



ADVANCED DOCTORAL

# EXTERNSHIP PROGRAM

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LOYOLA UNIVERSITY MARYLAND 2022-2023



*Advanced Doctoral Externship*

## CLINICAL SERVICE

We are excited to announce recruitment for the Counseling Center's Advanced Doctoral Externship for the 2022-2023 academic year. This externship experience provides advanced doctoral students in counseling/clinical psychology with integrative training and supervision that highlights the value of cultural humility in ethical clinical practice. Externs will engage in a variety of activities that build on their academic training and will gain a range of clinical skills that address the mental health and developmental issues of clients in a university counseling center setting. The externship program is a nine-month, part-time position.

### Clinical Service

Externs will spend most of their time providing brief individual counseling and psychotherapy to students with a wide range of psycho-social and emotional concerns. With the support of their supervisors, externs will explore a range of theoretical orientations and clinical techniques; ethical practice; therapeutic relationship building; the psychological change and healing process; cultural humility; and crisis intervention.

During the year, externs may have opportunities to gain experience in the following areas:

- Initial Assessment
- Brief Individual Therapy
- Group Counseling
- Comprehensive Referral
- Outreach (Optional)

Externs are expected to be available for 16-20 hours per week and carry an average caseload of 8-12 clients.



What to  
EXPECT

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## TRAINING & DEVELOPMENT

### **Training & Development**

At the beginning of the fall semester, externs will receive initial training and orientation sessions. During this time, externs will develop personal training goals based on an assessment of their experience and skills.

#### *Supervision of Individual Caseload*

Each extern will receive weekly, individual supervision, which is designed to support professional development, case management, and clinical skills. Individual supervision will be provided by a licensed psychologist on staff.

#### *Didactic Seminars & Group Supervision*

Didactic seminars will be offered by members of our multidisciplinary team that highlight clinical areas relevant to generalist practice and university counseling center populations. Group supervision will also be provided by a senior staff member for case presentations and consultation.

#### *Cultural Journal Reflections*

Externs will also complete Cultural Journals once a month intended to explore and further develop various identities throughout the externship year. During monthly meetings with the Associate Director for Social Justice, externs will reflect on their exploration.

#### *Administrative Duties*

Externs will be expected to complete administrative tasks in a timely manner and will consult with their clinical supervisors about the appropriate amount of time needed for these tasks.



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# ELIGIBILITY & APPLICATION PROCEDURE

## Eligibility

Candidates should be advanced doctoral students with at least two years of supervised clinical experience. Candidates should have completed preliminary course work including counseling skills, theories, ethics, and cultural considerations. We also encourage potential candidates to consider the potential for multiple relationships; please review our statement on multiple relationships.

## *Application Procedure*

For prompt consideration, please submit completed applications by February 1, 2022. However, we will accept applications on a rolling basis until February 18, 2022.

Application for this Advanced Externship requires the following completed documents:

- a. Cover letter
- b. Curriculum vitae
- c. Graduate transcript (unofficial is acceptable)
- d. Two recommendations that include information that highlights the following areas:
  - 1) case conceptualization, 2) awareness of and ability to respond to themes of equity and inclusion, 3) ethical practice, 4) use of supervision, and 5) workplace engagement/case management. We also appreciate consideration of areas for growth as we work to ensure our training program meets the needs of potential trainees.
  - Recommendations should be submitted to the Assistant Director for Training directly from the recommender.

Application materials can be faxed 410-617-2001 or emailed to Kourtney Bennett, PhD, Assistant Director for Training, at [kbennett@loyola.edu](mailto:kbennett@loyola.edu).

***Learn more about us by visiting [www.loyola.edu/counselingcenter](http://www.loyola.edu/counselingcenter).***



How to  
APPLY