

Externship Site

Counseling Center
Notre Dame of Maryland University (NDMU)
4701 N. Charles Street
Baltimore, MD 21210
(410) 532-5379

Site: Outpatient
 Inpatient

Community Mental Health
 Hospital
 Government
 School Placement
 University Counseling Center
 Private Practice

Population

Adult
 Child
 Both

The student body represents a richly diverse blend of ages, backgrounds, ethnicities, nationalities and beliefs. More than 50% of Women's College Students are students of color. Externs also have the opportunity to work with first-generation college students. Over half of the members of the Women's College are the first in their family to go to college. This site is an excellent choice for clinicians interested in working with the LGBT population.

Clinical Experiences

Extern Opportunities: Individual Therapy
 Group Therapy
 Couples Therapy
 Assessment
 Research

Therapy Model: Externs have opportunities to provide both short-term and long-term psychodynamic psychotherapy. Students are most often seen at the frequency of once a week though in some cases students are seen on a more intensive basis. Treatment length varies and it is common for students to be seen throughout the

year. Additional therapy models include Acceptance and Commitment Training (ACT), mindfulness, and interpersonal process psychotherapy.

Externs typically participate in a variety of consultation, training, and outreach on campus. Consultation generally involves coordinating care with off-campus treatment providers, faculty and staff.

Externs have the opportunity to provide training to community assistants on a variety of topics including conflict mediation and how to respond to a student in distress.

Supervision

Primary Supervisor/Training Director Name:

Amy S. Provan, Psy.D.
Director of Counseling

Primary Supervisor/Training Director Qualifications:

Licensed Psychologist

Supervision: Individual (**Frequency:** 1 hour.)
 Group (**Frequency:** 2 hours.)

Externs receive 3 hours of clinical supervision per week by a licensed psychologist, which includes 1 hour of individual supervision; two hours of group supervision; and 1 hour of didactics.

Theoretical orientations emphasized in clinical supervision include interpersonal process and psychodynamic theories.

Audio recordings are used in supervision to:

- Facilitate empathic immersion
- Raise awareness of transference and countertransference
- Develop case conceptualizations

Externs are an integral part of our counseling center and additional supervision is

provided as needed.

Students are given the opportunity to attend a variety of workshops and continuing education programs, including a series of workshops offered by the Baltimore Society for Psychoanalytic Studies, as well as the psychoanalytic film series and monthly case presentations offered by the Baltimore Washington Center for Psychoanalysis. In addition, students are given admission to an APA approved series of continuing education programs offered in-house at NDMU.

Application

Deadline: Applications are reviewed on a rolling basis starting in January. Although the application deadline is not until March 1st, we receive a large number of applications each year for a limited number of positions.

Offers for interviews (and positions) will be granted on a rolling basis.

Application Requirements: CV
 Cover Letter
 3 Letters of Recommendation
 Phone Interview
 In-Person Interview
 Other (Please specify:)

To apply, please mail or email a CV along with a cover letter and two letters of recommendation to:

Amy S. Provan, Psy.D.
Director of Counseling Center
Notre Dame of Maryland University
4701 N. Charles Street
Baltimore, MD 21210
Phone: (410) 532-5379
aprovan@ndm.edu

