



What meal plans do first year's normally choose?

It depends on the students diet—Do they eat a full breakfast every day? Will they be on campus most weekends or traveling with a sports team? Are they good at managing their meals? We find that on average more first year's choose the 14 meal plan, which guarantees them 14 meal swipes a week (mostly lunch & dinner 7 days). Also, they won't run out of meals by the last week of exams because the meals reset each week.

Can a student change their meal plan?

Students will choose their meal plan prior to coming to Orientation. They then can change it up until the end of the first week of classes. The process to change meal plans is explained on the dining website.

How does the meal plan work?

Each meal plan comes with Meal Swipes and Meal Points. Meal Swipes are designed to be used at one of our five "idealmeal" locations. This means you can use a meal swipe to receive an entrée, two sides, beverage and dessert. The meal points are used as dollars, and can be used to purchase things such as Starbucks, sushi, items with barcodes (bottle drinks, snacks, candy, chips) and to shop in the market on campus for groceries.

How are food allergens or special diets handled on campus?

We have a lot of information on our dining website (www.loyola.edu/allergens) about the training of our staff, how our menus are labeled, and more resources. Because we handle food allergens on a one on one personal basis we would love to discuss in detail with you. Email dining@loyola.edu to set up a time to discuss so we can provide more information specific to your allergen or dietary preferences.

Do meal swipes or meal points expire?

Meal swipes do not carry over from one semester to the next. Also, for weekly plans, the meal swipes reset at midnight on Saturday for the next week. But, unused meal points will carry over from fall semester to spring semester and all expire at Spring Commencement.

How many weeks are there in a semester?

Each semester has approximately 15 full weeks.

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