



GET THE HELP YOU NEED WHEN YOU NEED IT MOST

The Cigna Designated Substance Use Treatment Provider program is here to help.

If you or a loved one is enrolled in a Cigna health plan and is coping with substance use issues, Cigna can assist you in finding the appropriate treatment provider to address your clinical needs.

Choosing the right health care facility is an important decision. Cigna has identified in-network providers that provide quality, cost-effective care to help you and your treating provider make this decision.

These Designated Substance Use Treatment Providers:

- › Offer the following substance use disorder treatment programs*:
Inpatient, residential, partial hospitalization and intensive outpatient
- › Meet annual admission and readmission standards; and are
- › Cost effective

Did you know?

Some of the designated treatment programs are specifically tailored to treat first responders, adolescents, women-only and those suffering from chronic pain. Designated treatment programs include recreational activities such as music therapy, yoga, equine therapy and art therapy.**



Questions? We're here to help.

Contact us if you need more information.

Just call the number on the back of your Cigna ID card.

For a list of Cigna Designated Substance Use Treatment Providers, please see the  chart on the back of this flyer.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company or its affiliates.

* All participating facilities provide an inpatient or residential level of care with a step down to a partial hospitalization (PHP) or intensive outpatient program (IOP), which are subject to prior authorization. **The following services are generally not covered:** Services considered to be experimental, investigational and unproven, and nonmedical ancillary services including, but not limited to, educational services, custodial services, vocational rehabilitation and counseling services, religious counseling, work-hardening programs and driver safety programs. This is not a complete list of plan terms and plans may vary. See your plan documents for details of your specific health plan.

** While recreational activities are generally excluded from coverage under health plans because they are considered to be non-medical and/or experimental and investigational services, the costs associated with the recreational activities are included in the cost of the designated treatment programs at no additional expense to the Cigna customer. Boarding expenses offered in regards to covered ambulatory/outpatient programs are available at the customer's expense.

The Cigna Designated Substance Use Treatment Provider program is not a guarantee of the quality of care that will be provided to individual patients. You should consider all relevant factors and consult with your treating doctor when choosing a provider for care. Providers are solely responsible for any treatment provided to their patients. Providers are not agents of Cigna.

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DESIGNATED SUBSTANCE USE TREATMENT PROVIDERS

These in-network health care facilities provide quality, cost-effective care.

LOCATION	FACILITY NAME
Alabama	Bradford Health Services
Arizona	Banner Behavioral Health Hospital
	Calvary Center
California	St. Luke's Behavioral Health Center
	Action Family Counseling Center
	Aurora San Diego
	Betty Ford Center
	Camp Recovery Center
	Cornerstone
	Hemet Valley Recovery Center
	John Muir Behavioral Health Center
	Mills—Peninsula Medical Center – San Mateo
	Mission Pacific Coast Recovery
	MPI Treatment Center
	Sunrise Recovery Ranch
	Valley Recovery Center of California
Colorado	Centennial Peaks Hospital
	West Pines Behavioral Health
Connecticut	MCCA
	Rushford Center
	Silver Hill Hospital
Florida	Hazelden Naples
	Tampa Community Hospital
	Turning Point of Tampa
	Wekiva Springs Wellness Center
Georgia	Peachford BHS of Atlanta
	Ridgeview Institute
Illinois	Alexian Brothers Behavioral Health Hospital
	Behavioral Health at Northwestern Medicine Central DuPage Hospital
	Gateway Foundation
	Linden Oaks Behavioral Health
Indiana	Fairbanks Hospital
Kansas	Shawnee Mission Medical Center
Louisiana	Woodlake Addiction Recovery Center
Maine	St. Mary's Regional Medical Center
Maryland	Mountain Manor Treatment Center
	Pathways Chemical Dependency Program
Massachusetts	Adcare Hospital
	Phoenix House
Michigan	Brighton Hospital
	Henry Ford Maplegrove Center
Minnesota	Hazelden Betty Ford
Mississippi	Parkwood Behavioral Health System
Missouri	Centerpointe Hospital
Nevada	Montevista Hospital
	Seven Hills Hospital

LOCATION	FACILITY NAME
New Hampshire	Hampstead Outlook
	Phoenix House
New Jersey	Carrier Clinic
	Recovery Centers of America
	Sunrise House
New York	Long Island Center for Recovery
North Carolina	Carolinas HealthCare System Behavioral Health First Step
	Fellowship Hall
	Holly Hill Hospital
	Pavillon International
Ohio	Wilmington Treatment Center
	Arrowhead Behavioral Health
	Beckett Springs Hospital
	Dublin Springs
	Glenbeigh Center
	Windsor Laurelwood
Oregon	Woods at Parkside
	Cedar Hills Hospital
Pennsylvania	Hazelden Springbrook
	Bowling Green Brandywine
	Cove Forge
	Greenbriar Treatment Center
	Livengrin Foundation
Rhode Island	Mirmont Treatment Center
	White Deer Run
	Phoenix House
Tennessee	Cornerstone of Recovery
	Cumberland Heights
	Lakeside Behavioral Health System
	Mirror Lake Recovery Center
	Parkridge Health System
Texas	Rolling Hills Hospital
	Into Action Recovery Center
	Memorial Hermann Prevention and Recovery
	Right Step
Utah	Texas Health Behavioral Health Centers
	Ogden Regional Medical Center
Vermont	Salt Lake Behavioral Health
	Valley Vista
Virginia	Inova CATS Program
	Life Center of Galax
	Mt. Regis Center
	Phoenix House
Washington	Lakeside Recovery Center



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