

**MedStar Georgetown University Hospital (MGUH)
Department of Psychiatry
Division of Outpatient Child and Adolescent Psychiatry
AND
Center for Wellbeing in School Environments (WISE Center)**

Child and Adolescent Clinical Psychology Externship Training Program

MGUH's Department of Psychiatry is a multidisciplinary, community- and family-focused organization committed to strengthening the wellbeing of children and families through a culturally- and healing-informed approach. We have three rotation opportunities: Outpatient Mental Health, School-Based Mental Health, and Adult/Health Psychology.

Program Overview: Adult Treatment/Health Psychology Track

This is the newest track of our training program and includes provision of therapeutic supports for clients in hospital/health centers as well as educators within a school-based setting. The Health Psychology training experience focuses on the intersection of social, psychological and biological factors that influence overall health.

Doctoral externs engage in a unique combination of school-based services, including:

Evidence-Based Psychotherapy

- A. **Educator therapy rotation:** Individual or group-based, empirically supported treatments (e.g. CBT, Single Session Consultation) are provided to educators and school staff. Candidates for therapy are self-referred and/or referred by administrators. Services are provided virtually.
- B. **Health Psychology rotation:** The health psychology rotation offers externs a unique opportunity to train in an area of specialty with the goal of providing mental health services focused on promoting health and overall physical and psychological wellbeing.

Fort Lincoln Family Medicine: Externs will rotate one (1) to two (2) full days at the clinic. Training will focus on brief patient care interventions and primary care mental health consultation. Externs will have the opportunity to work directly with medical residents and fellows as part of an integrated behavioral health team.

- Required training day: Monday
- Onsite supervision will be provided by Dr. Keri Kirk
- Additional opportunities available: Research on health behaviors and social context of obesity and cardiovascular disease

Location

Fort Lincoln Family Medicine
4151 Bladensburg Rd
Colmar Manor, MD 20722
p: 301-699-7700
f: 301-779-9001

Lombardi Cancer Center: Externs will rotate one (1) full day at the clinic. Training will focus on patient care with adults diagnosed with cancer. Externs will learn to utilize specific distress screeners to determine proper supports for the client.

- Required training day: Tuesday
- Onsite supervision will be provided by Dr. Kimberly Davis
- Additional opportunities available: Research on cancer prevention and control, distress screening and follow up

Locations

2115 Wisconsin Avenue NW, Suite 200, Washington, DC 20007 (Department of Psychiatry)
3800 Reservoir Road NW, Washington DC 20007 (Main Hospital)

Supervision

Individual in-person weekly supervision will be provided by licensed clinical psychologists. A primary focus of supervision is enhancing externs' understanding of the intersection between biology, psychology, behavior, and health in the treatment process. Supervision models with a cultural basis are utilized throughout the training process. Our team aligns with The Public Psychology for Liberation Training (Neville et al, 2021), viewing training as *an iterative, ongoing nonlinear developmental process to be revisited and strengthened as needed*. We highly value trainees' expertise, input, and feedback. We identify ourselves as learning partners and invite trainees to engage in a process of life-long learning and growing with us.

All externs will also be required to participate in Quarterly Group Supervision four (4) times throughout the training year with other psychology externs and social work interns. In group supervision meetings, trainees gain broader viewpoints and a greater understanding of the interface of psychotherapy, community mental health, and hospital medical care. Given our faculty's strong commitment to training, externs are afforded the opportunity to collaborate with many experts in our field via MGUH Department of Psychiatry, depending on their specific interests.

Didactics

- Adult/Health Psychology externs will attend weekly didactic seminars tailored to meet their training needs and interests. In addition, (virtual) attendance at Adult Psychiatry Grand Rounds (twice a month on Thursdays at 4p) are recommended. Externs also have the option to attend additional weekly didactics sessions alongside child and adolescent psychiatry fellows, residents, and/or externs as is topically relevant.

Qualifications

Applicants should be doctoral externs in Clinical, Counseling, or School Psychology entering their 3rd year or higher and have experience delivering psychotherapy.

Time Requirement:

Two days per week (~8:30am to 5:30pm) is preferred. One day per week rotations are considered, if applicable.

- Lombardi Cancer Center
 - One (1) position available
 - Day 1: Focus on Health Psychology (Tuesday required)
 - Day 2: Half Day (4 hours) focused on educator therapy (virtual, in-person possible); half day (4 hours) of research focused on Health Psychology (virtual)
- Fort Lincoln Family Medicine
 - Two (2) positions available
 - *One position*: Focus on Health Psychology two (2) days a week (Mondays and Wednesdays)

- *Second position: Day 1: Focus on educator therapy (virtual, 8 hours); Day 2: Focus on Health Psychology (8 hours/Mondays required, educator therapy day flexible)*

Caseload Requirement

It is recommended that externs carry a weekly caseload of 5-6 individual patients. Caseloads numbers will be at the discretion of the site supervisor and externs.

Number of Positions Available

Three (3) externs will be recruited to begin in August 2023.

To note, only a select number of the most competitive applicants will be offered interviews, and interviews will be offered on a rolling basis. As such, early submission of application materials is highly encouraged.

To apply:

***We will begin accepting applications Friday January 6, 2023.**

Please send the following information to the email address below:

- Letter of Interest, *stating the specific track(s) in which you are interested*
- CV
- 2 letters of recommendation from current or previous clinical supervisors
- 1 recent sanitized assessment report; if a sanitized assessment report is not available, a scholarly writing sample will be accepted (ie. de-identified case formulation)

****If interested in the Adult/Health Psychology track, please submit materials to email to Dr. Denisha Carter (Denisha.L.Carter@gunet.georgetown.edu) and cc: Dr. Megan Polanin (megan.k.polanin@gunet.georgetown.edu).**

Application deadline

February 10, 2023 or before. Offers are extended on a rolling basis; however, externs are not required to accept or decline offers until Consortium Match Day on **March 10, 2023**.

Contact Information:

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