

Externship Program University of Maryland at Baltimore Student Counseling Center (SCC)

Position Overview:

The primary focus of the program is to provide a quality training experience for counseling/clinical psychology, and social work master's level trainees. The extern will be exposed to a brief intervention model for individual therapy in a college counseling center which houses professional schools in the health sciences and a law school. The University is located in a diverse urban environment and has professional students from diverse backgrounds. It is the goal of the program to provide the extern with a clinically enriching experience, as well as to foster the overall professional maturation of the trainee.

Learning Objectives:

The extern will:

- Increase skills in conducting intake assessments.
- Developing skills in completing clinical screenings (i.e., telephone)
- Apply clinical knowledge and further develop counseling skills.
- Increase sensitivity to cultural diversity in therapy.
- Increase understanding of ethical and professional issues
- Gain skills in consulting and conducting psycho-educational programs.

Externship experiences include:

- Brief therapy
- Individual and Group counseling
- Phone Triage
- Intake Assessments
- Case management and referral
- Consultation to students, faculty and staff
- Outreach to University of Maryland at Baltimore campus community

Supervision, Training and Development:

The SCC staff believes in Competency Based Supervision as an approach to supervision; this approach fosters the development of a collaborative relationship that will allow the extern to grow both professionally and personally. Through the supervisory relationship, the trainee will develop essential counseling skills, sensitivity to ethics, and cultural issues, while cultivating their identity as a mental health

professional. The extern will receive supervision for individual counseling, which will consist of a minimum of 1 hour of supervision per 4 clients a week. All individual counseling sessions will be recorded for supervisory purposes. The extern will be required to attend and participate in the SCC's intake and case conferences meetings. At these meetings there will be presentation of intakes, and discussion addressing treatment planning. The externs will also be expected to attend all professional development activities offered by the SCC for externs.

Clinical Experience and Other Responsibilities: The externs are expected to work a minimum of 18 hours per week for the entire academic year providing individual psychotherapy, group psychotherapy and outreach to the campus community.

Individual Counseling: The externs will have individual clients, perform intakes, and conduct phone triages. Cases will be selected based on the appropriateness for the trainee. In each case a licensed mental health professional at the University of Maryland at Baltimore's Counseling Center will consult and discuss the case with the trainee to determine if a case is appropriate.

Group Counseling: This advanced practica/externship may offer the opportunity to apply group counseling knowledge and skills in a university counseling center setting. The trainee may have the opportunity to co-lead a group with a senior staff member. The availability of a group training experience cannot be guaranteed.

Outreach Experience: The externs may have the opportunity to develop their presentation skills or consultation skills through providing or assisting with psycho-educational programming offered to the University community. Examples of outreach programming by Counseling Services may include National Depression Screenings, participation in informational fairs, and conducting psychoeducational workshops for the student population.

Externship Eligibility:

Candidates must be pursuing a master's or doctoral degree in psychology, counseling, or clinical social work. The trainee must be able to commit 18 hours per week for the entire academic year. The successful candidate must have experience and/or interest in working with racial/ethnic or otherwise diverse populations, strong clinical skills and some interest or familiarity working from a time-limited therapy model. The candidate also must have successfully completed an individual practicum and provide proof of registration for the academic semester.

Duration:

The externship program is an academic year. The position will commence August 2024 and end in May 2025 . Dates will be decided based on the academic calendar.

Application Process:

The SCC we'll begin accepting applications as of January 8, 2024, and will accept applications until the position is filled.

Send:

- (1) A letter of interest
- (2) Current Vitae
- (3) One letter of reference

Qualified applicants will be selected and invited for an interview.

Please forward application materials to:

Marquette W. Turner, Ph.D.
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