



FIRST YEAR & CAREER

Suggested activities for accelerated progress



Have a chat about the career triangle

Job satisfaction: meaningful work, fit with skills and values, workplace setting, colleagues

Compensation: monetary rewards and benefits like health insurance, 401k match, etc.

Lifestyle: where you live, free time, ability to travel, see family & friends

We want success in all three areas, but early in our careers we often must prioritize one or two of these at the expense of others. What would you tell your student about your journey with these? What are their goals as they begin to think about their futures?

More detail:

What Parents Should Tell Their Kids About Finding a Career by James M. Citrin

hbr.org/2015/05/what-parents-should-tell-their-kids-about-finding-a-career



Activate Handshake and Loyola Connect

Handshake: Career events, 1-1 appointments, and job/internship search

As soon as students activate their **Handshake** accounts (loyola.edu/handshake) they can tell us about industries, cities, and other career interests. That allows us to send them messages about events and opportunities relevant to their personal goals.

Loyola Connect: Guidance from the Loyola network

More than 2,000 alumni and supporters are available at loyola.edu/connect to connect with students about anything from exploratory career chats to what it's like living in their city.



Encourage engagement with Career Services

After adjusting to academics and college social life, your student can:

Drop-in to see us and make appointments: Students can stop by the Career Center any day of the week, 1-3 PM, for quick questions and an introduction to our services. Appointments on specific topics can be booked through Handshake. Remember that our team has experts in everything from uncovering one's early career interests to coaching for pursuing specific internships, jobs, and graduate programs.

Attend events: Career treks, fairs, networking events, and workshops are happening all the time on and off campus. Live list at loyola.edu/department/career-center/events.



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The Career Center



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