



## **Trauma- and Multiculturally-Focused Clinical Psychology Externship for Advanced Doctoral Students 2026-2027**

PsychCare Psychological Services offers five doctoral externship positions in the 2026-2027 academic year. Our training model focuses on a *culturally responsive, trauma-informed approach* in service delivery. Externs will have the opportunity to work with a highly diverse group of individuals of varying age, race, gender identity, religion, ethnicity, sexual orientation, and socioeconomic status. Our externs will provide both short-term and long-term individual therapy for a wide range of presenting concerns and diagnoses.

### **Benefits of the Externship Training Program**

Our training model is grounded in multicultural theories with a trauma-informed perspective, as reflected in our monthly didactic seminars and weekly group supervision discussion. Additionally, externs will be working among experienced licensed psychologists with diverse cultural backgrounds and theoretical orientations, ranging from contemporary cognitive-behavioral approaches to psychodynamic psychotherapy. Externs will be exposed to a wide range of clinical and training experiences at PsychCare, which aim to strengthen their foundational skills in case conceptualization and treatment planning, as well as deepen their cultural humility and knowledge of applied interventions. In addition to preparing externs for work in a variety of professional settings in the future, they will also learn the unique ins and outs of private practice.

### **Stipend**

Externs will receive a stipend of \$3000 per year that is distributed biannually.

### **Time Commitment**

The externship orientation will start in May, 2026 with initial onboarding tasks, and externs will begin accruing clinical hours from August, 2026 to June, 2027 (approximately 40 weeks). Externs are expected to be available two to three days per week (up to 18 hours per week). A key component of the program is the **required in-person, on-site group supervision at our Columbia office every Wednesday morning (10:00am-12:00pm)**. Outside of the Wednesday group supervision sessions, externs have the flexibility to work remotely or at any of our office locations. This arrangement offers the freedom to choose their work location for the remaining hours, including the option to work remotely or in-person before and after the Wednesday group supervision, as well as select their second or third clinical day based on personal availability and preferences.

### **Supervision and Training**

We are invested in our externs' training experiences and professional development, as such, we provide a variety of training activities throughout the year, including:

- Weekly, one-hour individual supervision with a licensed clinical psychologist
- In-person group supervision three weeks out of the month at the Columbia office with the externship cohort and training directors

- Monthly didactic seminars on culturally responsive care and trauma-informed treatment approaches (Wednesdays, 10am to 12 noon, virtual)
- Monthly journal article/book chapter discussions on various clinical topics that will begin in the spring semester

#### **Clinical and Training Activities At-A-Glance:**

<b>Clinical &amp; Training Activities</b>	<b>Hours</b>
In-person/Virtual Therapy	10-12 scheduled (8-10 attended/week)
Individual Supervision	1/week
Group Supervision	2 (in-person)/week
Didactic Seminar	2/month (virtual)
Journal/Book Chapter Club	1-2/month (virtual)
Documentation and tape review	2-3/week

#### **Eligibility & Qualifications**

All externs are required to become Registered Psychology Associates (RPA) in the state of Maryland with Maryland's Board of Psychology before **July, 2026** (<https://health.maryland.gov/psych/pages/generalinfo-psych-associate.aspx>). In order to become RPAs in the state, externs need to either have a master's degree in clinical or counseling psychology from an APA-accredited doctoral program and/or a master's degree from a program that is accredited through CHEA (<https://www.chea.org/search-institutions>). We will provide administrative support for credentialing and paneling with insurance, as well as cover the costs for registration and completion of the jurisprudence exam with the state board. Priority consideration will be given to those applicants with at least two prior year-long practicum experience in psychotherapy.

#### **Application Process**

**Application Deadline:** All application materials must be received by **February 6, 2026**.

Applications are reviewed on a rolling basis starting in January. We encourage you to apply as soon as possible, and we understand that recommendation letters may be delayed. Offers for interviews will be granted on a rolling basis.

#### **How to Apply**

**Interested candidates may apply through our website:**

<https://www.psychcaremd.com/careers/psychology-externship-trauma/>

Questions about the externship and/or application process can be directed to the Co-Directors of Externship Training - Kayi Hui-Spears, Ph.D. and Kristen Izant, Ph.D. ([externship@psychcaremd.com](mailto:externship@psychcaremd.com))

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