**FOOD ITEMS**

* Starches
	+ Pasta
	+ Rice and rice mixes
	+ Dry Noodles
	+ Macaroni and Cheese Mix
	+ Cold Cereals
	+ Oatmeal
	+ Whole Grain Crackers
	+ Granola Bars
	+ Graham Crackers
	+ Flour
	+ Bread, muffins, and baked good Mixes
	+ Protein Foods (6 cans each)
	+ Canned Tuna
	+ Canned Beef Stew
	+ Canned Bean soups
	+ Canned beans
	+ Canned Chili
	+ Peanut Butter
	+ Canned Nuts
	+ Canned Chicken
	+ Dairy Products
	+ Instant breakfast Drinks (Carnation)
	+ Boxed Puddings
	+ Vegetables
	+ Canned Green Beans
	+ Canned Corn
	+ Canned Tomatoes
	+ Vegetable Mixes Canned
	+ Vegetable soups
	+ Spaghetti Sauce
	+ V-8 Juice
	+ Fruits
	+ Canned fruit
	+ Raisins
	+ Apple sauce
	+ Dried Fruits
	+ Individually Bottled Fruit Juice
	+ Oil and Condiments
	+ Vegetable Oil
	+ Cooking Oil (Olive Oil)
	+ Salad Dressings
	+ Syrup
	+ Jelly and Jam
	+ Mayonnaise
	+ Mustard
	+ Ketchup

**NON-FOOD ITEMS**

* + Paper Products
	+ Toilet Paper
	+ Paper Towels
	+ Napkins
	+ Tissue
	+ Soap Products
	+ Hand Soap
	+ Laundry Soap
	+ Dish Soap
	+ Windex
	+ Clorox Wipes
	+ Sponges
	+ Personal Care Products
	+ Shampoo
	+ Toothpaste
	+ Toothbrushes
	+ Shaving Cream
	+ Disposable Razors (Male and Female)
	+ Deodorant (Male and Female)
	+ Feminine Hygiene Products
	+ Extras
	+ Teas
	+ Spices (Salt, Pepper, Garlic Powder, Onion Powder, Chili Powder)