



# Midshipmen Development Center Counseling Center Externship United States Naval Academy



The United States Naval Academy is one of five federal Service Academies. The USNA mission is to develop midshipmen morally, mentally, and physically and to imbue them with the highest ideals of duty, honor and loyalty in order to graduate leaders who are dedicated to a career of naval service and have potential for future development in mind and character to assume the highest responsibilities of command, citizenship and government.

The Midshipmen Development Center (MDC) is the USNA student counseling center. Its mission is to promote and enhance the adjustment, well-being, and professional development of midshipmen, and to provide psychological consultation and training to the USNA staff responsible for midshipmen development.

Externs are required to be here for 16 hours per week, receive two hours of supervision per week, and are exposed to a broad continuum of counseling concerns including, but not limited to, phase of life struggles, interpersonal and relationship conflicts, time and stress management, depressive disorders, anxiety disorders, and eating disorders. Our program has two tracks: a Generalist track and a Sports Psychology track. We select one extern for each track per year.

Applicants should be students who are in a doctoral-level counseling or clinical psychology program, are in an advanced level psychotherapy practicum, display a high level of autonomy, and have a desire to work with military personnel and/or a college student population.

Interested students should submit a letter of interest, CV, and a listing of completed coursework no later than 09 February 2018. In addition, two letters of recommendation must be provided by references. A more complete externship description as well as application requirements can be found at <http://www.usna.edu/MDC/Externship/index.php>. Candidates will be notified by email if they have been selected for an interview.

Please feel free to contact the MDC with any questions.  
410-293-4897 or [mdc@usna.edu](mailto:mdc@usna.edu)