



Clinical Psychology Externship at The Mandala Center

About Us:

The Mandala Center is an integrated practice comprised of psychiatrists, physician assistants, psychologists, social workers, meditation and mindfulness coaches, acupuncturists, dietitians, massage therapists, and yoga instructors who work together to meet clients behavioral health and wellness needs. External would gain experience working within a multidisciplinary holistic setting.

Our clinicians provide individual, family, and group therapy. They are trained in multiple orientations, including cognitive behavioral, family systems, psychodynamic, and humanistic therapy. Additionally, we offer meditation and mindfulness training.

The externship will provide 16 hours/week of training with 1 hour/week for individual supervision and 1 hour for group supervision. Externship will run from fall through spring semester 2018/2019 school year.

Supervised Activities for Externs:

- Clinical intakes
- Individual, couples, family psychotherapy
- Group therapy
- Participate in center's peer consultation/multidisciplinary clinical meetings
- Meeting with wellness director for training on holistic practices

Externs Gain:

- Knowledge and skills development (establishing therapeutic alliance, developing treatment plans, explaining confidentiality, defining boundaries, setting limits, assessing for imminent risk to self and others, developing clinical skill sets and defining self as therapist)
- Provide safe space to evaluate oneself in terms of strengths, areas of growth, and progress. Collaboratively create Individualized learning plan, and engage in critical analysis of services provided.
- Provide guidelines for expectations of performance and professionalism (billing

practices, record keeping and documentation)

-Provide practical and emotional support in learning the multidimensional role of a clinician (self care, setting limits)

Supervisors:

- Dr. Cathryne Maciolek, Psy.D., Founder/Owner/Clinical Director. Areas of expertise: trauma work, infertility, child/infant loss, mindfulness

-Dr. Lauren Bynum, Ph.D., Assistant Clinical Director. Areas of expertise: Maternal health, cultural competency

Application Process:

-Prerequisites: Must currently be approved as a Maryland Psychology Associate, ideally second externship placement

-Please submit current cover letter, CV, 2 references (one to evaluate clinical skills)

-Deadline for submission of application materials: February 9th 2018

-Email materials to Dr. Maciolek: cmaciolek@themandalacenter.com

-Interviews will be arranged after reviewing all students application materials. Students will be notified of intent to interview by the 13th of February.