



MedStar Georgetown University Hospital



2115 Wisconsin Avenue, NW Suite 200
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www.medstarwise.org

**MedStar Georgetown University Hospital (MGUH)
Department of Psychiatry
Division of Outpatient Child and Adolescent Psychiatry
AND
Center for Wellbeing in School Environments (WISE Center)**

Child and Adolescent Clinical Psychology Externship Training Program

MGUH's Department of Psychiatry is a multidisciplinary, community-and family-focused organization committed to strengthening the wellbeing of children and families through a culturally-informed, and healing-informed, approach. We have three tracks: Outpatient Mental Health, School-Based Mental Health and Adult/Health Psychology.

Program Overview: Outpatient Mental Health Track

MGUH's Division of Child and Adolescent Psychiatry, within the Department of Psychiatry, provides outpatient mental health services to youth and young adults ages 3-24 and their families. Clinical psychology doctoral externs deliver psychodiagnostic and psychotherapy services for child, adolescent, and young adult clinical populations within our outpatient clinic setting and, in certain cases, within a medical setting (e.g., Pediatric Primary Care). In addition to receiving weekly, active supervision from clinical psychologists, externs gain exposure to and supplementary training by other members of our multidisciplinary faculty, including psychiatrists and social workers. Our externship is intended for advanced doctoral students (e.g., rising 3rd year or above) in clinical, counseling, or school psychology. A strong emphasis is placed on treatment, supervision, and ethical decision making with a multicultural context.

Psychodiagnostic Assessment: Psychodiagnostic assessments are regularly conducted at the onset of psychotherapy to assist with conceptualization and treatment planning. Externs are trained in the use of well-validated screening instruments (e.g., BASC-3), semi-structured interviews, and mental status examinations. This diagnostic assessment practice is conducted primarily at intake and is not to be confused with psychological evaluations. Opportunities for testing are available at MGUH upon request.

Evidence-Based Psychotherapy: Externs receive training in and deliver individual and group-based, empirically supported treatments to youth and families who are presenting with a range of clinical concerns (e.g., ADHD, anxiety, depression, ODD, PTSD). Treatment approaches most often employ cognitive-behavioral techniques (e.g., CBT, parent training, DBT); however, family systems, dynamic, mindfulness-based, and interpersonal approaches are also a part of care, as deemed appropriate. Further, in-person supervision, within all of these theoretical perspectives, is available.

Doctoral externs also receive opportunities to:

- § Interface with a multidisciplinary team of clinical psychologists, psychiatrists, psychology post-doctoral fellow, medical residents, psychiatry fellows, and social workers.
- § Consult with teachers, school based mental health practitioners, and other invested stakeholders with regards to the patient's emotional and behavioral needs outside of therapy.

Supervision:

Individual in-person weekly supervision will be provided by licensed clinical psychologists. A primary focus of supervision is increasing the extern's understanding of multiculturalism in treatment. Supervision models with a cultural basis are utilized throughout the training process.

All externs will also have the opportunity to take part in quarterly group supervision with other psychology externs to gain broader viewpoints and a greater understanding of the interface of psychotherapy, community mental health, and hospital medical care. Given our faculty's strong commitment to training, externs are afforded the opportunity to collaborate with many experts in our field, depending on their specific interests.

Didactics:

- Outpatient Externs will participate in weekly didactics focused on various topics included but not limited to topics such as maternal mental health, Parent Child Interaction Therapy, Dialectical Behavioral Therapy among others
- Outpatient externs are encouraged to participate in Monthly Departmental Didactics facilitated by world renowned researchers and practitioners

Qualifications:

Applicants should be doctoral externs in Clinical, Counseling, or School Psychology entering their 3rd year or higher and have experience delivering psychotherapy.

Time Requirement:

Two days per week (~8:30am to 5:30pm) is preferred. One day per week rotations are considered, if applicable.

- Tuesday rotation at MGUH is required, due to the schedule of didactics. The second day of training at MGUH will be on Mondays, Wednesdays or Thursdays.

Caseload Requirement:

Externs will be required to carry a weekly caseload of 5-6 individual patients and facilitate or co-facilitate one group weekly. Some flexibility is given to the externs' interests and training needs.

Number of Positions Available:

Two to three externs will be recruited to begin in August 2022.

Location for MGUH Outpatient mental health track:

MGUH Department of Psychiatry, located at 2115 Wisconsin Ave, NW, Suite 200, Washington, DC

To apply:

***We will begin accepting applications Monday January 3, 2022.**

Please send the following information to the email address below:

- Letter of Interest, *stating the specific track(s) in which you are interested*
- CV
- 2 letters of recommendation from current or previous clinical supervisors
- 1 recent assessment report

****If interested in the school-based track, please email training@medstarwise.org, and cc Dr. Denisha Carter (Denisha@medstarwise.org) and Ms. Jordan Smith (Jordan.L.Smith@gunet.georgetown.edu).**

****If interested in the outpatient mental health track, please email Dr. Denisha Carter (Denisha.L.Carter@gunet.georgetown.edu) and Ms. Jordan Smith (Jordan.L.Smith@gunet.georgetown.edu).**

****If interested in the Adult/Health Psychology track, please email Dr. Denisha Carter (Denisha.L.Carter@gunet.georgetown.edu) and cc Dr. Keri Kirk (kfk30@georgetown.edu) and Dr. Kimberly Davis (Kimberly.Davis@gunet.georgetown.edu).**

Application deadline:

Monday February 7, 2022 or before. Offers are extended on a rolling basis; however, externs are not required to accept or decline offers until Consortium Match Day.

Contact Information:

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