

Kennedy Krieger Institute

720 Aliceanna Street, Suite 204

Baltimore, Maryland 21202

**Training Program:**

The CFT externship program is an advanced training placement, where externs train alongside of doctoral interns in our APA accredited internship program. Extern students work two days per week and Mondays are mandatory, as all trainees and supervisory staff attend our weekly clinic meeting. Practicum trainees complete weekly intakes at the start of their training and as caseloads build, they complete monthly intakes. Trainees regularly meet an average of 6-10 clinical hours per week. Our cohorts have ranged from 2 up to 9 externs per year and students train from September through June. We anticipate a cohort of up to 4 externs for the 2021-2022 year.

**Services Provided:**

Externs work with patients in a family therapy and individual therapy format depending on the needs of the particular case. Further, there may be opportunities to participate in our group therapy program depending on the amount of groups and clinicians available during specific times throughout the training year.

**Supervision:**

Practicum students participate in an extensive clinic orientation at the beginning of their training. Practicum students receive 1 hour of individual supervision by a licensed psychologist as well as the option for a second hour of supervision by a postdoctoral fellow. Practicum students are required to attend bi-weekly CFT clinic didactic presentations surrounding application of Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), Functional Family Therapy (FFT), and Acceptance and Commitment Therapy (ACT) frameworks to cases.

**Population Served:**

The primary population served by the CFT clinic includes school-aged children, adolescents, and families with common referrals including disruptive behavior problems, ADHD and impulse-control difficulties/executive functioning difficulties, anger-management/aggression, parent-child conflicts, parent-teen communication difficulties, depression, mood disorders, anxiety disorders, fears, phobias, panic, school-related difficulties, adjustment-related problems, stress management, emotion-regulation difficulties, mild self-harm, poor coping, and family transition issues. Families may also present with unique stressors surrounding concerns regarding their child or adolescent’s behavior that include divorce/separation, bullying, peer conflict, military deployment, transition to a new environment, or lack of social support. The clinic serves children and adolescents between the ages of 5 and 20.

Students interested in learning about our clinic can the link below:

<http://www.kennedykrieger.org/patient-care/patient-care-programs/outpatient-programs/child-and-family-therapy-clinic-cft>

If students would like further information, please contact:

**Dr. Megan Norman**

[**NormanM@kennedykrieger.org**](mailto:Persampiere@kennedykrieger.org)

**443-923-7521 (Office)**