

Child and Family Therapy Clinic – Externship Training Program
Department of Behavioral Psychology
Kennedy Krieger Institute

Thank you for your interest in learning more about the Child and Family Therapy (CFT) clinic at the Kennedy Krieger Institute!

Application Process:

The application for this externship consists of a cover letter, current CV, official transcript of graduate level coursework, and two letters of recommendation. Application materials should be emailed to Dr. Alicia Sullivan at Psychology@kennedykrieger.org

Training Program:

The CFT externship program is an advanced training placement for 3rd year and beyond graduate students, who have had at least 1 year of clinical practice experience, in an APA-approved Ph.D. or PsyD program in Psychology, to train at a children's hospital. Externs work with licensed psychologists who also serve as supervisors in our APPIC-accredited postdoctoral program. Externs work two days per week at our Columbia, Maryland office, providing both on-site and telehealth treatment to patients and their families. Required workdays include Monday and Wednesday from 10:00AM to 7:00PM to facilitate face-to-face supervision with a supervisor, observations and co-treatment of cases, participation in clinic meetings as well as cross-cohort trainings.

Training activities include 1 hour of individual supervision, attendance at CFT's Clinic group supervision meeting (1 hour), weekly extern didactics (1 hour), and managing a caseload of 6-8 cases. Externs train from September through June. Externs provide outpatient therapy to patients in an individual and/or family therapy format. There may also be opportunities to participate in our group therapy services that are offered to patients throughout the training year. All therapy services provided by externs are conducted onsite although the format may vary and includes telehealth, hybrid and in person depending on patient preference and therapist recommended treatment modality.

Population Served:

The primary population served by the CFT clinic includes school-aged children, adolescents, young adults, and their families with common referrals including disruptive behavior problems, ADHD and impulse-control difficulties/executive functioning difficulties, anger-management/aggression, parent-child conflicts, parent-teen communication difficulties, depression, mood disorders, anxiety disorders, school-related difficulties, adjustment-related problems, stress management, emotion-regulation difficulties, mild self-harm, poor coping, and family transition issues. Families may also present with unique stressors related to their child or adolescent's behavior that include divorce/separation, bullying, peer conflict, military deployment, transition to a new environment, or lack of social support. The clinic primarily serves patients between the ages of 8 and 25.

Graduate students interested in learning about this externship opportunity can visit our website at: [Behavioral Psychology Outpatient Advanced Doctoral Externship Training Program | Kennedy Krieger Institute](#)

Graduate students interested in learning about our clinic can visit our website at: <http://www.kennedykrieger.org/patient-care/patient-care-programs/outpatient-programs/child-and-family-therapy-clinic-cft>