



ANTHEM

JANUARY / FEBRUARY 2020

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Celebrate African & Black Heritage

Welcome back! Help us celebrate diversity by welcoming the new year with Loyola's African Diaspora and Black History Month celebrations. African Diaspora Celebration (ADC) highlights different traditions seen throughout the world as a result of the scattering of millions of African people from their ancestral homelands and ways of life. This year's events at Loyola reflect the ADC's theme, "Kifalme: Honoring Forgotten Royalty." Following ADC is Black History Month (BHM) themed "Celebrating Black Beauty"

Both heritage celebrations feature food, music, dancing, and the cultural richness of the multifaceted African Diaspora. The African Student Association (ASA) and Black Student Association (BSA) invite us to celebrate ADC and BHM to reflect on what Black history means for us, our community, and our world.

This year's ADC will present a cultural exposition that will leave you tantalized at **Wazobia** on **January 31st**. ASA will then host a week of events including events like **Afro Hip Hop Classes** and a showing of **Queen of Katwe**. BSA will begin BHM with **Umoja** on **February 7th**, followed by a **Love and Basketball** movie showing on **February 13th** and a **Black Hair Discussion** on **February 21st**.

We welcome you to recognize, reflect, and pay your respects to the contemporary contributions of African and African American cultures through our African Diaspora and Black History Month celebrations!

MONTHLY BLACK HISTORY

Director's Corner

Happy Spring 2020 Semester! I hope that this edition of the ALANA Anthem finds you refreshed from a restful semester break and ready to tackle the semester ahead. We are excited to see the campus busy with students again and ready for a semester filled with great programming. As we embark upon this new start to the year, academic semester, and political journey as a nation, I challenge you to reflect upon the history of our nation over the past 4 years, the communities in which you find yourself and the ways in which you can live out the Magis as a contemplative in action. As a community we will begin the academic semester with two cultural celebrations that I encourage you to partake in and encourage your peers to do the same. The African Student Association and the Black Student Association have worked very hard with ALANA Services to plan enriching programs for both the African Diaspora Celebration and Black History Month. African and Black History is a history not only for African Americans, but a critical part of the American story. Our hope is that we, as a Loyola community, will reclaim a collective history - particularly that part which is somehow forgotten or deemed "other." Enjoy this edition, and I hope to see you at many of the events listed in the Anthem.

Peace and blessings,

Raven D. Williams

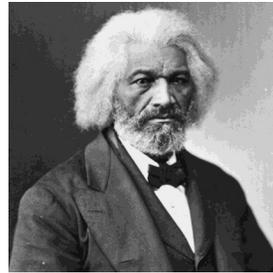
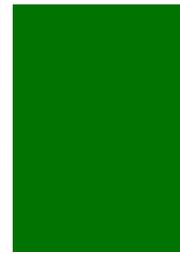
Test your Knowledge of Black History

Guess who said this quote:

1. "Injustice anywhere is a threat to justice everywhere."
 - A. Martin Luther King
 - B. Fredrick Douglass
 - C. James Baldwin

2. "If not us, then who? If not now, then when?"
 - A. James Baldwin
 - B. John Lewis
 - C. Barack Obama

3. "Character, not circumstances, makes the person."
 - A. Marin Luther King
 - B. Langston Hughes
 - C. Booker T. Washington



1. A 2. B 3. C

Words from BSA

Written by Matthew Dorsey, BSA President

During Black History Month (BHM), the Black Student Association will host a series of events representing the theme "Celebrating the Beauty of Our Culture". Considering the negative events that have occurred in recent years across the country, and within the city of Baltimore in particular, we want to take a moment to reflect on the positive aspects of Black Culture in America and the beauty of who we are as a people. We are both hosting and collaborating on several events this month, beginning with our annual cultural heritage event, UMOJA on February 7th at 7 pm in McGuire Hall. We will kick off this month-long celebration with delicious soul food, music, and amazing performances hosted by Mr. Turn Up. Our first GBM on February, 12th in the CIE is called Hair Code. This will be a discussion about black hair, celebrating its beauty and versatility and discussing its significance in our community. The next day, February 13th, we will be showing *Love and Basketball* at 6 PM in the CIE. For the remainder of February, we will collaborate with AMP to host a trip to the National Museum of African American History and Culture, and we will collaborate with SGA for a Cook-Off in McGuire Hall. Finally, our second GBM will be a Listening Party, celebrating the music of several current black artists.



African Diaspora in America

Written by Camryn Williams, ASA President



"Wazobia" is a word comprised of three different African dialects, Hausa, Igbo, and Yoruba, which are all translated to mean "come." "Wa," in the Yoruba language, "Zo," in the Igbo language, and "Bia," in the Hausa language. As a collective, the executive board members of the African Student Association decided to make the theme for this year's Wazobia, "Kifalme: Honoring Forgotten Royalty." Kifalme is the Swahili word for Royalty. This year's theme translates to "come royalty." This theme pays tribute to the kings and queens that ruled over the various parts of Africa. The knowledge, wealth, and leadership that these rulers imposed upon their countries are often lost within the narrative that Africa is a place of poverty, hunger, and disease. ASA invites you to honor these forgotten kings and queens and to recognize and appreciate the rich history and culture bestowed upon the 54 countries within the continent of Africa. Through programs and events focused on "Knowledge and Restoration," Loyola's African Diaspora Celebration will take you on a journey to reconstruct the narrative behind what Africa has to offer.



Pastor and Social Justice Advocate Delivers 27th Annual MLK Convocation



Pastor and social justice advocate, Rev. Dr. William J. Barber II, will speak at Loyola University Maryland on Tuesday, January 21, 2020 for the annual Martin Luther King Jr. Convocation held in Reitz Arena. His talk, "The Fierce Urgency of Now," covers issues of current events related to racial and social justice. Rev. Dr. Barber has played an active role in his community as the President of the North Carolina State Conference of the NAACP. Through this role he has helped to lead the fight for voter rights, advocated for health reform and just redistricting, labor and worker rights, protection of immigrants and immigration rights, educational and economic equality, and reparation for survivors of Eugenics. His major contributions to the NAACP in North Carolina have centered around developing a more inclusive voting system, leading a community development initiative, and an academic service to empower and support students who are failing in their academics. He has received several awards of recognition for his impact in North Carolina and fighting for justice and social change. Rev. Dr. Barber has a book entitled *Preaching Through Unexpected Pain* and gives lectures around the United States.

Source/For more information visit: <https://www.naacp.org/naacp-board-of-directors/board-member-dr-william-barber/>

Welcome the Year of the Rat



The Chinese animal zodiac is a repeating cycle of 12 years, with each year represented by an animal. Each of the animals is representative of the Chinese culture, either being loved or domesticated by the Chinese people.

Find your Zodiac Animal Sign:

Rat: 2020, 2008, 1996, 1984, 1972, 1960
 Ox: 2009, 1997, 1985, 1973, 1961
 Tiger: 2010, 1998, 1986, 1974, 1962
 Rabbit: 2011, 1999, 1987, 1975, 1963
 Dragon: 2012, 2000, 1988, 1976, 1964
 Snake: 2013, 2001, 1989, 1977, 1965
 Horse: 2014, 2002, 1990, 1978, 1966
 Goat: 2015, 2003, 1991, 1979, 1967
 Monkey: 2016, 2004, 1992, 1980, 1968
 Rooster: 2017, 2005, 1993, 1981, 1969
 Dog: 2018, 2006, 1994, 1982, 1970
 Pig: 2019, 2007, 1995, 1983, 1971



Zodiac Animal

Attribute

Rat	Wisdom
Ox	Industriousness
Tiger	Valor
Rabbit	Caution
Dragon	Strength
Snake	Flexibility
Horse	Forging ahead
Goat	Unity
Monkey	Changeability
Rooster	Being constant
Dog	Fidelity
Pig	Amiability

ACA Lunar New Year Celebration!
Wednesday, January 22nd
7-9pm, 4th Floor Program Room
Featuring food, games and activities

Source: <http://www.transpersonaljourneys.com/wp-content/uploads/chinese-astrology-chinese-zodiac-horoscope-wheel-chart.jpg>

Lunar New Year - ACA

Wednesday, January 22nd
7pm –8pm in 4th Floor Program Room

Written by: Nicole Arro, Vice President

Lunar New Year is celebrated in various countries around Asia. ACA celebrates Lunar New Year in accordance with the traditions of Chinese New Year. This celebration symbolizes the beginning of the new year in the traditional Chinese calendar - 2020 is the year of the rat. Other years of the rat include 1912, 1924, 1936, 1948, 1960, 1972, 1984, 1996, and 2008. People born in the year of the rat are believed to be very industrious and positive. Most widely known traditions include giving money in red paper envelopes and eating traditional foods such as dumplings and noodles. Dragon and Lion dances are also common as it is believed that the loud beats of the drums and cymbals along with the face of the dragon or lion will evict bad and evil spirits. Come celebrate with ACA on Wednesday, January 22nd at 7:00 p.m. with free food and exciting games!



ALANA Student Spotlight

Christopher Goodson '21: "Abroad was the best time of my life!

The many sights I saw from all the different places I travelled to were astonishing! The people were very welcoming and loved Americans more than I anticipated. I felt more at peace with the people abroad than I do with the people of America which was weird. Nonetheless, I had a phenomenal time. From seeing Newcastle Upon Tyne lit up with Christmas decorations and the endless Christmas pop up shops, to drinking bottomless green grape wine on boat in Portugal, it was honestly the best time of my life and I would not trade it back in for the world! Another thing, it really changed me, it really opened my eyes to a different perspective of the world. It made me grow as a person and with it I made so many friends and experienced some very new and refreshing moments that I will cherish forever. While being abroad it really made me look at the world differently as the world is very different on the eastern hemisphere. I will always remember those moments and those people I shared those moments with. They will always have a place in my heart."



Meet Our New ALANA Organizations



Last semester ALANA welcomed two new organizations into the ALANA family. The Middle Eastern and South Asian Alliance and the Native American Student Association. These organizations are very excited to continue educating students and planning cultural programs that raise awareness and appreciation for cultural traditions.



NASA welcomed Andrew Thompson, of Choctaw Nation of Oklahoma, as he spoke for the Native American Heritage Engagement. He shared his personal stories and demonstrated traditional dances that educated students about his tribe's culture.

MESA welcomed Dr. Isacar Bolanos to speak about the influence of the Ottoman empire in today's society. MESA executive board leaders used this discussion as a space for community engagement and education about relevant world events.

Student Leadership Opportunities at Loyola

Serving as a student leader is a great way to develop skills that will serve you both professionally and personally. Such opportunities may also expand your supportive network, fine tune transferable skills, and build your expertise toward your passions.

Here are a few student leadership opportunities on campus:

Organization	Contact Person	Contact Email	Deadline	Conflicting Orgs
AMP Peer Mentor	Michelle Mencia	mmmencia@loyola.edu	February 10th	N/A
Campus Ministry Interns	Sean Bray	sbray@loyola.edu	February 25th	RA's, CCSL
CCSJ Student Staff	Andrew Choi	atchoi@loyola.edu	March 13th	RA's, Evergreen, SGA Exec, CM Interns
Evergreens	Liliana Castro	lcastro@loyola.edu	January 6th	RA's, SGA Exec, Pre-Fall, CCSJ Leaders
MAP Navigator	Julie Rivera	jcrivera@loyola.edu	February 3rd	RA's, Evergreen, SGA Exec, CM Interns, CCSJ

Lets Talk: The Counseling Center

Belonging - Dr. Kourtney Bennett

Recent institutional data indicate that a substantial number of students report feelings of poor connection and sense of belonging at Loyola. For people of color, members of the LGBTQIA+ community, and people with disabilities, a low sense of belonging might be impacted by experiences of bias and discrimination on campus. Moreover, student voices were heard during the fall 2019 ALANA Affinity Town Hall that provided a space for students of color to express feelings of frustration, disappointment, and emotional fatigue in managing encounters with microaggressions, hate speech, and other race related stressors.

With these experiences in mind, the Counseling Center is launching a public health campaign focused on Belonging in the spring 2020 semester. The goal of this campaign is to both provide some resources for those who experience a low sense of belonging and inclusion at Loyola and, importantly, to call upon members of the community who may hold privilege across the intersections of identity to share ownership in fostering a campus climate that contributes to a culture of belonging. The campaign will be reflected in posters, digital and social media, tabling events, and a belonging website. Check out www.loyola.edu/belonging for more information and follow us on Instagram (@loyolamd_counselingcenter; #CreateBelonging) for updates on the Belonging campaign and counseling center services.

We look forward to continuing our connection with ALANA through outreach and attendance at ALANA student organization events. The Counseling Center will continue its commitment to professional development for our clinical and administrative team aimed at increasing multicultural awareness and centering social justice through monthly cultural reflection seminars, weekly multicultural case conferences, and our social justice committee. In addition to this work, the Counseling Center aims to be a resource where students can discuss ways in which cultural identities, experiences on our campus and the impact on mental health can be addressed and discussed.



Loyola Lingo: Discernment

Are you facing a significant decision in your life? Many students encounter times where they feel stuck about making an important decision, ranging from on campus leadership to deciding on the status of interpersonal relationships. If you are feeling like this, the Jesuit-based discernment tool may guide you to the proper conclusion.

1. Outline the pro's and con's of the decision with respect to the Jesuit mission, vision and values.
2. Approach deliberations with an impartial mindset (Ignatian indifference).
3. Share your opinions.
4. Encourage and support the contributions of others.
5. Give close attention to the viewpoints of others'--more so if disagreements arise.
6. Be mindful of feelings of unease or agitation (Ignatian desolation).
7. Notice God's (or your personal governing being's) presence and will.
8. Deliberate until you have a shared sense of contentment with a decision (Ignatian consolation).

By Debra Mooney, PhD

Although this process may occur over a series of days, it is noted to reveal ideal outcomes in times of indifference. In addition, it can be applied to a series of circumstances. If you are facing moments of confusion or unknowingness, it is encouraged that you fall back on the Jesuit Discernment process. This is not a right or wrong process, but a "which is better for me" process.



January 2020

African Diaspora Celebration (ADC)

Special Events

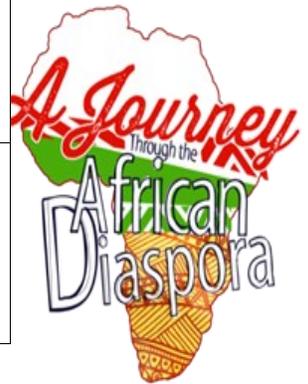
January 22nd—ACA Lunar New Year

January 31st - ASA Wazobia

February 7th - BSA Presents Umoja

February 22nd - AMP DC Museum Trip

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 University Opens	7	8	9	10	11
12	13 Classes Resume	14	15 Man2Man (CIE, 5-6:30pm) BSA GBM (CIE, 7:30-8:30pm)	16 NASA GBM (CIE, 6-7pm)	17	18
19	20 MLK Day (University Closed)	21 CSU GBM (CIE, 6:30-7:30pm)	22 Man2Man (CIE, 5-6:30pm) MESA GBM (CIE, 6:30-7:30pm) Lunar New Year (4th Fl Rm, 7-9pm)	23	24	25
26	27 Afro-American vs. African American (CIE, 6-7:30pm)	28	29 ACE Workshop (12-1pm, CIE) ALANA Tailgate (4:30pm McGuire) BSA GBM (CIE, 7:30-8:30pm)	30 NASA GBM (CIE, 6-7pm)	31 Wazobia (McGuire, 7:30-10pm)	



February 2020

Black History Month (BHM)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Navigator Applications Due!	4 CSU GBM (CIE, 6:30-7:30pm)	5 Man2Man (CIE, 5-6:30pm) ACA GBM (CIE, 6-7pm) ALAS GBM (CIE, 7-8pm) Adv.HDCCL (12-1pm, CIE)	6	7 UMOJA (7-9pm, McGuire Hall)	8
9	10 AMP Mentor Applications Due! ASA GBM (CIE, 6-7pm)	11	12 ACE (CIE, 1-2pm) AMP Mentor Meeting (CIE, 5-6pm) MESA GBM (CIE, 6-7pm) BSA GBM (CIE, 7:30-8:30pm)	13 Love & Basketball Movie Night (CIE, 6-8pm)	14	15
16	17 Beg. HDCCL (12-1pm, CIE)	18 CSU GBM (CIE, 6:30-7:30pm)	19 Adv.HDCCL (12-1pm, CIE) Man2Man (CIE, 5-6:30pm) ACA GBM (CIE, 6-7pm) ALAS GBM (CIE, 7-8pm)	20 NASA GBM (CIE, 6-7pm)	21 BSA Black Hair Discussion (6-7:15pm, CIE)	22 AMP Museum Trip (DC, 1pm)
23	24 ASA GBM (CIE, 6-7pm)	25	26 ACE (CIE, 12-1pm) MESA GBM (CIE, 6-7pm) BSA GBM (CIE, 7:30-8:30pm)	27 NASA GBM (CIE, 6-7pm)	28	

ALANA SERVICES

ALANA Services' Mission Statement

ALANA (African, Latino, Asian, and Native American) Services is committed to providing support, services, and programs that facilitate the success of all ALANA students at Loyola University Maryland.

Through intentional programming and a spectrum of services, we foster the academic, cultural, personal, spiritual and leadership development of ALANA students. Furthermore, we seek to create and maintain an environment of respect and awareness, while advocating for ALANA students and responding to their needs.

Loyola University Maryland
4501 North Charles Street
Andrew White Student Center E313

Phone: 410-617-2310
Web: <http://www.loyola.edu/alana>



APPLY NOW

Multicultural Awareness Program

(MAP) Navigator

Applications due Monday, February 3rd, 2020

ALANA Mentoring Program

(AMP) Mentor

Applications due Monday, February 10th, 2020

For more information contact Michelle Mencia
mmmencia@loyola.edu

2019-2020

ALANA Organization Presidents

African Student Association

Camryn Williams

Asian Cultural Alliance

Charlie Lewin-Smith & Vivian Nguyen

Association of Latin American & Spanish Students

Genesis Romero & Anthony Muentes

Black Student Association

Matthew Dorsey

Caribbean Student Union

Natalie Rosado

Middle Eastern South Asian Students

Syed Kazmi & Erica Bagheri

Native American Student Association

Joy Walker & Taylor Anderson