

Dining Plans

2019-2020
COMMUTER
Dining PARKHURST
LOYOLA DINING

... DINING PLAN OPTIONS

150 BLOCK PLAN*

This plan is great for students with an average appetite who want the flexibility to eat as many meals as they would like in a day or week.

- 150 Meal Swipes (an average of 10 meals per week)
- \$400 Meal Plan Points
- Cost: \$2,520 per semester

**Most popular option for commuter students.*

9 DAILY DINER PLAN

Best for students who typically eat at least one to two full meals per day on campus.

- 9 Meal Swipes per week
- \$325 Meal Plan Points per semester
- Cost: \$2,120

125 BLOCK PLAN

This plan is great for students with a small appetite who want the flexibility to eat as many meals as they would like in a day or week.

- 125 Meal Swipes (an average of 8 meals per week)
- \$325 Meal Plan Points
- Cost: \$2,120 per semester

... MEAL PLAN CALENDAR

Dining plans are **not accepted** during the following breaks:

Thanksgiving Break: Wednesday 11/27/19 until lunch Sunday 12/1/19

Winter Break: Thursday 12/19/19 until lunch Sunday 1/12/20

Spring Break: Saturday 2/29/20 until lunch Sunday 3/8/20

Easter Break: Thursday 4/9/20 until lunch Monday 4/13/20

4 SWIPE MEAL PLAN

Available only for juniors and seniors, this meal plan is great for non-residential students who know they want to eat about one meal on campus per day.

- 4 Meal Swipes
- \$425 Meal Plan Points
- Cost: \$1,380 per semester

JUNIOR MEAL PLAN

Available only for juniors and seniors, this meal plan is great for students who might not have time to eat in the dining facilities, who plan to use points for quick lunches or snacks, or who might want to cook in their own room using groceries bought from Iggy's Market.

- 1060 Meal Plan Points
- Cost: \$1,060 per semester

SENIOR MEAL PLAN

Available only for seniors, this meal plan is great for students who are off-campus for internships or only on campus long enough to grab a snack or lunch a few times a week.

- 800 Meal Plan Points
- Cost: \$800 per semester

... HOURS OF OPERATION

*BOULDER GARDEN CAFÉ

Monday-Friday
7:30 a.m.-4:30 p.m.
All You Care to Eat
5 p.m.-9 p.m.
Saturday-Sunday
9 a.m.-9 p.m.

*BOULDER 2.0

Monday-Thursday
11 a.m.-4:30 p.m.
All You Care to Eat
5 p.m.-9 p.m.
Friday
11 a.m.-3 p.m.
Sunday
All You Care to Eat
5 p.m.-9 p.m.

*IGGY'S MARKET

Monday-Thursday
7:30 a.m.-12 a.m.
Friday
7:30 a.m.-2 a.m.
Saturday
9 a.m.-2 a.m.
Sunday
9 a.m.-12 a.m.

STARBUCKS®

Monday-Thursday
7:30 a.m.-9 p.m.
Friday
7:30 a.m.-6 p.m.
Saturday
9 a.m.-6 p.m.
Sunday
9 a.m.-9 p.m.

CRAFTED

Monday-Thursday
8 a.m.-6 p.m.
Friday
11 a.m.-3 p.m.

GREEN PEEL

Monday-Thursday
8 a.m.-6 p.m.
Friday
8 a.m.-3 p.m.

COLD SPRING SUSHI

Monday-Thursday
11 a.m.-7 p.m.
Friday
11 a.m.-3 p.m.

*FLANNERY MARKET

Monday-Sunday
6 p.m.-12 a.m.

*FRESH WEST

Monday-Thursday
7:30 a.m.-4 p.m.
5 p.m.-9:30 p.m.
Friday
5 p.m.-9:30 p.m.

*Accepts IdealMEAL Swipes

OUR GOLD STANDARDS



Loyola Dining's cooking methods focus on fresh, local, non-processed ingredients to ensure maximum flavor, nutrients, and freshness.

- Foods are prepared-to-order or cooked as close to service as possible.
- Menus emphasize the use of fresh vegetables, fruits, legumes, and whole grains.
- Vegan and vegetarian entrée selections are offered during all meals.
- Fresh-cut fries, using real potatoes, are offered at our grill daily.
- Fresh, organic, cage-free shelled eggs are available daily — cooked to order.
- All entrée meats are roasted in-house.
- All of our chicken and fish are hand-breaded by our culinary team.
- Soups and sauces are made from scratch and utilize fresh stock.
- Pizza dough is freshly made from scratch daily.
- Cookies and muffins are baked fresh in our kitchens daily.
- Our composed salads, from coleslaw to quinoa, are made in our kitchens from scratch.
- We only use trans fat-free cooking oils.

VISIT US ONLINE FOR MORE INFORMATION

www.loyola.edu/mealplan

CONTACT US

dining@loyola.edu

FIND US ON

[LoyolaDining](https://www.facebook.com/LoyolaDining)

OUR DINING PLANS OFFER GREAT FOOD, MADE FROM SCRATCH, AT A GREAT VALUE.

••• SUSTAINABILITY & LOCAL EFFORTS

Loyola's growing concern to expand our role as an eco-friendly campus is reflected right here in our very own dining halls! Currently, Parkhurst Dining has achieved the following steps towards sustainability at Loyola University Maryland:

- Through our FarmSource® program, over 20% of all foods purchased are from local vendors.
- We source sub-therapeutic antibiotic-free chicken.
- We use fresh, organic, cage-free shelled eggs and liquid eggs.
- We use and serve only rBST-free milk and dairy products.
- We practice "Stem to Root" cooking, which uses scraps from vegetables to make fresh stocks.
- Our spent fryer oil is used to help produce bio-diesel fuel.
- Tray-less dining to decrease food waste.
- Compostable serviceware is used in all of our dining halls.
- We compost all of our food waste.
- We practice recycling on site.

••• FREQUENTLY ASKED QUESTIONS

HOW DO I PURCHASE A MEAL PLAN?

Email sas@loyola.edu with your name, student ID number, and which plan you would like to purchase. If you would like to purchase a plan, it must be done prior to the add/drop date at the beginning of the semester.

WHERE CAN I USE MEAL PLAN POINTS?

Meal plan points can be used to purchase items at any of the dining locations on campus, including Starbucks®, or to buy groceries from Iggy's Market. You can add meal points to your plan at any time.

DOES MY MEAL PLAN ROLL OVER?

Your meal swipes expire at the end of each semester, but meal plan points roll over from Fall semester to Spring semester.

CAN I CHANGE MY DINING PLAN MID-SEMESTER?

No. You can change your plan at the beginning of each semester up until the add/drop date, but you cannot change your plan mid-semester. Meal plan changes are done through the RoomRez Housing Portal found under Quick Links on Inside Loyola by the add/drop date.

CAN I USE MY MEAL PLAN POINTS AT OFF-CAMPUS VENDORS OR LOCATIONS?

No. Meal plan points need to be spent at on-campus venues. The Evergreen account will still be available for students who wish to deposit money to be used off-campus, at the bookstore, in vending machines, etc.

WHICH MEAL PLAN IS RIGHT FOR ME?

Use our new Meal Plan Navigator on our dining website to help determine the best fit for you.

WHY SHOULD I PURCHASE A MEAL PLAN?

Meal plans help you save money and time, and give you convenient options. When you purchase a meal plan, there will be no need to pack a lunch, clean dishes, lose your parking spot, or carry cash on campus.

WHAT ARE THE MEAL ZONES?

Each day consists of four meal plan time zones. Weekly meal plan holders are permitted to use one meal per time zone and up to three time zones per day. Block meal plan holders are welcome to swipe a meal as often as they wish. The Meal Zones are:

- 7:30 a.m.–11 a.m.
- 11:01 a.m.–4 p.m.
- 4:01 p.m.–8 p.m.
- 8:01 p.m.–11:59 p.m.

HOW ARE ALLERGENS HANDLED?

Allergens and dietary restrictions are unique to each student, so each case is different. We ask that you reach out to dining@loyola.edu to make us aware of the allergen or restriction. Then we can reach out with resources or set up a meeting with our team to discuss. There are more resources on our website: www.loyola.edu/allergens.