

Save money while improving your life

Everybody loves a discount! Use these to help improve your life — financially, mentally and physically. Offered by some of the most trusted companies in the U.S., these discounts and services are available through your group benefits from Principal[®]. **These discounts are not insurance.**

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Diabetic Living Magazine **Live fully each and every day while managing diabetes.** You can purchase a one-year subscription for just \$16 and get the second year free. Each issue of the magazine offers recipes, weight-loss strategies, a sense of community and more.

principal.com/diabeticliving

Available with your disability insurance

Employee Assistance Program Count on help to be there when you need it. From concerns like decreasing stress to more complex issues such as divorce, your Employee Assistance Program provides recommendations and information to help you with life's everyday, and not so everyday, challenges. You and your immediate family have access to free, confidential service, as well as referrals to supportive and community resources, from Magellan Healthcare.

MagellanHealth.com/member | 800-450-1327

Available with your life insurance

Travel Assistance Ease some of the worries of traveling – whether in the U.S. or internationally. You, your spouse and dependent children have access to a variety of benefits provided through AXA Assistance¹. These services include travel and medical assistance plus emergency medical evacuation benefits.

Assistance is available for travel 100+ miles away from home for up to 120 consecutive days. Available with group term life insurance only.

principal.com/travelassistance

Will & Legal Document Center	Consider creating your simple legal documents online. These online resources and tools, provided by ARAG ^{®2} , are easy-to-use. You and your spouse can create, print and store essential legal documents — such as a will, living will, healthcare power of attorney, durable power of attorney, and medical treatment authorization for minors. Plus, you can access estate planning tools and a personal information organizer. www.ARAGwills.com/Principal. Enter your group policy number: 1092116
Identity Theft Kit	Be proactive in protecting one of your most important assets – your identity. If your identity is stolen, despite your best efforts, you'll get valuable tips on how to restore it. www.ARAGwills.com/Principal. Enter your group policy number: 1092116
Beneficiary Support	Get help coping with the death of a loved one. Beneficiaries receive help coping with the emotions and financial decisions that surface when a loved one dies. Services include grief support from Magellan Healthcare and financial review from Principal [®] . Spouses and dependents receive three months of free online will preparation services provided by ARAG. ² Information is provided after the loss of a loved one.



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