Child and Family Therapy Clinic – Externship Training Program

Department of Behavioral Psychology

Kennedy Krieger Institute

Thank you for your interest in learning more about the Child and Family Therapy (CFT) clinic at the Kennedy Krieger Institute!

**Application Process:**

The application for practicum students consists of a cover letter with stated interest, a current CV, and two letters of recommendation. Completed applications should be emailed to Dr. Alex Tice at tice@kennedykrieger.org. Applications are welcome between the months of December – February with the deadline being **February 1, 2022**.  Virtual interviews will be conducted during the months of January and February and we very much look forward to meeting perspective trainees.

Location Address: Child and Family Therapy Clinic

Attn: Dr. Alexander Tice

1750 E. Fairmount Ave, 4th floor

Baltimore MD 21231

**Training Program:**

The CFT externship program is an advanced training placement, for 3rd and 4th year externs to train alongside of doctoral interns in our APA accredited internship program. Extern students work two days per week and depending upon the state of the pandemic, we hope all externs will be onsite at least one day per week, and providing a mixture of on-site and telehealth treatment. In addition, Monday’s are typically a required day, as want all trainees and supervisory staff attend our weekly clinic meeting. Practicum trainees complete weekly intakes at the start of their training and as caseloads build, they complete monthly intakes. Trainees regularly meet an average of 6-10 clinical hours per week. Our cohorts have ranged from 2 up to 9 externs per year and students train from September through June. We anticipate a cohort of up to 4 externs for the 2022-2023 year.

**Services Provided:**

Externs provide outpatient psychotherapy services to patients in an individual and/family therapy format depending on the needs of the particular case. Further, there may be opportunities to participate in our group therapy program depending on the amount of groups and clinicians available during specific times throughout the training year. Services provided are currently hybrid, both in person and via telehealth.

**Supervision:**

Practicum students participate in an extensive clinic orientation at the beginning of their training. Practicum students receive 1 hour of individual supervision by a licensed psychologist as well as the option for a second hour of supervision by a postdoctoral fellow. Practicum students are required to attend bi-weekly CFT clinic didactic presentations surrounding application of Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), Functional Family Therapy (FFT), and Acceptance and Commitment Therapy (ACT) frameworks to cases.

**Population Served:**

The primary population served by the CFT clinic includes school-aged children, adolescents, and families with common referrals including disruptive behavior problems, ADHD and impulse-control difficulties/executive functioning difficulties, anger-management/aggression, parent-child conflicts, parent-teen communication difficulties, depression, mood disorders, anxiety disorders, fears, phobias, panic, school-related difficulties, adjustment-related problems, stress management, emotion-regulation difficulties, mild self-harm, poor coping, and family transition issues. Families may also present with unique stressors surrounding concerns regarding their child or adolescent’s behavior that include divorce/separation, bullying, peer conflict, military deployment, transition to a new environment, or lack of social support. The clinic serves children and adolescents between the ages of 5 and 20.

Students interested in learning about our clinic can the link below:

<http://www.kennedykrieger.org/patient-care/patient-care-programs/outpatient-programs/child-and-family-therapy-clinic-cft>

If students would like further information or to submit an application by email, please contact:

**Alexander Tice, Psy.D.**

[**tice@kennedykrieger.org**](mailto:tice@kennedykrieger.org)

**443-923-3892 (Office)**