

**MedStar Georgetown University Hospital (MGUH)
Department of Psychiatry
Division of Outpatient Child and Adolescent Psychiatry
AND
Center for Wellbeing in School Environments (WISE Center)**

Child and Adolescent Clinical Psychology Externship Training Program

MGUH's Department of Psychiatry is a multidisciplinary, community- and family-focused organization committed to strengthening the wellbeing of children and families through a culturally- and healing-informed approach. We have three rotation opportunities: Outpatient Mental Health, School-Based Mental Health, and Adult/Health Psychology.

Program Overview: Outpatient Mental Health Track

MGUH's Division of Child and Adolescent Psychiatry, within the Department of Psychiatry, provides outpatient mental health services to youth and young adults ages 3-24 and their families. Clinical psychology doctoral externs deliver psychodiagnostic and psychotherapy services for child, adolescent, and young adult clinical populations within our outpatient clinic setting and, in certain cases, within a medical setting (e.g., Pediatric Primary Care). In addition to engaging in weekly supervision with licensed clinical psychologists, externs participate in supplementary trainings with other members of our multidisciplinary faculty, including psychiatrists and social workers.

This externship is intended for advanced doctoral students (e.g., rising 3rd year or above) in clinical, counseling, or school psychology. A strong emphasis is placed on treatment, supervision, and ethical decision-making within a multicultural context.

Psychodiagnostic Assessment: Psychodiagnostic assessments are regularly conducted at the onset of psychotherapy to assist with conceptualization and treatment planning. Externs are trained in the use of well-validated screening instruments (e.g., BASC-3), semi-structured interviews, and mental status examinations. Diagnostic assessment practice is conducted primarily at intake and is utilized to inform conceptualization and treatment planning. If interested in supplementary experience, opportunities for psychological testing are available via community partner upon request.

Evidence-Based Psychotherapy: Externs receive training in and deliver individual and group-based, empirically supported treatments with youth and families who are presenting with a range of clinical concerns (e.g., ADHD, anxiety, depression, ODD, PTSD). Treatment approaches most often employ cognitive-behavioral techniques (e.g., CBT, parent training, DBT); however, family systems, psychodynamic, mindfulness-based, and interpersonal approaches are also integrated, as appropriate. In-person supervision for the aforementioned theoretical orientations is available.

Additional training opportunities include:

- Interface with a multidisciplinary team of Clinical Psychologists, Psychiatrists, Psychology Post-Doctoral Fellows, Medical residents, Psychiatry fellows, and Social Workers.

- Consult with teachers, school-based mental health practitioners, and other invested stakeholders regarding patients' emotional and behavioral needs outside of treatment.

Supervision

Individual in-person weekly supervision will be provided by Licensed Clinical Psychologists. A primary focus of supervision is increasing the extern's understanding of multiculturalism in treatment. Our team aligns with The Public Psychology for Liberation Training (Neville et al, 2021), viewing training as *an iterative, ongoing nonlinear developmental process to be revisited and strengthened as needed*. We highly value trainees' expertise, input, and feedback. We identify ourselves as learning partners and invite trainees to engage in a process of life-long learning and growing with us.

All outpatient externs will be required to participate in Quarterly Group Supervision four (4) times throughout the training year with other doctoral psychology externs and social work interns. During group supervision meetings, trainees gain broader viewpoints and a greater understanding of the interface of psychotherapy, community mental health, and hospital medical care. Given our faculty's strong commitment to training, externs are afforded the opportunity to collaborate with many experts in our field via MGUH's Department of Psychiatry, depending on specific interests.

Didactics

Outpatient externs will participate in weekly didactics (Tuesdays 10-11am) facilitated by MGUH faculty and community partners. Didactics focus on various topics including, but not limited to maternal mental health, group therapy, dialectical behavior therapy, and provider consciousness among many others.

Outpatient externs are encouraged to participate in monthly departmental didactics facilitated by world renowned researchers and practitioners (Tuesdays 11am-12:15pm).

Qualifications

Applicants should be doctoral externs in Clinical, Counseling, or School Psychology entering their 3rd year or higher and have experience delivering psychotherapy.

Time Requirement

Two days per week (~8:30am to 5:30pm) is preferred. One day per week rotations are considered, if applicable.

- One (1) position: Maternal Mental Health—One (1) full day (Wednesday preferred); Second full day—Outpatient clinic (Tuesdays required)
- Two (2) positions: Two (2) full days outpatient clinic (Tuesday is a required training day, due to didactics schedule. The second day of training at MGUH will be on Mondays, Wednesdays, or Thursdays).

Caseload Requirement

Externs will be required to carry a weekly caseload of 5-6 individual patients and facilitate or co-facilitate one group weekly. Externs' interests and training needs are considered when determining caseload.

Number of Positions Available

Three externs (3) will be recruited to begin in September 2023.

Location for MGUH Outpatient Mental Health Track

MGUH Department of Psychiatry
2115 Wisconsin Ave, NW
Suite 200
Washington, DC

To apply:

***We will begin accepting applications Friday January 6, 2023.**

Please send the following information to the email address below:

- Letter of Interest, *stating the specific track(s) in which you are interested*
- CV
- 2 letters of recommendation from current or previous clinical supervisors
- 1 recent sanitized assessment report; if a sanitized assessment report is not available, a scholarly writing sample will be accepted (ie. de-identified case formulation)

****If interested in the Outpatient Mental Health track, please email Dr. Denisha Carter (Denisha.L.Carter@gunet.georgetown.edu) and cc: Dr. Megan Polanin (Megan.K.Polanin@gunet.georgetown.edu).**

Application deadline

February 10, 2023, or before. Offers are extended on a rolling basis; however, externs are not required to accept, or decline offers until Consortium Match Day on **March 10, 2023**.

Contact Information:

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