



ALANA Staff:

Raven Williams
Director

Dennis Velez
Associate Director

Julie Rivera
Assistant Director

Jessica Morales
Graduate Assistant

Knekiya Harper
Graduate Assistant

Jared Louie
Graduate Assistant

ANTHEM

SEPTEMBER / OCTOBER 2021



Another academic year starts and Latinx Heritage Month (LHM) is soon upon us. Every September, ALANA Services offers the Loyola community programs and events to celebrate Latino heritage, nationally known as Hispanic Heritage Month. Programs and events during National Hispanic Heritage Month take place from Sept 15th to Oct 15th.

The significance of September 15th is to recognize the anniversary of independence of five Latin American countries: El Salvador, Costa Rica, Guatemala, Nicaragua and Honduras. For Mexico, Chile and Belize, the month of October also carries great value since these nations celebrate their independence days and Columbus Day (Día de la Raza) on October 12th.

Today, National Hispanic Heritage Month seeks to recognize the contributions made and the important presence of Hispanic and Latinx Americans to the United States. Therefore, we hope to celebrate Latinx and Hispanic heritage and culture. Please join us in this annual tribute by learning about the generations of Hispanic Americans who have positively influenced and enriched our lives and this nation. To celebrate this year's LHM, ALANA and the Association of Latin American and Spanish Students have some events planned for you!

DIRECTOR'S CORNER

Greetings from ALANA Services! I hope this message finds you in good health, energized, and ready for the 2021-2022 year. We welcome the class of 2025 into the Loyola community, and welcome back the classes of 2022, 2023, and 2024. We are elated to see Evergreen campus vibrant with students again! The ALANA staff has been planning all summer for your arrival and we are excited about the opportunities to connect and engage with our campus community. There are several events and programs scheduled throughout the semester that will bring us together to celebrate multicultural diversity, highlight important campus resources, as well as provide spaces for social engagement and networking. Latinx Heritage Month (September 15th-October 15th) is quickly approaching so be on the lookout for upcoming events. We are here to support you so be sure to connect with our office. We look forward to seeing you at one of our many events, as well as on social media. Have a productive, safe, and prosperous fall semester!

Ms. Raven D. Williams

INSIDE THIS ISSUE

- Words from ALAS & CSU **2**
- Crossword **3**
- ISP & Counseling Center **4**
- Words of Encouragement from ALANA **5**
- Loyola Lingo & Org Leaders **6**
- Important Dates & Follow us **7**

WORDS FROM ALAS

By ALAS E-Board

What Orgullo means to me...

ALAS's Theme for this academic year is Orgullo. The beauty of this theme is that every individual's opinions, perspectives, and experiences have shaped the way one feels orgulloso about their culture and heritage. For me, Orgullo is a strong feeling of being proud of my culture and being able to share it with my community. When thinking about this theme, I thought of different ways I express how I am an orgulloso Mexicana. From hanging the Mexican flag in my room, speaking Spanish with my friends, listening to music, cooking typical dishes, celebrating accomplishments with friends and family, etc. Orgullo brings a sentiment of hard work, determination, motivation, and most importantly a sense of belonging. **-Mariana**

To me orgullo means being proud of who you are. Latinx people show they're orgullo by showing their culture and backgrounds. We always show our flags to present the pride we show for our countries. **-Alexys**

Orgullo is a strong pride in my heritage, which calls for celebrating the history, traditions, and individuals of my home country. Orgullo allows me to rejoice in all the accomplishment of my home country and to proudly tell others what my nationality is. It helps build a strong sense of community between myself and those who share the same heritage as me. Orgullo motivates me to invite others to join me in celebrating my heritage and to teach those interested learning more about my nationality. **-Lupe**

Orgullo to me, means being proud of not only who you are, but where you come from and who you represent. Your heritage and traditions are something to be proud of. **-Rodrigo**

For me orgullo is a heart warming feeling in my entire body when I walk anywhere I go. I reflect on how I am able to fill out spaces and create opportunities for others in my community that my ancestors only dreamed about. I connect orgullo to the eyes of my mother, my abuela, my dad and my sister because everyday they look at me with such love and I just now how proud they are of me. I would never change being from Puerto Rico because I will always be Boricua even in the moon and will take the flag with me. **-Natalia**

To me, orgullo is being proud of where you come from and not being afraid to share it with the world. In the past, we have been told to reject or change ourselves to please others; Today, ALAS wants to encourage everyone to not only be proud of their heritage and their lineage, but to be proud of how that's affected them today. When we talk about orgullo it's more than just being proud. It's the smile beaming from your Mama after you tell her you got an A, or the happiness you feel when you speak in Spanish. ALAS wants to encourage all students to be orgullosos about where they came from and where they are today! **-Alondra**

Words from CSU



One thing about the Caribbean is that we have many countries that share customs and traditions. Each country has a unique background that allows them to be different in their own way. CSU defines pride as the joy that is brought to someone/something that is not replaceable.

Pride can be a strong feeling and can go a long way!

OUR CSU...

Powerful people that come together for the good times and the bad

Rejoicing ones true self and culture

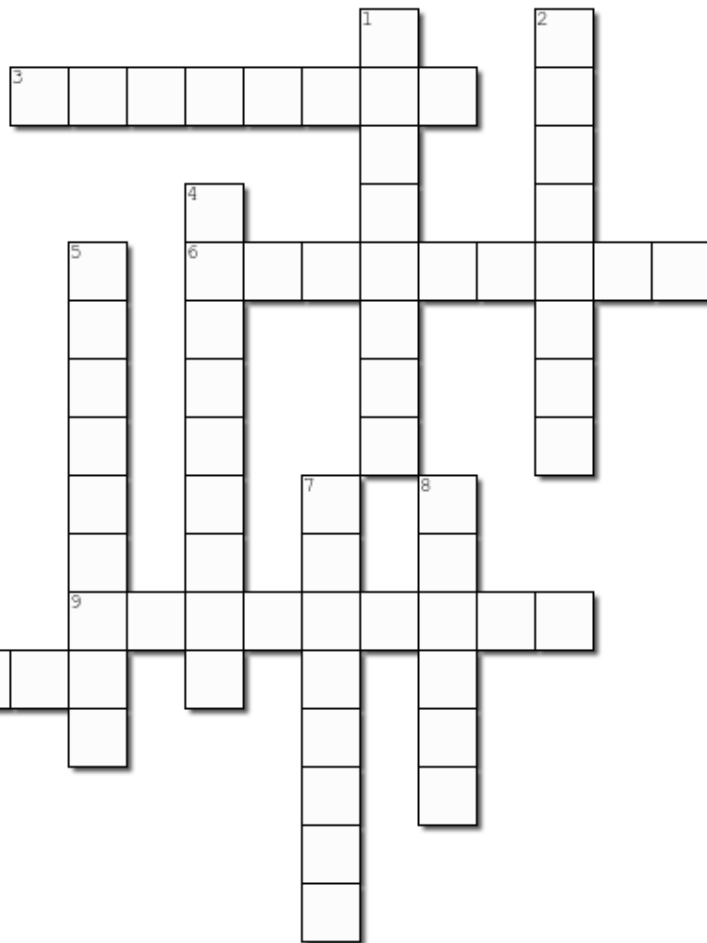
Inspiring one another, no matter where we are from

Discovering our similarities and acknowledging our differences

Embracing our love for our culture!

-Caribbean Student Union

Crossword!



Across

3. supernatural Barbadian figure in folklore who is known for scaring children and carving out hearts
6. Actress hailing from Bermuda who played a Lannister on the show Game of Thrones
9. Jamaican tradition used for bidding the dead goodbye
10. Barbadian singer and business woman who's net worth is approximately \$600 million

Down

1. an island country in the Lesser Antilles of the West Indies
2. street parties meant to celebrate and commemorate events in history often including a parade of some sort
4. a city showcasing colonial architecture highly influenced by medieval Spain and the Baroque art
5. Trinidadian rapper and singer who is considered to be one of the most influential female rap artists of all time
7. festival that originated from slavery and is held every year between Christmas and New Years
8. music genre commonly associated with the Caribbean and pioneered by Bob Marley

ALANA Mentoring Program

ALANA Based Mentoring: While college is a fun and rewarding experience, the transition can be challenging, whether it is the workload or finding your place. Through the ALANA Mentoring Program (AMP) you will be provided with a mentor who has gone through similar experiences

The Perks: AMP will help you meet new people and make new connections. AMP events in the past have included going to the movies, going to Sky Zone, and having Potlucks.

The Program: You will be paired with an upperclassman who will support you through regular check-ins and meaningful social interactions. Your mentor be 100% committed to helping with your adjustment.

Contact: If you have any questions, please reach out to our Mentorship and Assessment Graduate Assistant, Jessica Morales, at jmorales@loyola.edu



IGNATIUS SCHOLARS PROGRAM

Each year since 2013, the Ignatius Scholars Program (ISP) has given cohorts of 30 students an advantage above their peers who arrive in the fall. The program is coordinated by the Office of Student Development, ALANA Services, and the Academic Advising and Support Center (AASC). Participants in the program primarily include students of color, students who demonstrate significant financial need, and first-generation college students. From July 19th to September 3rd this year's 40 ISP students, or I-Scholars, cultivated eloquentia perfecta, or the Jesuit tradition of exhibiting effective speech and writing, through courses in math, reading, and writing virtually. They also discovered Loyola University Maryland's (LUM) supportive services through a series of online workshops. I-Scholars constructed their supportive networks through virtual team-building exercises and academic advisory meetings. For more information, please visit www.loyola.edu/join-us/ignatius-scholars.

Coordinator Introduction | Counseling Center Welcome Back to Campus Message

Anticipation. Nervousness. Joy. Uncertainty. Excitement. Stress. Are any of these words you might use to describe your feelings about returning to campus? If so, you're not alone; I am right there with you. Like many of you, embarking on this upcoming school year is filling me with several different emotions, both as someone emerging back to in person work amidst the effects of COVID-19 and as a newbie to the Loyola community!

My name is Dr. Whitney C. Hobson and I am pleased and honored to be joining Loyola University Maryland's Counseling Center team as a Psychologist and the Coordinator of Services for Students of Color. Prior to coming to Loyola, I worked in a university counseling setting for almost 5 years and before that completed training in a community mental health setting that addressed the social and emotional needs of young and emerging adults. I identify as a Black woman who is descendant from enslaved Africans held in bondage in the United States and am a born and raised Baltimore native. I am also a lover of all dogs, almost anything on Netflix, DIY projects, and random bouts of singing and laughter. Like you, I bring my full self to this work and this community and while excited about this journey, I am also faced with the challenges of the unknown at a time where there feels like more questions than answers exist.

The COVID-19 pandemic, spanning more than a year and causing untold disruption across the globe, has required many of us to reshape our lives. Just as there is no singular experience of the pandemic itself, there is no one emotional experience either. Whatever your experience, it is valid.

In my role, I hope to serve Loyola's broad student community as it relates to mental health and wellness, but to also specifically focus on identifying and addressing the needs and fostering strength, resilience, and empowerment for students of color across campus. One thing that has certainly become clear over the past year is that the continued degradation of community sense of belonging and faith in institutions is an additional barrier to healing. The viral pandemic brought greater light to the simultaneous pandemic of racism in the United States. During COVID-19 folks faced increased instances of hate and violence against AAPI communities, police brutality against Black, Indigenous, People of Color, a tumultuous presidential election, and more. I am dedicated and excited to work toward healing that includes rebuilding communities, strengthening relationships, and holding institutions accountable for long-abiding institutional racism, alongside an amazing team, phenomenal campus partners, and motivated and resilient students whose thoughts and minds will shape the future. We have so much to overcome, but we also have so much to look forward to, including more opportunities to discuss healing and wellness within this platform!

In the meantime, please check out our website (loyola.edu/counselingcenter) and Instagram (@loyolamd_counselingcenter) page to learn more about me, my colleagues in the Counseling Center, and all the work we are doing to support student wellness.

Words of Encouragement from ALANA



"ALANA is here to support you....we're just a phone call, email, or Zoom appointment away. You possess the strength and skills to achieve anything you set out to do!"

"Life can be so unpredictable. There are so many facets that you cannot control. But you can control your attitude, your determination, and your outlook. Focus on the positive, and remember that you are well equipped to handle whatever life throws your way. Make the best of this situation, and make it a semester to remember! You've got this!"



"Challenges tend to come to those who are ready for it. Know that you will only grow stronger from these experiences. Take it one day at a time and know that you're not alone!"

"See adversity and accidents not as a loss but as an opportunity for learning and improvement! We never truly make it alone so take care of the people around you, offer support readily, and never look down on another unless it's to help them up."

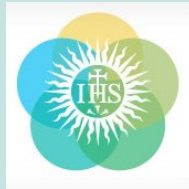
"Welcome back to campus! It may take a bit to adjust to on-campus life again. Please know I am here to discuss any issues you may be going through. You always have a support system in me! I can't wait to see everyone again!"

"Welcome Greyhounds! Life may be unpredictable and there may be so many changes happening everyday, but always remember to take it one day at a time. You've got what it takes to succeed! Believe in yourself and all that you are because everyone here at ALANA believes in you!"



Loyola Lingo: LUM Core Values

One of the first things that you may notice coming to campus is the strong emphasis on Jesuit values. And while you may have heard about Jesuit values since familiarizing yourself with Loyola, it may be unclear what those are. These are foundations that Jesuits believe are a fundamental part of the goals and ideals that you strive for, both in life and also as a student. Academic excellence is promoted through Loyola being an institution of learning and exploration, while at the same time protecting those academic freedoms. Another value promoted throughout the university is diversity, which seeks to provide an inclusive environment for all regardless of race, gender expression and identity, religion, ethnicity, sexual orientation, or disability, which is done through offices, like ALANA Services. The focus on the whole person is another concept exemplified by Loyola to provide services to help individuals strive for good health, well-being, and spiritual value, through offered services such as, the Counseling Center, the Center for Community Service and Justice (CCSJ), and Campus Ministry. There are many more Core Values that LUM abides by and it is essential to understand how each of these function on campus. These ideals are not mutually exclusive, and are meant to provide students, faculty, and administrators with a sense of community as they step onto this campus. How do these values relate to your personal ideals? <http://www.loyola.edu/about/mission-vision-values>



ALANA SERVICES

ALANA Services Mission Statement

ALANA (African, Latinx, Asian, and Native American) Services is committed to providing support, services, and programs that facilitate the success of all ALANA students at Loyola University Maryland. Through intentional programming and a spectrum of services, we foster the academic, cultural, personal, spiritual and leadership development of ALANA students.

Furthermore, we seek to create and maintain an environment of respect and awareness, while advocating for ALANA students and responding to their needs.

Phone: 410-617-2310

Web: <http://www.loyola.edu/>
Loyola University Maryland

4501 North Charles Street
Andrew White Student Center E315

2021-2022 ALANA ORGANIZATION PRESIDENTS

AFRICAN STUDENT ASSOCIATION

Eniola Sokera

ASIAN CULTURAL ALLIANCE

Kayte Rooney & Kelley Chan

ASSOCIATION OF LATINX AMERICAN STUDENTS

Mariana Carillo

BLACK STUDENT ASSOCIATION

Anaya Adams & Grace Murray

CARIBBEAN STUDENT UNION

Jada Brown Guerra

MIDDLE EASTERN SOUTH ASIAN ALLIANCE

Seemab Kazmi

NATIVE AMERICAN STUDENT ASSOCIATION

Joy Walker

MOSAIC: A WOMXN OF COLOR INITIATIVE

Gabriela Argueta-Ferrafino

Stay Engaged with ALANA

September Events Latinx Heritage Month



- | | |
|------------------------------|------------------------------|
| 9/10- ALANA Block Party | 9/22- ALAS 1st GBM |
| 9/13 - Man2Man | 9/22- Hora de Café con Leche |
| 9/14- Students Activity Fair | 9/23- ASA 1st GBM |
| 9/14- ACA 1st GBM | 9/25 ALANA Family Gathering |
| 9/15- BSA 1st GBM | 9/27 - Man2Man |
| 9/15- NASA 1st GBM | 9/28- CSU 1st GBM |
| 9/16- Sister to Sister | 9/28- ACA 2nd GBM |
| 9/20- MESA 1st GBM | 9/29- BSA Wildin Out Program |
| 9/21- Mosaic 1st GBM | 9/29- NASA 2nd GBM |
| | 9/30- LAHM Student Panel |
| | 9/30- Sister to Sister |

October Events

- | | |
|--|--------------------------------|
| 10/1 - BSA Fashion Show
Viewing Party | 10/19 - Mosaic 3rd GBM |
| 10/4 - MESA 2nd GBM | 10/20 - ALAS 3rd GBM |
| 10/5 - Mosaic 2nd GBM | 10/20 - Hora de Cafe con Leche |
| 10/6 - ALAS 2nd GBM | 10/21- ASA 2nd GBM |
| 10/11- Man2Man | 10/22 - Latin Fest |
| 10/12 - CSU 2nd GBM | 10/25- Man2Man |
| 10/13 - BSA 2nd GBM | 10/26 - CSU 3rd GBM |
| 10/13- NASA 3rd GBM | 10/26 - ACA 3rd GBM |
| 10/14 - Sister to Sister | 10/27 - BSA 3rd GBM |
| 10/18 - MESA 3rd GBM | 10/27- NASA 3rd GBM |
| | 10/28 - Sister to Sister |



Follow us!



@alana_services



@Alana_Services



ALANAServices