



ADVANCED DOCTORAL

# EXTERNSHIP PROGRAM

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LOYOLA UNIVERSITY MARYLAND 2024-2025



## *Advanced Doctoral Externship*

# CLINICAL SERVICE

We are excited to announce recruitment for the Counseling Center's Advanced Doctoral Externship for the 2024-2025 academic year. This externship experience provides advanced doctoral students in counseling/clinical psychology with integrative training and supervision that highlights the value of cultural humility in ethical clinical practice. Externs will engage in a variety of activities that build on their academic training and will gain a range of clinical skills that address the mental health and developmental issues of clients in a university counseling center setting. The externship program is a nine-month, part-time position.

### **Clinical Service**

Externs will spend most of their time providing brief individual counseling and psychotherapy to students with a wide range of psycho-social and emotional concerns. With the support of their supervisors, externs will explore a range of theoretical orientations and clinical techniques; ethical practice; therapeutic relationship building; the psychological change and healing process; cultural humility; and crisis intervention.

During the year, externs may have opportunities to gain experience in the following areas:

- Initial Assessment
- Brief Individual Therapy
- Group Counseling
- Comprehensive Referral
- Outreach
- Specialization Track Opportunities (Optional)
  - LGBTQ+ Services
  - Student Athlete Mental Health Services

Externs are expected to be available for an average of 20 hours per week and carry a caseload of 8-12 clients.



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## TRAINING & DEVELOPMENT

### **Training & Development**

At the beginning of the fall semester, externs will receive initial training and orientation sessions. During this time, externs will develop personal training goals based on an assessment of their experience and skills.

### *Supervision of Individual Caseload*

Each extern will receive weekly, individual supervision, which is designed to support professional development, case management, and clinical skills. Individual supervision will be provided by a licensed psychologist on staff.

### *Didactic Seminars & Group Supervision*

Didactic seminars will be offered by members of our multidisciplinary team that highlight clinical areas relevant to generalist practice and university counseling center populations. Group supervision will also be provided by a senior staff member for case presentations and consultation.

### *Cultural Journal Reflections*

Externs will also complete Cultural Journals once a month intended to explore and further develop various identities throughout the externship year. During monthly meetings with the Associate Director for Social Justice, externs will reflect on their exploration.

### *Administrative Duties*

Externs will be expected to complete administrative tasks in a timely manner and will consult with their clinical supervisors about the appropriate amount of time needed for these tasks.

What to  
EXPECT



### *Advanced Doctoral Externship*

## TRAINING & DEVELOPMENT

### *Specialization Track Options:*

**LGBTQ+ Services:** The LGBTQ+ Services Track at Loyola University Maryland's Counseling Center is focused on outreach development, case consultation, and didactic learning. Our goal is to integrate LGBTQ identity into the components of training that already exist and add a layer of going beyond what was already established. Trainees who participate in this track will have the opportunity to learn more about the LGBTQ+ Services administrative role in counseling center settings through the learning activities listed above, with a project of creating one individual or group outreach a semester and/or contributing to the LGBTQ Resource Fair hosted annually in the Spring Semester.

**Student Athlete Mental Health Services:** The Student-Athlete Mental Health Track at Loyola University Maryland's Counseling Center focuses on sport psychology and student-athlete mental health services. This track exposes trainees to aspects of clinical, consultative, and professional development when working with student-athletes, teams, coaches, and the broader system of a Division I college athletic department. Trainees will have flexibility when it comes to how they design and complete this track and will meet with licensed sport psychologists on staff throughout the year to discuss and explore interests. The track will include didactic seminars focused on topics related to sport psychology. Other training experiences may include: individual therapy/performance enhancement work with student-athletes; outreach; consultation with coaches; workshops and consultation with teams; or the design of an outreach project. In line with our Center's strong emphasis on liberation and social justice, trainees will be empowered and encouraged to integrate a focus on historically marginalized populations and issues related to DEIBJ.

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# ELIGIBILITY & APPLICATION PROCEDURE

## Eligibility

Candidates should be advanced doctoral students with at least two years of supervised clinical experience. Candidates should have completed preliminary course work including counseling skills, theories, ethics, and cultural considerations. We also encourage potential candidates to consider the potential for multiple relationships; please review our statement on multiple relationships.

## *Application Procedure*

Applications are due no later than **February 2, 2024**. Once applications are reviewed, interviews will be offered to qualified candidates for the 2024-2025 application cycle.

Application for this Advanced Externship requires the following completed documents:

- a. Cover letter
- b. Curriculum vitae
- c. Graduate transcript (unofficial accepted)
- d. Two recommendations that include information that highlights the following areas:
  - 1) case conceptualization, 2) awareness of and ability to respond to themes of equity and inclusion, 3) ethical practice, 4) use of supervision, and 5) workplace engagement/case management. We also appreciate consideration of areas for growth as we work to ensure our training program meets the needs of potential trainees.
  - Recommendations should be submitted to the Associate Director for Training directly from the recommender.

Application materials can be faxed 410-617-2001 or emailed to Kourtney Bennett, PhD, Associate Director for Training, at [kbennett@loyola.edu](mailto:kbennett@loyola.edu).

*Learn more about us by visiting [www.loyola.edu/counselingcenter](http://www.loyola.edu/counselingcenter).*

