Welcome back! Make one of your New Year’s resolutions to celebrate diversity more! We are bringing in 2018 with a BANG with Loyola’s African Diaspora and Black History Month celebrations.

African Diaspora Celebration (ADC) highlights different traditions seen throughout the world as a result of the scattering of hundreds of millions of African people from their ancestral homelands and ways of life. This year’s events at Loyola reflect the ADC’s theme, “The Beat of the Drum.” Following ADC is Black History Month (BHM) themed “We’re Still Here.”

Both heritage celebrations feature food, music, dancing, and the cultural richness of the multifaceted African Diaspora. The African Students Association (ASA) and Black Students Association (BSA) invite us to celebrate ADC and BHM to reflect on what Black history means for us, our community, and our world. This year’s ADC will present a cultural expo that will leave you tantalized beginning with keynote speaker O-Slice on January 23rd, and the celebration continues at Wazobia on January 26th. ASA will then host the ADC Safari Paint Night on January 27th.

BSA will begin BHM with Umoja February 2nd, followed by a dynamic keynote speaker on February 6th. The festivities continue with a BSA Book drive on February 13th & 15th. The month ends with Melanin Moves: a hip hop exercise class on February 20th promoting health and wellness.

We invite you to recognize, reflect, and pay your respects to the contemporary contributions of African and African-American cultures through our African Diaspora and Black History Month celebrations this year!

Happy Spring 2018 Semester! I hope that this edition of the ALANA Anthem finds you refreshed from a restful semester break and ready to tackle the semester ahead. We are excited to see the campus busy with students again and ready for a semester filled with great programming. As we embark upon this new start to the year, academic semester and political journey as a nation I challenge you to reflect upon the history of our nation over the past 4 years, the communities in which you find yourself and the ways in which you can live out the Magis as a contemplative in action. As a community we will begin the academic semester with two cultural celebrations that I encourage you to partake in and encourage your peers to do the same. The African Student Association and the Black Student Association has worked very hard with ALANA Services to plan enriching programs for both the African Diaspora Celebration and Black History Month. African and Black History is a history not only for African Americans, but a critical part of the American story. Our hope is that we, as a Loyola community, will reclaim a collective history, particularly that part which is somehow forgotten or deemed “other.” Enjoy this edition and I hope to see you at many of the events listed in the Anthem.

Peace and blessings,

Rodney L. Parker
Black History Month began as “Negro History Week,” which was created in 1926 by Carter G. Woodson, a noted African American historian, scholar, educator, and publisher. It became a month-long celebration in 1976. The month of February was chosen to coincide with the birthdays of Frederick Douglass and Abraham Lincoln.

Words from BSA

Written by Taraja Arnold, BSA President

During Black History Month (BHM), the Black Student Association’s theme is “We’re Still Here.” Considering the various events that occurred within the past year, the executive board found it imperative to make it known that the Black community on Loyola’s campus is united and will continue to be heard. We are hosting and collaborating on many events during Black History Month. We will begin BHM by collaborating with the film department with a viewing of “I Am Not Your Negro” at 7:00 p.m. on February 1st in Knott Hall B01. The following day we will be hosting our annual UMOJA cultural heritage event on February 2nd in McGuire Hall at 7:00 p.m.. At UMOJA, there will be performances, awards, Soul food, and more! The following week, we have our Keynote Speaker, Kondwani Fidel, a powerful and talented poet, who will share some of his poetry and his experiences living in Baltimore. During the week of February 12th, we will be hosting a book and school supplies drive. Be on the lookout for boxes for donation in residence halls, Loyola-Notre Dame Library, The Study, and the Claver Multicultural Center (CMC). We will also have tables set up in the Boulder Atrium selling t-shirts and Valentine’s Day goodies on February 13th and 15th. Don’t miss our general body meeting on February 14th in the CMC at 7:00 p.m. where we will be having some Valentine’s Day inspired fun! The next week, we will have our first ever Melanin Moves program on February 20th at 7:00 p.m. in the 4th Floor Program Room, where we will have an instructor teaching a hip hop class. We will end BHM with a general body meeting on February 28th in the CMC at 7:00 p.m., where we will be discussing being out in hip hop. Follow us on Instagram @loyolabsa for updates and posters about our programs!
African Diaspora in America
Written by Abena Baffoe-Bonnie, ASA President

Music is the soundtrack to our lives. In African culture, music plays a role in the way people interact and celebrate. Africans play music at baby naming ceremonies, weddings, funerals and more.

As a Ghanaian-American, every time I would go back to Ghana to visit there would be so much music in the atmosphere. An example of Traditional African music is the beat of the drum. The vicious sound of many drums pounding together transpires excitement and passion.

There is an essential feeling to the music. When you hear the music it provokes a need to take part and listen. You want to be a part of the celebration. It is not just music. Music tells stories and invites other people to learn your story.

As Nelson Mandela once said, “The curious beauty of African music is that it uplifts even as it tells a sad tale. You may be poor, you may have only a ramshackle house, you may have lost your job, but that song gives you hope...” Nelson Mandela

No matter your nationality or creed, the African Student Association (ASA) invites you to take part and listen as well as be a part of the celebration as we host programs and events for you focused on “The Beat of the Drum” the theme for Loyola’s African Diaspora Celebration.

Professor and Author Delivers 25th Annual MLK Convocation

Dr. Anthea Butler, Ph.D, Graduate Chair and Associate Professor of Religious Studies and Africana Studies at the University of Pennsylvania and author of Women in the Church of God in Christ, Making a Sanctified World, joined us in delivering the 25th Martin Luther King Convocation at Loyola.

She started public writing as a blogger for Religion Dispatches, but now writes op-ed pieces on contemporary politics, religion, and race, for The Guardian, Washington Post, and the New York times. Also, she has been a media commentator for religion, politics, and race for the BBS, MSNBC, CNN, and ABC, as well as worked with PBS for the series God in America and The American Experience as a consultant.

As a historian of both American and African American religion, her work and writing spans the topics of religion, politics, sexuality, the media, and pop culture. Currently, she is working on a book about evangelicals, race, and the 2008 to 2016 Presidential election cycles.

We hope you joined us as we commemorated the 50th anniversary of the death of Martin Luther King with the 25th MLK Convocation at Loyola.

Source: http://www.loyola.edu/join-us/mlk-convocation
Welcome the Year of the Dog

The Chinese animal zodiac is a repeating cycle of 12 years, with each year being represented by an animal. Each of the animals is representative of the Chinese culture, either being loved or domesticated by the Chinese people.

Find your Zodiac Animal Sign:


**Snake:** 2013, 2011, 2009, 2007, 2005


**Pig:** 2019, 2017, 2015, 2013, 2011

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**Zodiac Animal** | **Attribute**
--- | ---
Rat | Wisdom
Ox | Industriousness
Tiger | Valor
Rabbit | Caution
Dragon | Strength
Snake | Flexibility
Horse | Forging ahead
Goat | Unity
Monkey | Changeability
Rooster | Being constant
Dog | Fidelity
Pig | Amiability

Source:
http://www.chinahighlights.com/travelguide/chinese-zodiac/

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ACA Lunar New Year Celebration!
Thursday, January 25th
7-9pm, 4th Floor Program Room
Featuring food, games, and activities

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Black History Month Keynote Speaker

Kondwani Fidel is a writer, speaker, and poet, native from Baltimore. He would receive his B.A. in English from Virginia State University, where he would discover his love for poetry, and would return to Baltimore as a substitute teacher for Baltimore City College, which was also the same high school he graduated from. On why he became a teacher in Baltimore, Kondwani, has been quoted as saying, “I wanna be in schools so that I can be that teacher that many of us never had in Baltimore.” When he first began teaching, he introduced himself as both their substitute teacher and as a poet. His students challenged him to deliver a spoken word piece, which would soon go viral on WorldStar.

Since then, he has performed and spoken at many schools across the nation about his experiences growing up as Black in Baltimore. And among his other accomplishments, has shared the stage with rapper, KRS-One, political activist, Angela Davis, and former Def Jam poet, Black Ice, as well as published his first poetry book, Asperous Artistry, in 2015. Currently, he is a M.F.A. student at the University of Baltimore, has written for Medium, The Root, The Baltimore Sun, as well as other publications, as of last year, published his book, Raw Wounds, which touches on the importance of social justice, while also sharing on his experiences growing up in East Baltimore.

Make sure to see him in the 4th Floor Programming Room from 7-8:30 P.M. on February 6th!

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KONDWANI FIDEL
Monday, February 20th
7pm in 4th Floor Program Room
## ALANA Student Spotlight

### Vixen: Heavenly Bodies. Treacherous Minds

Kamilia Arroyo, ’18, titled her project for the Senior Exhibition, *Vixen: Heavenly Bodies. Treacherous Minds*, in order to “challenge the modern day of women’s sexuality. These various photos address the feelings viewers endure while looking at the curves, skin, shape, essence, beauty, self-love and empowerment these women are showcasing. I hope viewers feel supported and empowered from looking at these images. These images will challenge the thoughts about women’s sexuality, clothing, and figure that is socially constructed in their heads.”

Instagram: @kamgarroyo  
Website: [https://kamiliaarroyo.pixieset.com/](https://kamiliaarroyo.pixieset.com/)

### Visions: Far & Near

Saadiq Coakley, ’18, titled his project, *Visions: Far & Near*. Saadiq has spent a lot of time saving for a money for a drone for his piece. He did this because whenever he flew on an airplane, he would “look out the window and wonder what is happening on the ground below. This series of aerial and street photographs merges those two points of view and shows the patterns within architect, cityscape, and landscape compared with a street-level view of the same location. I show my audience a new perspective of what they routinely see in their daily lives.”

Instagram @S_J_Visions  
Facebook at *Visions by S&J*.

## Student Leadership Opportunities at Loyola

Serving as a student leader is a great way to develop skills that will serve you both professionally and personally. Such opportunities may also expand your supportive network, fine tune transferable skills, and build your expertise toward your passions.

Here are a few student leadership opportunities on campus:

<table>
<thead>
<tr>
<th>Organization</th>
<th>Contact Person</th>
<th>Contact Email</th>
<th>Deadline</th>
<th>Conflicting Orgs</th>
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</thead>
<tbody>
<tr>
<td>AMP Peer Mentor</td>
<td>James Willey</td>
<td><a href="mailto:jwilley@loyola.edu">jwilley@loyola.edu</a></td>
<td>February 9th</td>
<td>N/A</td>
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<tr>
<td>Campus Ministry Interns</td>
<td>Megan Dickinson</td>
<td><a href="mailto:mlinz@loyola.edu">mlinz@loyola.edu</a></td>
<td>March 13th</td>
<td>RA’s, CCSL</td>
</tr>
<tr>
<td>CCSJ Student Staff</td>
<td>Chin-Mei Maniyatt</td>
<td><a href="mailto:cmaniyatt@loyola.edu">cmaniyatt@loyola.edu</a></td>
<td>March 14th</td>
<td>RA’s, Evergreen, SGA Exec, CM Interns</td>
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<tr>
<td>Evergreens</td>
<td>Liliana Castro</td>
<td><a href="mailto:lcastro@loyola.edu">lcastro@loyola.edu</a></td>
<td>January 8th</td>
<td>RA’s, SGA Exec, Pre-Fall, CCSJ Leaders</td>
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<tr>
<td>MAP</td>
<td>Julie Rivera</td>
<td><a href="mailto:jcrivera@loyola.edu">jcrivera@loyola.edu</a></td>
<td>February 2nd</td>
<td>RA’s, Evergreen, SGA Exec, CM Interns, CCSJ</td>
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Managing Roommate Conflict

For many students, attending college means living away from home, either on or off campus. This choice necessitates learning to live with others. All of us come from differing cultures or home environments and bring with them varying expectations regarding what their relationships and living environment should be like. In addition, individual needs often change over time. These differences and changing expectations occasionally lead to conflict. Weathering these conflicts with someone you live with can be a very difficult and trying process. See suggestions below for managing these conflicts.

- Clarify Expectations
  Doing this ahead of time can be helpful. Consider creating a formal roommate agreement with an R.A. Be sure to clarify expectations and decide how to communicate when difficult issues occur in the future. Regardless of whether there is a formal agreement, it is important that you clearly express your own needs, as well as attend to the needs of your roommate(s).

- Communicate
  Don’t let things go—communicate when things go well and when they aren’t going well. Not communicating can lead to resentment. For example, it may be hard to tell a roommate that you are not comfortable with how they use your food. If you wait until the year is almost over to say something, you will likely get more and more frustrated. If you talk about it when it first bothers you, it will provide an opportunity to resolve your misunderstandings. Follow these healthy communication tips: 1. Be clear and direct about what is bothering you, 2. Use “I” statements do minimize your roommate’s need to feel defensive, 3. Find a private time to share your concerns and what specific behavior is bothering you and how it affects you.

- Get Support
  Certain roommate conflicts can be especially challenging. If your roommate is dealing with a difficult personal issue, it is important that you be supportive, but it is also important that you continue to care for yourself. Do not put yourself in the position of feeling responsibility for things over which you have no control. In instances where a roommate’s concerns feel overwhelming, get help figuring out how to help your roommate and how to take care of yourself in the situation. Talk to your R.A. if you have one, or call or stop by the Counseling Center to schedule an appointment with a counselor.

Roommate concerns might be even more challenging if you are experiencing insensitivity or discrimination because of your racial, ethnic, sexual orientation, gender identity, or other form of identity as a possible factor in the conflict. In this case, it is very important that you seek assistance in addressing the issue:

  - Consult with your R.A. if you have one, your advisor, or other Loyola administrator,
  - Consider reporting bias incidents through the Dean of Students Office (https://www.loyola.edu/department/report-bias),
  - Consider seeking confidential services at the Counseling Center.

Contact us: 410-617-CARE or www.loyola.edu/counselingcenter
Visit us: M-F, 8:30-5:00, in Humanities 150
The Counseling Center is conveniently located in Humanities 150—OPPOSITE STARBUCKS.
We Care. We’re here to help. Let’s talk.

Loyola Lingo: Discernment

Are you facing a significant decision in your life? Many students encounter times where they feel stuck about making an important decision, ranging from on campus leadership to deciding on the status of interpersonal relationships. If you are feeling like this, the Jesuit-based discernment tool may guide you to the proper conclusion.

1. Outline the pro’s and con’s of the decision with respect to the Jesuit mission, vision and values.
2. Approach deliberations with an impartial mindset (Ignatian indifference).
3. Share your opinions.
4. Encourage and support the contributions of others.
5. Give close attention to the viewpoints of others’—more so if disagreements arise.
6. Be mindful of feelings of unease or agitation (Ignatian desolation).
7. Notice God’s (or your personal governing being’s) presence and will.
8. Deliberate until you have a shared sense of contentment with a decision (Ignatian consolation).

By Debra Mooney, PhD
### January 2018

**African Diaspora Celebration (ADC)**

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<td>14</td>
<td>Halls Open</td>
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<td>MLK Day</td>
<td>University Closed</td>
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**Special Dates**

- January 23rd ADC Keynote Speaker
- January 25th – ACA Lunar New Year
- January 26th – ADC Wazobia
- January 27th – ASA Safari Paint Night
- February 1st – BSA Film Screening
- February 2nd - BSA Presents Umoja
- February 6th – BSA Keynote Speaker

### February 2018

**Black History Month (BHM)**

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<td>7</td>
<td>BSA Film Screening (7-9pm; Knott B01)</td>
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<td>9 AMP Mentor/PMS Apps due</td>
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<td>11</td>
<td>BSA Keynote (7-8:30pm; 4th FL Program Room)</td>
<td>ALAS GBM (6-7pm; CMC)</td>
<td>12</td>
<td>BSA Book Drive (11am-2pm; Boulder Café Atrium)</td>
<td>ASA GBM (7-8pm; CMC)</td>
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<td>Hora de Café con Leche (12-1pm; CMC)</td>
<td>BSA GBM (7-8pm; CMC)</td>
<td>15</td>
<td>BSA Book Drive (11am-2pm; Boulder Café Atrium)</td>
<td>ASA GBM (7-8pm; CMC)</td>
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<td>18</td>
<td>BSA Melanin Moves (7-9:00pm; 4th FL PR)</td>
<td>ALAS GBM (6-7pm; CMC)</td>
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<td>ACE Workshop (12-1pm; CMC)</td>
<td>ACA GBM (6-7pm; CMC)</td>
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<td>25</td>
<td>ASA GBM (7-8pm; CMC)</td>
<td>Hora de Café con Leche (12-1pm; CMC)</td>
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<td>BSA GBM (7-8pm; CMC)</td>
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**A Journey African Diaspora**
ALANA Services’ Mission Statement

ALANA (African, Latino, Asian, and Native American) Services is committed to providing support, services, and programs that facilitate the success of all ALANA students at Loyola University Maryland. Through intentional programming and a spectrum of services, we foster the academic, cultural, personal, spiritual and leadership development of ALANA students. Furthermore, we seek to create and maintain an environment of respect and awareness, while advocating for ALANA students and responding to their needs.

Loyola University Maryland
4501 North Charles Street
Andrew White Student Center E313