

The Counseling Center wishes to express deep sadness, grief, and anger regarding the mass shooting at Star Ballroom Dance Studio in Monterey Park, CA that occurred over the weekend. Those in attendance at Monterey Park were there to celebrate the Lunar New Year, an honored tradition in many Asian communities. The fact that this tragedy has caused loss and mourning in Asian and Asian American communities during a time dedicated to hope, care, and blessings makes this violence that much more pronounced. Also, in Half Moon Bay, CA a mass shooting occurred at two places of employment. We mourn the lives lost while recognizing the exhaustion and defeat that comes with each new attack, each new loss, each new statement or need for public outcry.

As details continue to emerge, it is hard not to place this incident in the context of deep-seated historical oppression that Asian and Asian Americans have experienced within the US, with recent rises in widespread anti-Asian sentiments that has led to increased violence, distress, and efforts to limit resources and spaces of safety and support. We know that this history is not only sickening, but deadly, and we believe in our responsibility as members of this society to facilitate change. We extend our love, condolences, and dedication for all those impacted by this tragedy.

The Counseling Center is here as a source of support to those in the Loyola community impacted by this violence. We are in Humanities 150 and can be reached at 410-617-CARE (2273). Our after-hours line is available whenever the Counseling Center is closed and can be reached at 410-617-5530.

Other sources of support include:

[Asian American Health Initiative](#)

[Asian Mental Health Collective](#)

[Asian Mental Health Project](#)

[Asians for Mental Health](#)

[Stop AAPI Hate](#)

[Right to Be](#) (Bystander Intervention Resources)