

Externship Site

Children's National Health System
Behavioral Pain Medicine Program
111 Michigan Ave, NW
Washington, DC 20010

Site: Outpatient
 Inpatient

Community Mental Health
 Hospital
 Government
 School Placement
 University Counseling Center
 Private Practice

Population

Adult
 Child
 Both

Note, majority is adolescent and young adult; some young children and some adult.

Special Population: *patients with chronic pain conditions, many with multiple health conditions*

Clinical Experiences

Extern Opportunities: Individual Therapy
 Group Therapy
 Couples Therapy
 Assessment
 Research

Therapy Model: *Pain-focused cognitive behavioral therapy, incorporating Acceptance and Commitment Therapy. Intervention modalities include biofeedback assisted relaxation training and interdisciplinary consult appointments.*

Supervision

Primary Supervisor/Training Director Name:

Primary Supervisor: Laura Gray, PhD

Training Directors: Lisa Efron, PhD & Eleanor Mackey, PhD

Primary Supervisor/Training Director Qualifications:

Licensed psychologist (DC, MD, VA), completed internship at Boston Children's Hospital & Fellowship at the Pain Clinic at Boston Children's Hospital.

Supervision: Individual (**Frequency:** *Weekly 1.5-2 hours*)
 Group (**Frequency:**)

Application

Deadline: *February 1st*

Application Requirements: CV

Cover Letter

Letters of Recommendation

Phone Interview

In-Person Interview

Other (Please specify:)