

LOYOLA REFERRAL TREE

Concerned about a student?

Academic
Performance
Problems

Suicidal
Comments

Behavior
changes or
Unusual
Behavior

Respond to students by...

Initiating
Contact

Offering
Support and
Assistance

Connecting
with Campus
Resources

About The Counseling Center...

Phone
Consultation
410-617-5109

Walk-in and
scheduled
appointments

Counseling,
Consultation,
Workshops

Report bizarre or disruptive behavior

Dean of
Students
410-617-2842

Dean of
Freshman
410-617-5547

Campus
Police
410-617-5911

CURA PERSONALIS

"Care for the whole person"

Listening and responding to students



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Resources

- ◆ The Dean of Students Office 410.617.2842
<http://www.loyola.edu/departments/studentdevelopment.aspx>
- ◆ Dean of First-Year Students and Academic Services 410.617.5547
<http://www.loyola.edu/departments/firstyearprograms>
- ◆ Counseling Center 410.617.5109
<http://www.loyola.edu/departments/counselingcenter/>
- ◆ Campus Safety 410.617.5911 or 410.617.5311
<http://www.loyola.edu/publicsafety>
- ◆ Campus Ministry 410.617.2768
<http://www.loyola.edu/departments/campusministry.aspx>
- ◆ Alcohol and Drug Education Support Services 410.617.2928
<http://www.loyola.edu/campuslife/healthservices/adess/index.html>
- ◆ Student Life 410.617.2488
<http://www.loyola.edu/studentlife>
- ◆ Disabilities Support Services 410.617.2062
<http://www.loyola.edu/dss/index.html>
- ◆ ALANA Services 410.617.2310
<http://www.loyola.edu/departments/alana.aspx>
- ◆ Health Center 410.617.5055
<http://www.loyola.edu/departments/studenthealth.aspx>
- ◆ Academic Advising and Support Center 410.617.5050
<http://www.loyola.edu/departments/aasc.aspx>
- ◆ Graduate Student Services 410.617.2353
<http://www.loyola.edu/departments/gradservices.aspx>
- ◆ Bias Reporting 410.617.5171
<https://inside.loyola.edu/reportbias/form.html>

Cura Personalis

"care for the whole person"



Listening with Intent,

Responding in Mission

Recognizing and Responding to

Students in Distress

A Guide for Faculty, Administrators, and Staff

Dean of Students Office



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Students who are suffering from emotional *distress* may exhibit the following warning signs:

- ◆ Change in academic performance
- ◆ Increase in class absences
- ◆ Lack of motivation
- ◆ Change in degree of class participation
- ◆ Social withdrawal
- ◆ Impulsivity
- ◆ Marked change in personal hygiene
- ◆ Falling asleep in class
- ◆ Confrontational/Disruptive behavior
- ◆ Exaggerated response to typical events

Students who may be experiencing an emotional *crisis* may manifest some of the following behaviors/gestures:

- ◆ Engagement in destruction of property
- ◆ Significant weight loss or weight gain
- ◆ Expression of suicidal tendencies
- ◆ Suicide attempt
- ◆ Disassociation from reality
- ◆ Visual or auditory hallucinations
- ◆ Tearfulness
- ◆ Panic attacks



RESPONDING TO STUDENTS IN DISTRESS...

- ◆ Remain calm
- ◆ Initiate contact
- ◆ Meet with the student at a time when interruptions will be limited
- ◆ Be present to the student and avoid preoccupation with other events
- ◆ Remain non-judgmental
- ◆ Avoid criticism
- ◆ Refer student to the appropriate on-campus resource
- ◆ Reiterate your support and instill hope
- ◆ Follow-up with the student
- ◆ If necessary, walk the student to the Counseling Center
- ◆ If the situation is emergent, contact campus police

Note on Reporting Sexual Assault

If a student informs you of a sexual assault you are obligated to report the incident immediately to both the Dean of Students Office (410.617.2842) and Public Safety (410.617.5911).

DID YOU KNOW THAT...

Loyola University Maryland has a **Student Concerns Committee** that includes representatives from:

The Dean of Students Office
Student Life
Dean of First-Year Students and Academic Services
ALANA Services
Disability Support Services
Alcohol and Drug Education Support Services
Health Center
Counseling Center
Student Support Services

Members of the committee review and respond to students who have demonstrated visible signs of emotional distress within the university community.

The **Counseling Center** offers:

Individual Counseling
Group Counseling
Crisis Management
Relaxation Resources
Wellness and Stress Assessment Services
Outreach and Prevention Programs
Consultation Services for faculty and staff
REACT on-line is an interactive program about responding positively after a crisis or traumatic event. <https://reactonline.loyola.edu/online/>
Content will remain confidential.

Campus Ministry offers both **spiritual and personal** support to students by making every effort to meet with students personally.

The **Dean of Students Office** follows up on all bias reports. It is our shared responsibility to stop discrimination and bias when we witness such behavior..

*****Recognize, Reject, and Report Bias*****